The Devon Children and Young People's Health and Wellbeing Survey 2024

A report for
Devon Secondary

The Schools Health Education Unit
www.sheu.org.uk

Survey Report 2024

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:
Angela Balding, Survey Manager
Schools Health Education Unit
9 Yeo Business Park
Axehayes Farm
Clyst St. Mary
Exeter EX5 1DP

Tel: 01392 667272 Fax: 01392 667269

e-mail angela.balding@sheu.org.uk

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

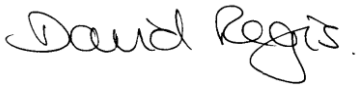
Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit

Dr. David Regis

Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 40 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Prior to this report, you should have had access to your results tables (e.g. the Datatables Booklet), which contain more information than can be summarised here. You may want to refer to them if you wish to look in more detail at the results of a particular question. The results tables show the number of responses received for each question, which may be fewer than the total sample. Additionally, we show the results of each response for multiple-choice questions in the Results Tables, whereas answers may be selective or grouped in this report.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Devon	
	Y 8	Y 10
Male	716	574
Female	621	555

Please note that 32 pupils identified their gender in another way (e.g. non-binary); 26 were not sure, and 28 preferred not to say or didn't answer the question. 32 pupils identified as transgender, though we have used their response from Question E. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '-%').
This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

Devon Secondary Headlines

	Devon	
	Y 8	Y 10
Male	716	574
Female	621	555

Background

SEXUAL ORIENTATION AND GENDER IDENTITY

- 1% of pupils said they identify as transgender, while 2% said they are 'not sure' and 1% preferred not to say.
- 84% of pupils responded that they are straight/heterosexual.
- 3% of pupils responded that they are gay/lesbian and 4% said they are bisexual.

ETHNICITY

- 80% of pupils described themselves as White English, Welsh, Scottish, Northern Irish, or British.

FAMILY

- 68% of pupils responded that they live with their Mum and Dad together.
- 13% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

YOUNG CARERS

- 6% of pupils responded that they are a 'young carer', while 6% said they are 'not sure' if they are and 2% did not want to say.
- Of the 148 pupils who said they are a 'young carer', 21% said their school knows they are.

SPECIAL NEEDS

- 21% of pupils responded that they have a long-term health condition, illness, disability, or special needs, while 23% said they are 'not sure' if they do and 2% didn't want to say.
- 2% of pupils responded that someone helped them fill in the questionnaire, while 2% said they were 'not sure' and 1% didn't want to say.

Healthy Eating

BREAKFAST

- 22% of pupils said they 'never' eat breakfast on school days.
- 21% of pupils said they eat breakfast on 'some' school days (1-3 days a week).
- 57% of pupils said they eat breakfast 'every day/most days' on school days (4 or 5 days a week).

FOODS

- 60% of pupils responded that they eat fresh fruit, salad or vegetables 'on most days'; 29% said the same of sweets, chocolate, choc bars.
- 60% of pupils responded that they 'rarely or never' eat fish (not in batter or breadcrumbs).

5-A-DAY

- 9% of pupils responded that they did not eat any portions of fruit or vegetables on the day before the survey.
- 24% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

SCHOOL LUNCHTIMES

- 49% of pupils agreed that the lunches at school are tasty.
- 49% of pupils disagreed that the lunches at school are affordable, and 41% disagreed that they are healthy and nutritious.

MEALTIMES

- 25% of pupils said there have at least 'sometimes' been mealtimes in the last 12 months where they or someone at their home has had nothing to eat, while 5% didn't want to say.
- 3% of pupils said there have been mealtimes where they or someone at home has had nothing to eat because there was not enough money to buy food.

Physical Activity

EXERCISE

- 3% of pupils responded that they weren't active enough to breathe harder and faster at all in the week before the survey.
- 79% of pupils responded that they were active enough to breathe harder at least three times in the week before the survey.
- 3% of pupils said they don't enjoy being active 'at all'; 21% said they enjoy it 'a little'.
- 76% of pupils said they enjoy being active 'quite a lot' or 'a lot'.
- 47% of pupils responded that nothing stops them taking part in part in physical activity, while 23% said they are not bothered/just don't want to go.

SWIMMING

- 72% of pupils said they can swim 25 metres (or a length) without stopping, while 19% said they are 'not sure' if they can.

SLEEP

- 9% of males and 12% of females said they 'never' get a good night's sleep (enough so they don't feel tired during the day and have enough energy for activities they want to do), while 40% of pupils said they 'sometimes' do.
- 54% of males and 45% of females said they get a good night's sleep 'most of the time' or 'always' (enough so they don't feel tired during the day and have enough energy for activities they want to do).

DENTAL HEALTH

- 78% of pupils said they have had a check-up at the dentist in the past year and 12% said they have had fillings.

Alcohol, Smoking & Drugs

ALCOHOL

- 29% of Year 8 pupils and 63% of Year 10 pupils said they have had an alcoholic drink (more than just a sip) at some point.
- 1% of Year 8 pupils and 10% of Year 10 pupils said they drink alcoholic drinks 'regularly' (more than once a month).
- 4% of Year 8 pupils and 30% of Year 10 pupils said they at least 'occasionally' get drunk when they drink alcohol; 6% of pupils said they 'usually' or 'always' get drunk when they drink alcohol.
- 4% of Year 8 pupils and 17% of Year 10 pupils responded that they usually get alcoholic drink from a friend or relative (other than their parent), while 9% of Year 8 pupils and 23% of Year 10 pupils said their parents usually give it to them or buy it for them.

SMOKING

- 3% of Year 8 pupils and 16% of Year 10 pupils said they have tried smoking (cigarettes or roll-ups) in the past or smoke now.
- 0% of Year 8 pupils and 3% of Year 10 pupils said they at least sometimes smoke (cigarettes or roll-ups).
- Of these pupils, 47% said they would like to give up; 9% would like help to give up.
- 0% of pupils said they smoke cigarettes or roll-ups and usually buy them themselves from a supermarket; while 0% said they get them from brothers/sisters/friends over 18.
- 1% of pupils said they smoke cigarettes or roll-ups at least sometimes because they think it helps them cope with stress.

VAPING

- 10% of Year 8 pupils and 32% of Year 10 pupils said they have at least tried vaping.
- 2% of Year 8 pupils and 12% of Year 10 pupils said they at least 'sometimes' vape.
- 0% of Year 8 pupils and 3% of Year 10 pupils said they vape and got/bought their last vapes from a brother/sister or friend over 18.
- 1% of Year 8 pupils and 6% of Year 10 pupils said they vape because they think it helps them cope with stress.
- 7% of pupils said they have tried vaping 'more than once or twice' or at least sometimes vape and would like to give it up; 1% said they would like help to give up.
- Of the 257 pupils who have at least tried vaping 'more than once or twice', 67% said they would like to give it up and 10% said they would like help to give up.

PARENTAL SMOKING/VAPING

- 28% of pupils said their parents/carers smoke cigarettes and/or vapes; 7% said they use both.

ILLEGAL DRUGS

- 9% of pupils responded that they have been offered cannabis.
- 1% of pupils responded that they have been offered novel psychoactive substances (NPS).
- 3% of pupils responded that they have been offered other drugs (not cannabis or NPS).
- 5% of Year 8 pupils and 18% of Year 10 pupils responded that they have been offered cannabis or other illegal drugs.
- 1% of Year 8 pupils and 6% of Year 10 pupils responded that they have been asked to look after or carry illegal drugs for someone else; while 4% of Year 8 pupils and 6% of Year 10 pupils said they have not been asked but they know someone who has been asked to do this.
- Of the 82 pupils who have been asked to look after or carry illegal drugs for someone else, 57% said 'no' when they were asked.
- 1% of Year 8 pupils and 10% of Year 10 pupils responded that they have taken drugs to get high.
- 1% of Year 8 pupils and 5% of Year 10 pupils responded that they have taken at least one of the drugs listed within the last month.

ALCOHOL & DRUG INFORMATION

- 65% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs.

Relationships & Sexual Health Education

SOURCES OF INFORMATION

- 37% of pupils responded that their parents/carers are their main source of information about relationships and sexual health, while 36% said school lessons are.

RSE LESSONS

- 66% of pupils responded that their RSE/PSHE lessons have helped them understand puberty and growing up 'quite a lot' or 'a lot', while 66% of pupils said that their lessons have helped them understand healthy relationships.
- 14% of pupils responded that their RSE/PSHE lessons have not helped them understand sex and the law 'at all'.

SEXUALLY TRANSMITTED INFECTIONS

- 35% of pupils correctly identified that HIV/AIDS can be treated but not cured.

CONTRACEPTION

- 12% of Year 8 pupils and 42% of Year 10 pupils responded that they know where they can get condoms free of charge.
- 65% of Year 8 pupils and 81% of Year 10 pupils said they think condoms are reliable to stop pregnancy and 16% of Year 8 pupils and 28% of Year 10 pupils think long-acting contraception is reliable to stop STIs.

SEXUAL RELATIONSHIPS

- 18% of males and 27% of females agreed that there is pressure on young people to have sex, while 68% of males and 72% of females agreed that it is

important to use protection (e.g. condoms to prevent STIs).

- 40% of males and 26% of females disagreed that there is pressure on young people to have sex, while 7% of males and 3% of females disagreed that it is important to use contraception (e.g. condoms/the pill to prevent pregnancy).
- 8% of Year 10+ pupils responded that they have had, or are currently in, a sexual relationship.
- 4% of Year 10+ pupils responded that they have had sex and 'never' or only 'sometimes' used condoms, while 2% said that they 'always' did. 1% said these weren't relevant to them.
- Of the 45 pupils who have had sex, 22% said they 'always' used condoms.
- 4% of Year 10+ pupils responded that they have had sex and 'never' or only 'sometimes' used other contraception (not condoms), while 2% said that they 'always' did. 1% said these weren't relevant to them.
- Of the 45 pupils who have had sex, 22% said they 'always' used other contraception (not condoms).

SCHOOL NURSE

- 13% of pupils said they have visited a clinic or spoken to their school nurse about a problem at an in-person 'drop-in'.
- 6% of pupils said they have been stopped from visiting the school nurse because they don't know how to visit/access them and 8% said they don't know who they are.

Enjoying & Achieving

SCHOOL LESSONS

- 20% of pupils responded that they have found school lessons on citizenship to be 'quite' or 'very' useful.
- 18% of pupils responded that they have found school lessons on managing money to be 'not at all' useful.

ATTENDANCE

- 76% of pupils responded that illness or injury has stopped them from going to school in the last year, while 11% have not missed any school.
- 17% of males and 38% of females said that any of the EHWB items listed have stopped them from going to school in the last year. These include mental health, can't cope in the school environment, and any of the 'worries about...' options.

EVERY CHILD MATTERS

- 11% of pupils had a low pupil perception score.
- 26% of pupils had a high pupil perception score.
- 26% of pupils agreed that the school cares whether they are happy or not and 38% agreed that people are valued regardless of background in their school.
- 27% of pupils disagreed that people of different backgrounds are valued in their school.

SCHOOL TOILETS

- 23% of pupils said they are 'often' or 'always' able to access the toilet at school as often as they need to, while 24% of males and 26% of females said they 'never' are.
- 46% of pupils said they 'often' or 'always' feel safe using the toilets at school, while 23% of males and 24% of females said they 'never' do.
- 46% of pupils said there is 'often' or 'always' enough privacy when using the school toilets, while 24% of males and 26% of females said there 'never' is.
- 25% of pupils said they 'often' or 'always' eat/drink less to avoid using the toilet in school, while 59% of males and 43% of females said they 'never' do.

TRAVEL TO SCHOOL

- 37% of pupils said they usually travel to school by car or van.
- 5% of pupils said they usually travel to school by bicycle or scooter.
- 48% of pupils said they usually walk to school.
- 38% of pupils said they are stopped from walking/cycling to or from school because they live too far away and 12% said the roads aren't safe.

Emotional Health & Wellbeing

HAPPINESS

- 6% of pupils responded that they are 'not at all' happy with their life at the moment.
- 52% of pupils responded that they are 'quite' or 'very' happy with their life at the moment.
- 83% of pupils said spending time with friends helps them to feel happy or positive; 67% said the same of spending time with family.
- 54% of males and 71% of females said that personal growth and fulfilment activities (e.g. volunteering, learning, faith, and art) help them feel happy or positive.

WORRYING

- 82% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- 28% of males and 50% of females responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- 41% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot' and 24% said they worry about family problems.
- 21% of pupils responded that they worry about bullying 'quite a lot' or 'a lot' and 37% said they worry about the future.
- 77% of pupils responded that they 'never' worry about drugs and 73% said the same about alcohol.

PROBLEM SOLVING

- 81% of pupils responded that they at least 'sometimes' watch TV when they have a problem that worries them, or they are feeling stressed.
- 77% of pupils responded that they at least 'sometimes' talk to a parent/carer when they have a problem that worries them or they are feeling stressed, whereas 85% listen to music.
- 26% of pupils at least 'sometimes' hurt themselves in some way when they have a problem that worries them or they are feeling stressed.

- 68% of Year 8 pupils and 71% of Year 10 pupils said they at least 'sometimes' practice self-care when they have a problem that worries them, or they are feeling stressed, while 8% of Year 8 pupils and 24% of Year 10 pupils use substances.

BODY IMAGE

- 32% of pupils said how they feel about their body and/or appearance 'never' negatively impacts their mood, while 37% said it 'sometimes' does.
- 19% of males and 43% of females said how they feel about their body and/or appearance 'often' or 'always' negatively impacts their mood.
- 31% of pupils said they would 'never' like to change their body and/or the way they look, while 31% said they 'sometimes' do.
- 26% of males and 50% of females said they would 'often' or 'always' like to change their body and/or the way they look.
- 56% of pupils said they 'never' avoid doing the things/activities they would like to because they are worried about how they look, while 25% said they 'sometimes' do.
- 10% of males and 28% of females said they 'often' or 'always' avoid doing the things/activities they would like to because they are worried about how they look.
- 31% of males and 57% of females said that at least one of the negative statements about appearance 'often' or 'always' apply to them; 7% of males and 22% of females said that all three apply to them.

RESILIENCE

- 46% of pupils had a low measure of resilience (up to 16).
- 10% of pupils had a high measure of resilience (24+).
- 37% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 28% said they get upset and feel bad for ages.
- 22% of pupils responded that when something goes wrong they are 'never' calm and can carry on.
- 45% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 30% ask for help and 19% give up.
- 30% of pupils responded that if at first they don't succeed, they 'never' give up.
- 82% of pupils said there is 'usually' or 'always' at least one adult at home who believes in them and 70% said there is at least one adult at home who is interested in their schoolwork/homework.
- 9% of pupils said there is 'never' at least one adult at home who they can talk to if they have a problem or worry.

Staying Safe

BULLYING IN SCHOOL

- 32% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- 9% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 5% of pupils responded that bullying is not a problem in their school, while 30% said they 'don't know' how well it is dealt with.
- 20% of pupils responded that their school deals with bullying 'badly', while 26% said it is dealt with 'not very well'.
- 18% of pupils responded that their school deals with bullying 'quite' or 'very' well.
- 34% of pupils responded that they have been pushed/hit for no reason at or near school in the last 12 months; 15% said they have been threatened for no reason and 28% said they have never been picked on.
- 48% of pupils responded that they have seen someone else get pushed/hit for no reason at or near school in the last 12 months; 26% said they have seen someone else get threatened for no reason and 20% said they have never seen any of the behaviours listed happen to someone else.
- 12% of pupils responded that they think they have been picked on because of their family background, while 18% think they have been because of the way they speak.
- 48% of pupils responded that they think they have been picked on because of the way they look, while 7% think they have been because of their race or skin colour.
- 31% of pupils think the school is a safe and welcoming environment for young people who identify as LGBTQ+, while 21% think it isn't.
- 31% of pupils who identify as LGBTQ+ said that they think the school is a safe and welcoming environment for young people who identify as LGBTQ+, while 33% think it isn't.

VIOLENCE & AGGRESSION

- 11% of pupils responded that they were the victim of violence or aggressive behaviour in the 12 months before the survey, while 23% said they are 'not sure' if they were.
- 7% of pupils responded that they were the victim of violence or aggressive behaviour in the school grounds in the 12 months before the survey; 1% said it happened in the street or in a park.
- 5% of pupils responded that they were the victim of violence or aggressive behaviour in the 12 months before the survey and did not report it to anyone, while 2% reported it to a parent/carer.
- 12% of pupils said they are 'fairly sure' or 'certain' that they or someone they know carries weapons or other items for protection when going out.

DOMESTIC INCIDENTS

- 26% of pupils responded that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that has frightened them; 3% said this has happened 'every day/almost every day'.
- 5% of pupils responded that there has been violence between adults at home at least 'once or twice' in the

last month; 1% said this has happened 'every day/almost every day'.

- 27% of pupils responded that there has been shouting and arguing that has frightened them or violence between adults at home at least 'once or twice' in the last month.

RELATIONSHIPS

- 29% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.
- 39% of pupils responded that if any of the things in Q67 happened to them, they would look after themselves without help.
- 55% of pupils responded that if any of the things in Q67 happened to them, they know where they could get help.
- 41% of pupils responded that if any of the things in Q67 happened to them, they would get some help.

INTERNET SAFETY

- 7% of males and 17% of females said they have been asked to send their picture to someone they don't know when online and 7% of males and 13% of females said they have been asked to meet someone they don't know.
- 83% of pupils said they have been given information or advice about staying safe online; 62% said it has been helpful.
- Of the 1664 pupils who said they have been given information or advice about staying safe online, 75% said it has been helpful.
- 4% of Year 8 pupils and 11% of Year 10 pupils said they have been given gifts such as alcohol, cigarettes, vapes, or clothing from someone who wants to be their friend; 10% of pupils said they are 'not sure' if they have.
- 1% of pupils said they don't spend time online (outside of schoolwork/homework), while 7% said they spend less than an hour online on a normal day.
- 64% of pupils said they spend at least 3 to 5 hours online (outside of schoolwork/homework) on a normal day.
- 22% of pupils said they spend 6 or more hours online (outside of schoolwork/homework) on a normal day.
- 69% of pupils responded that they go online for social media, while 67% said that they go online for gaming/playing games.

2024/2021 Comparisons

	2024		2021	
	Y 8	Y 10	Y 8	Y 10
Male	716	574	795	805
Female	621	555	721	756

2021 data in brackets; see notes on interpreting differences. Where a question has changed significantly since 2021, it will not be included in the comparisons. If there is a minor change that may affect interpretation, then it will be noted in the text.

Background

SEXUAL ORIENTATION AND GENDER IDENTITY

- 84% (76%) of pupils responded that they are straight/heterosexual.
- 3% (4%) of pupils responded that they are gay/lesbian and 4% (9%) said they are bisexual.

FAMILY

- 68% (64%) of pupils responded that they live with their Mum and Dad together.
- 13% (14%) of pupils responded that they live 'mainly or only' with their Mum, while 2% (2%) said they live 'mainly or only' with their Dad.

YOUNG CARERS

- 6% (6%) of pupils responded that they are a 'young carer', while 6% (6%) said they are 'not sure' if they are and 2% (1%) did not want to say.

SPECIAL NEEDS

- 2% (2%) of pupils responded that someone helped them fill in the questionnaire, while 2% (1%) said they were 'not sure' and 1% (1%) didn't want to say.

Healthy Eating

BREAKFAST

- 22% (21%) of pupils said they 'never' eat breakfast on school days.
- 21% (18%) of pupils said they eat breakfast on 'some' school days (1-3 days a week).
- 57% (60%) of pupils said they eat breakfast 'every day/most days' (two separate options from 2021 were combined into one option in 2024) on school days (4 or 5 days a week).

FOODS

- 60% (60%) of pupils responded that they eat fresh fruit, salad or vegetables 'on most days'; 29% (29%) said the same of sweets, chocolate, choc bars.
- 73% (69%) of pupils responded that they 'rarely or never' drink energy drinks.

5-A-DAY

- 9% (10%) of pupils responded that they did not eat any portions of fruit or vegetables on the day before the survey.
- 24% (21%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Physical Activity

EXERCISE

- 3% (5%) of pupils responded that they weren't active enough ('didn't exercise enough' in 2021) to breathe harder and faster at all in the week before the survey.
- 79% (71%) of pupils responded that they were active enough ('exercised enough' in 2021) to breathe harder at least three times in the week before the survey.
- 3% (4%) of pupils said they don't enjoy being active ('physical activities' in 2021) 'at all'; 21% (25%) said they enjoy it 'a little'.
- 76% (72%) of pupils said they enjoy being active ('physical activities' in 2021) 'quite a lot' or 'a lot'.
- 47% (40%) of pupils responded that nothing stops them taking part in part in physical activity, while 23% (27%) said they are not bothered/just don't want to go.

Alcohol, Smoking & Drugs

ALCOHOL

- 29% (31%) of Year 8 pupils and 63% (51%) of Year 10 pupils said they have had an alcoholic drink (more than just a sip) at some point (scale changed – two of the options in 2021 were combined into one option in 2024).
- 4% (5%) of Year 8 pupils and 17% (18%) of Year 10 pupils responded that they usually get alcoholic drink from a friend or relative (other than their parent), while 9% (13%) of Year 8 pupils and 23% (30%) of Year 10 pupils said their parents usually give it to them or buy it for them.

SMOKING

- 3% (5%) of Year 8 pupils and 16% (21%) of Year 10 pupils said they have tried smoking (cigarettes or roll-ups) in the past or smoke now (scale updated in 2024).

ILLEGAL DRUGS

- 9% (10%) of pupils responded that they have been offered cannabis.
- 1% (1%) of pupils responded that they have been offered novel ('new' in 2021) psychoactive substances (NPS).
- 3% (7%) of pupils responded that they have been offered other drugs (not cannabis or NPS).
- 5% (6%) of Year 8 pupils and 18% (23%) of Year 10 pupils responded that they have been offered cannabis or other illegal drugs.

- 1% (2%) of Year 8 pupils and 6% (8%) of Year 10 pupils responded that they have been asked to look after or carry illegal drugs ('illegal' added in 2024) for someone else; while 4% (5%) of Year 8 pupils and 6% (8%) of Year 10 pupils said they have not been asked but they know someone who has been asked to do this.
- Of the 82 (161) pupils who have been asked to look after or carry illegal drugs ('illegal' added in 2024) for someone else, 57% (53%) said 'no' when they were asked.
- 1% (2%) of Year 8 pupils and 10% (10%) of Year 10 pupils responded that they have taken drugs to get high.
- 1% (1%) of Year 8 pupils and 5% (6%) of Year 10 pupils responded that they have taken at least one of the drugs listed within the last month.

Relationships & Sexual Health Education

SOURCES OF INFORMATION

- 37% (36%) of pupils responded that their parents/carers are their main source of information about relationships and sexual health, while 36% (25%) said school lessons are.

RSE LESSONS

- 66% (46%) of pupils responded that their RSE/PSHE lessons (just 'school lessons' in 2021) have helped them understand puberty and growing up 'quite a lot' or 'a lot', while 66% (50%) of pupils said that their lessons have helped them understand healthy relationships.
- 14% (17%) of pupils responded that their RSE/PSHE lessons have not helped them understand sex and the law 'at all'.

CONTRACEPTION

- 12% (11%) of Year 8 pupils and 42% (30%) of Year 10 pupils responded that they know where they can get condoms free of charge.

SEXUAL RELATIONSHIPS

- 18% (21%) of males and 27% (40%) of females agreed that there is pressure on young people to have sex.
- 40% (35%) of males and 26% (19%) of females disagreed that there is pressure on young people to have sex, while 11% (18%) of males and 6% (15%) of females disagreed that it is important to be in a serious relationship before having sex.

Enjoying & Achieving

SCHOOL LESSONS

- 20% (14%) of pupils responded that they have found school lessons on citizenship to be 'quite' or 'very' useful; 52% (46%) said they have found lessons about personal safety useful, as did 46% (35%) saying the same of lessons about bullying.
- 18% (22%) of pupils responded that they have found school lessons on managing money to be 'not at all' useful.

EVERY CHILD MATTERS

- 26% (28%) of pupils agreed that the school cares whether they are happy or not and 59% (62%) agreed that their work is marked so they can see how to improve it.
- 30% (29%) of pupils disagreed that their school teaches them how to deal with their feelings positively.

Emotional Health & Wellbeing

HAPPINESS

- 6% (7%) of pupils responded that they are 'not at all' happy with their life at the moment.
- 52% (55%) of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

WORRYING

- 82% (83%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- 28% (23%) of males and 50% (53%) of females responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- 41% (40%) of pupils responded that they worry about the way they look 'quite a lot' or 'a lot' and 24% (27%) said they worry about family problems.
- 21% (18%) of pupils responded that they worry about bullying ('being bullied' in 2021) 'quite a lot' or 'a lot' and 37% (42%) said they worry about the future ('what the future holds' in 2021).
- 77% (72%) of pupils responded that they 'never' worry about drugs and 73% (70%) said the same about alcohol.

RESILIENCE

- 46% (40%) of pupils had a low measure of resilience (up to 16).
- 10% (9%) of pupils had a high measure of resilience (24+).
- 37% (42%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 28% (30%) said they get upset and feel bad for ages.
- 22% (19%) of pupils responded that when something goes wrong they are 'never' calm and can carry on.
- 45% (46%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 30% (33%) ask for help and 19% (20%) give up.
- 30% (28%) of pupils responded that if at first they don't succeed, they 'never' give up.

Staying Safe

BULLYING IN SCHOOL

- 32% (38%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- 9% (10%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 5% (6%) of pupils responded that bullying is not a problem in their school, while 30% (26%) said they 'don't know' how well it is dealt with.

- 20% (16%) of pupils responded that their school deals with bullying 'badly', while 26% (23%) said it is dealt with 'not very well'.
- 18% (29%) of pupils responded that their school deals with bullying 'quite' or 'very' well.
- 34% (30%) of pupils responded that they have been pushed/hit for no reason at or near school in the last 12 months; 15% (15%) said they have been threatened for no reason.

VIOLENCE & AGGRESSION

- 11% (11%) of pupils responded that they were the victim of violence or aggressive behaviour in the 12 months before the survey, while 23% (18%) said they are 'not sure' if they were.
- 7% (7%) of pupils responded that they were the victim of violence or aggressive behaviour in the school grounds in the 12 months before the survey; 1% (2%) said it happened in the street or in a park.
- 5% (5%) of pupils responded that they were the victim of violence or aggressive behaviour in the 12 months before the survey and did not report it to anyone, while 2% (2%) reported it to a parent/carer.

DOMESTIC INCIDENTS

- 26% (26%) of pupils responded that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that has frightened them ('prefer not to say' option added in 2024); 3% (4%) said this has happened 'every day/almost every day'.
- 5% (4%) of pupils responded that there has been violence between adults at home at least 'once or twice' in the last month ('prefer not to say' option added in 2024); 1% (0%) said this has happened 'every day/almost every day'.
- 27% (27%) of pupils responded that there has been shouting and arguing that has frightened them or violence between adults at home at least 'once or twice' in the last month ('prefer not to say' option added in 2024).

RELATIONSHIPS

- 10% (9%) of pupils responded that a past or current boyfriend/girlfriend has used hurtful or threatening language to them.
- 39% (40%) of pupils responded that if any of the things in Q67 happened to them, they would look after themselves without help.
- 55% (59%) of pupils responded that if any of the things in Q67 happened to them, they know where they could get help.
- 41% (43%) of pupils responded that if any of the things in Q67 happened to them, they would get some help.

Top differences between 2024 and 2021 data

Key:
- 2024 significantly better than 2021
- Not significantly different
- 2024 significantly worse than 2021

Interpretation

In the chart below a coloured circle represents Devon Secondary's result for 2024, while the black line represents the result for 2021. The distance between the circle and the black line indicates the size of the difference between the percentages – the greater the gap, the larger the difference.

The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green), negative (red) or if it is not statistically significant (blue).

Most positive differences between 2024 and 2021:

Healthy Eating:

	2024	2021	
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	24%	21%	

Physical Activity

	2024	2021	
Pupils who were active enough ('exercised enough' in 2021) to breathe harder at least five times in the week before the survey.	39%	28%	
Pupils who enjoy being active ('physical activities' in 2021) 'quite a lot' or 'a lot'.	76%	72%	

Alcohol, Smoking, & Drugs

	2024	2021	
Pupils who have tried smoking (cigarettes or roll-ups) in the past or smoke now.	9%	13%	
Pupils who have been offered cannabis or other illegal drugs.	11%	15%	
Pupils who have been asked to look after or carry illegal drugs ('illegal' added in 2024) for someone else.	3%	5%	
Pupils who have had an alcoholic drink (more than just a sip) at some point (scale changed – two of the options in 2021 were combined into one option in 2024).	45%	49%	
Pupils who have taken drugs to get high.	5%	6%	

Relationships & Sexual Health Education

	2024	2021	
Pupils who said their RSE/PSHE lessons (just 'school lessons' in 2021) have helped them understand puberty and growing up 'quite a lot' or 'a lot'.	66%	46%	
Pupils who said their RSE/PSHE lessons (just 'school lessons' in 2021) have helped them understand healthy relationships 'quite a lot' or 'a lot'.	66%	50%	
Pupils who agreed that there is pressure on young people to have sex.	23%	31%	
Pupils who know where they can get condoms free of charge.	26%	21%	

Enjoying & Achieving

	2024	2021	
Pupils who have found school lessons on citizenship to be 'quite' or 'very' useful.	20%	14%	
Pupils who have found school lessons about personal safety 'quite' or 'very' useful.	52%	46%	

Emotional Health & Wellbeing

	2024	2021	
Pupils who had a high measure of resilience (24+).	10%	9%	
Pupils who worry about more than 5 issues listed 'quite a lot' or 'a lot'.	39%	40%	

Staying Safe

	2024	2021	
Pupils who at least 'sometimes' feel afraid of going to school because of bullying.	32%	38%	
Pupils who were the victim of violence or aggressive behaviour in the school grounds in the 12 months before the survey.	7%	7%	
Pupils who were the victim of violence or aggressive behaviour in the 12 months before the survey.	11%	11%	

Least positive differences between 2024 and 2021:

Healthy Eating:

	2024	2021	
Pupils who eat fresh fruit, salad or vegetables 'on most days'.	60%	60%	
Pupils who 'never' eat breakfast on school days.	22%	21%	

Physical Activity

	2024	2021	
No applicable differences found.			

Alcohol, Smoking, & Drugs

	2024	2021	
No applicable differences found.			

Relationships & Sexual Health Education

	2024	2021	
No applicable differences found.			

Enjoying & Achieving

	2024	2021	
Pupils who agreed that the school cares whether they are happy or not.	26%	28%	
Pupils disagreed that their school teaches them how to deal with their feelings positively.	30%	29%	

Emotional Health & Wellbeing

	2024	2021	
Pupils who said that when something goes wrong they 'usually' or 'always' learn from it for next time.	37%	42%	
Pupils who worry about bullying ('being bullied' in 2021) 'quite a lot' or 'a lot'.	21%	18%	
Pupils who are 'quite' or 'very' happy with their life at the moment.	52%	55%	
Pupils who said that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do.	45%	46%	
Pupils who worry about the way they look 'quite a lot' or 'a lot'.	41%	40%	

Staying Safe

	2024	2021	
Pupils who said their school deals with bullying 'badly'.	20%	16%	
Pupils who said they have been pushed/hit for no reason at or near school in the last 12 months.	34%	30%	
Pupils who said that a past or current boyfriend/ girlfriend has used hurtful or threatening language to them.	10%	9%	
Pupils who said there has been violence between adults at home at least 'once or twice' in the last month.	5%	4%	
Pupils who said there has been shouting and arguing between adults at home at least 'once or twice' in the last month that has frightened them.	26%	26%	

Background

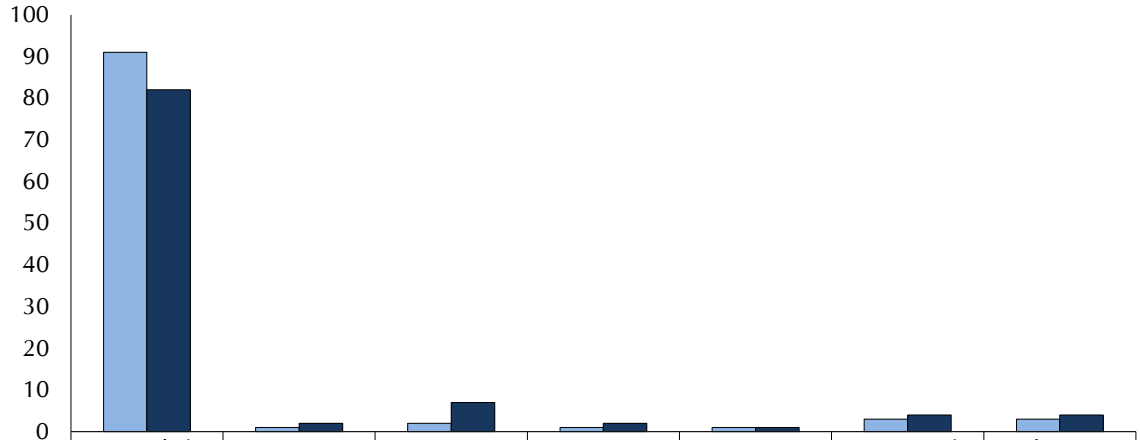
Sexual orientation and gender identity

1% of pupils said they identify as transgender, while 2% said they are 'not sure' and 1% preferred not to say.

QF. Percentage answering that they identify as transgender.

	Devon	
	Y 8	Y 10
Male	1	1
Female	0	0

QG. Which of the following best describes your sexual orientation?



	Straight/ heterosexual	Gay/lesbian	Bisexual	Pansexual	Another term	Not sure/ questioning	Prefer not to say
Devon Male	91	1	2	1	1	3	3
Devon Female	82	2	7	2	1	4	4

84% of pupils responded that they are straight/heterosexual.

QG. Percentage answering that they are straight/ heterosexual.

	Devon	
	Y 8	Y 10
Male	88	94
Female	83	82

3% of pupils responded that they are gay/lesbian and 4% said they are bisexual.

QG. Percentage answering that they are gay/lesbian.

	Devon	
	Y 8	Y 10
Male	1	2
Female	2	3

Ethnicity

80% of pupils described themselves as White English, Welsh, Scottish, Northern Irish, or British.

Q1. Percentage describing themselves as White English, Welsh, Scottish, Northern Irish, or British.

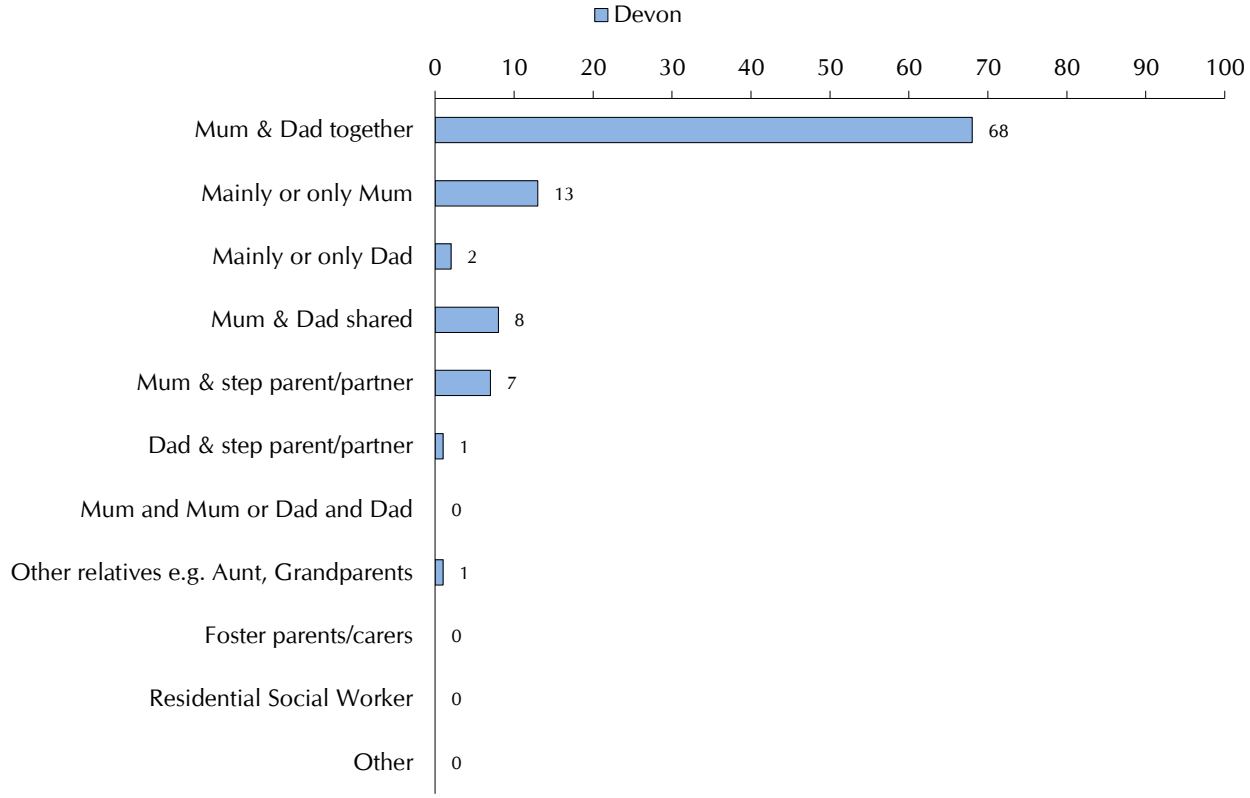
	Devon	
	Y 8	Y 10
Male	76	80
Female	81	83

Q1. Top 3 ethnic backgrounds:

	Male			Female	
1	English, Welsh, Scottish, Northern Irish or British	78	1	English, Welsh, Scottish, Northern Irish or British	82
2	Don't know	6	2	Don't know	5
3	Any other White background	5	3	Any other White background	4

Family

Q2. Which adults do you live with?



68% of pupils responded that they live with their Mum and Dad together.

Q2. Percentage answering that they live with their Mum and Dad together.

	Devon	
	Y 8	Y 10
Male	68	71
Female	67	67

13% of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

Q2. Percentage answering that they live 'mainly or only' with their Mum.

	Devon	
	Y 8	Y 10
Male	12	11
Female	13	15

Young carers

6% of pupils responded that they are a 'young carer', while 6% said they are 'not sure' if they are and 2% did not want to say.

Of the 148 pupils who said they are a 'young carer', 21% said their school knows they are.

Q3a. Percentage answering that they are a 'young carer'.

	Devon	
	Y 8	Y 10
Male	8	4
Female	6	5

Special needs

21% of pupils responded that they have a long-term health condition, illness, disability, or special needs, while 23% said they are 'not sure' if they do and 2% didn't want to say.

Q4. Percentage answering that they have a long-term health condition, illness, disability, or special needs.

	Devon	
	Y 8	Y 10
Male	21	25
Female	19	17

2% of pupils responded that someone helped them fill in the questionnaire, while 2% said they were 'not sure' and 1% didn't want to say.

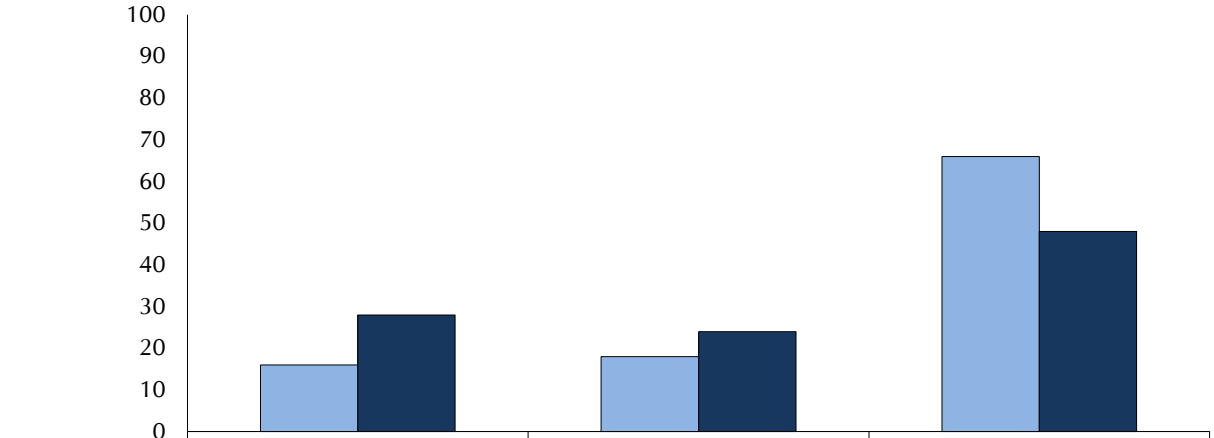
Q5. Percentage answering that someone helped them fill in the questionnaire.

	Devon	
	Y 8	Y 10
Male	2	0
Female	2	1

Healthy Eating

Breakfast

Q6. How often do you eat breakfast on school days**?**



	Never	Some days (1-3 days a week)	Every day/most days (4 or 5 days)
Devon Male	16	18	66
Devon Female	28	24	48

22% of pupils said they 'never' eat breakfast on school days.

Q6. Percentage answering that they 'never' eat breakfast on school days.

	Devon	
	Y 8	Y 10
Male	14	19
Female	20	37

21% of pupils said they eat breakfast on 'some' school days (1-3 days a week).

Q6. Percentage answering that they eat breakfast on 'some' school days.

	Devon	
	Y 8	Y 10
Male	19	17
Female	23	26

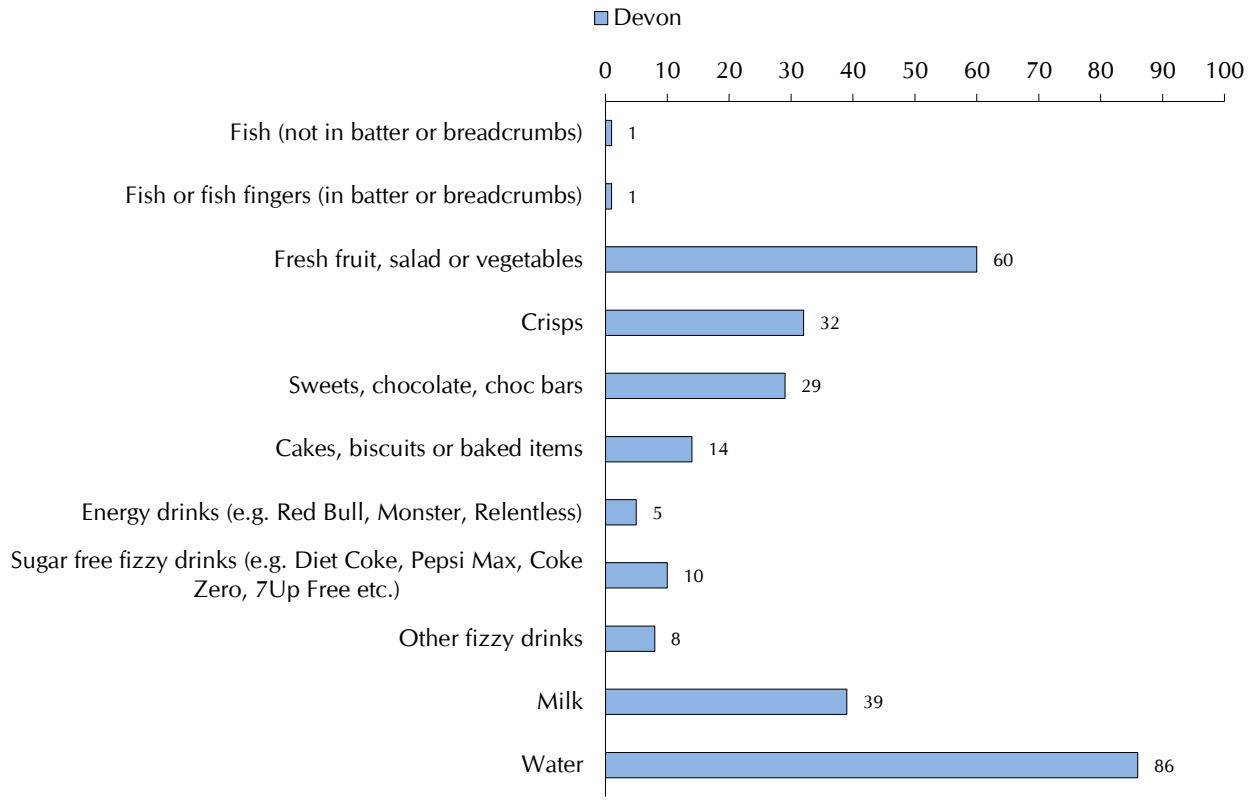
57% of pupils said they eat breakfast 'every day/most days' on school days (4 or 5 days a week).

Q6. Percentage answering that they eat breakfast 'every day/most days' on school days.

	Devon	
	Y 8	Y 10
Male	67	65
Female	57	37

Foods

Q7. Percentage of pupils responding that they eat or drink the following 'on most days':

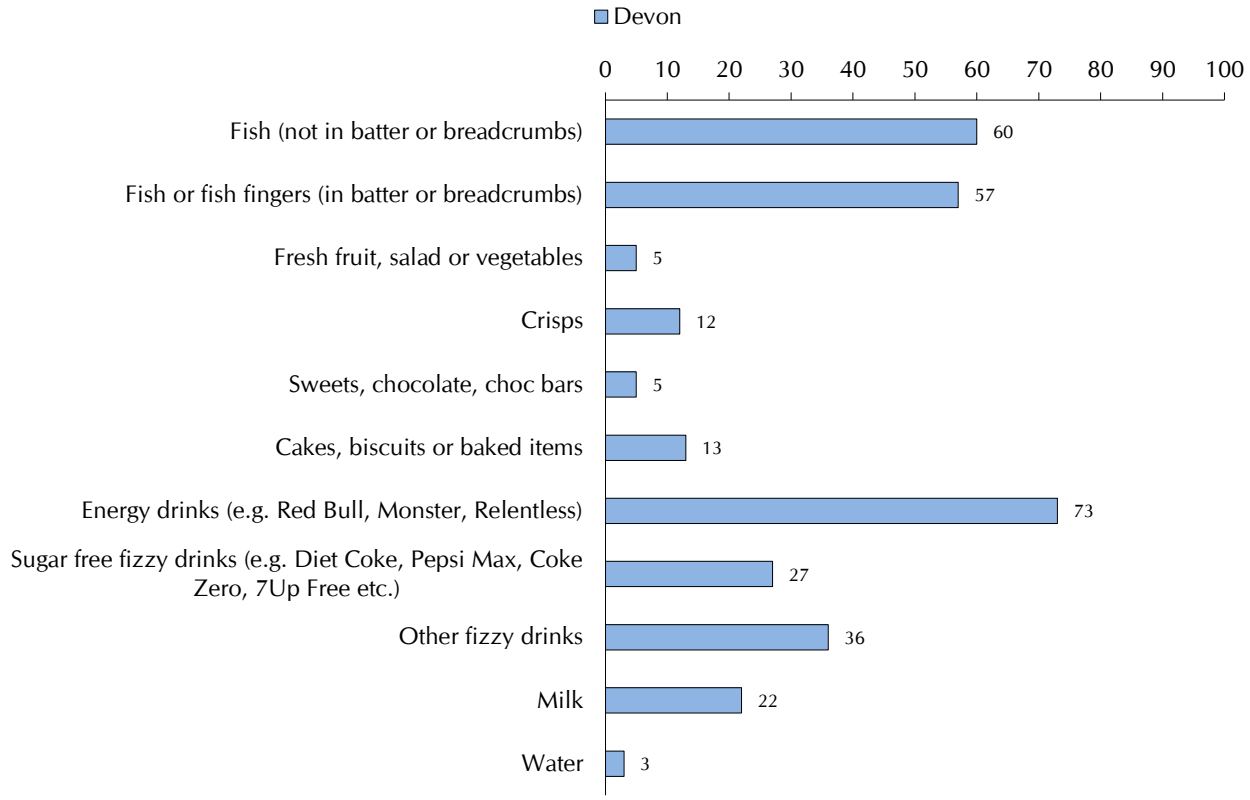


60% of pupils responded that they eat fresh fruit, salad or vegetables 'on most days'; 29% said the same of sweets, chocolate, choc bars.

Q7. Percentage of pupils responding that they eat or drink the following 'on most days':

	Male			Female	
1	Water	87	1	Water	85
2	Fresh fruit, salad or vegetables	54	2	Fresh fruit, salad or vegetables	66
3	Milk	49	3	Crisps	30
4	Crisps	33	4	Sweets, chocolate, choc bars	30
5	Sweets, chocolate, choc bars	28	5	Milk	28
6	Cakes, biscuits or baked items	15	6	Cakes, biscuits or baked items	13
7	Sugar-free fizzy drinks	11	7	Sugar-free fizzy drinks	9
8	Other fizzy drinks (not low-calorie)	10	8	Other fizzy drinks (not low-calorie)	6
9	Energy drinks (e.g. Red Bull)	5	9	Energy drinks (e.g. Red Bull)	5
10	Fish (not in batter or breadcrumbs)	1	10	Fish (not in batter or breadcrumbs)	1
11	Fish or fish fingers (in batter or breadcrumbs)	1	11	Fish or fish fingers (in batter or breadcrumbs)	1

Q7. Percentage of pupils responding that they 'rarely or never' eat or drink the following:



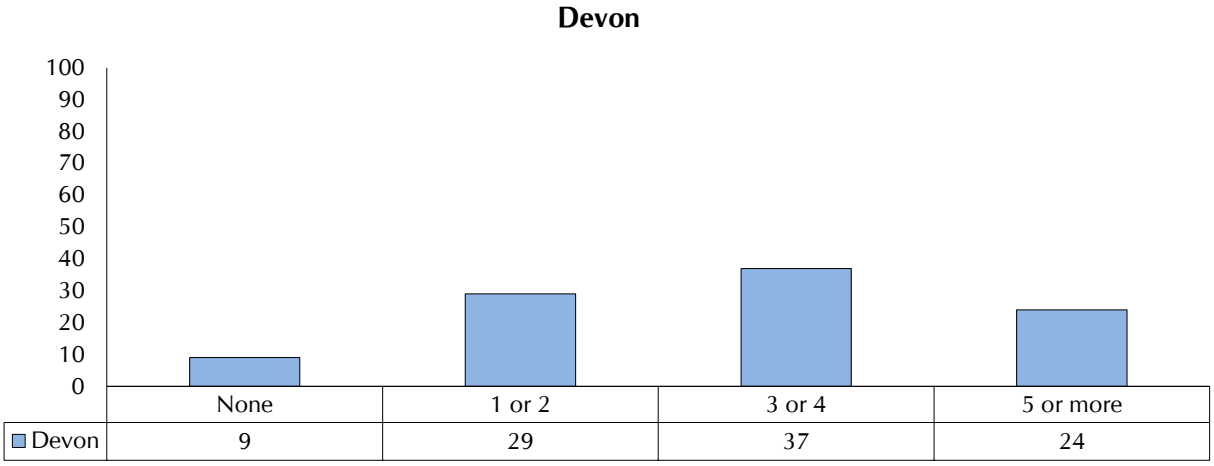
60% of pupils responded that they 'rarely or never' eat fish (not in batter or breadcrumbs).

Q7. Percentage of pupils responding that they 'rarely or never' eat or drink the following:

	Male			Female	
1	Energy drinks (e.g. Red Bull)	72	1	Energy drinks (e.g. Red Bull)	74
2	Fish (not in batter or breadcrumbs)	55	2	Fish (not in batter or breadcrumbs)	65
3	Fish or fish fingers (in batter or breadcrumbs)	53	3	Fish or fish fingers (in batter or breadcrumbs)	62
4	Other fizzy drinks (not low-calorie)	32	4	Other fizzy drinks (not low-calorie)	40
5	Sugar-free fizzy drinks	24	5	Sugar-free fizzy drinks	30
6	Milk	15	6	Milk	29
7	Cakes, biscuits or baked items	14	7	Cakes, biscuits or baked items	12
8	Crisps	10	8	Crisps	12
9	Fresh fruit, salad or vegetables	7	9	Sweets, chocolate, choc bars	4
10	Sweets, chocolate, choc bars	5	10	Fresh fruit, salad or vegetables	3
11	Water	2	11	Water	3

5-a-day

Q8. How many portions of fruit and vegetables did you eat yesterday?



9% of pupils responded that they did not eat any portions of fruit or vegetables on the day before the survey.

Q8. Percentage answering that they did not eat any portions of fruit or vegetables on the day before the survey.

	Devon	
	Y 8	Y 10
Male	11	8
Female	8	9

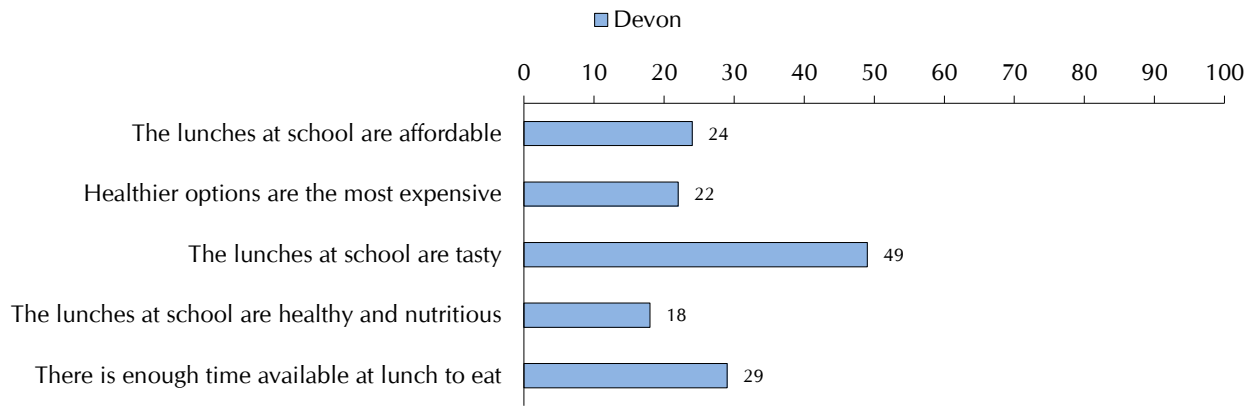
24% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q8. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	Devon	
	Y 8	Y 10
Male	23	24
Female	29	21

School lunchtimes

Q9. Percentage of pupils responding that they 'agree' or 'strongly agree' with the following statements about school lunchtimes:



49% of pupils agreed that the lunches at school are tasty.

Q9. Percentage of pupils responding that they 'agree' or 'strongly agree' with the following statements about school lunchtimes:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
The lunches at school are affordable	34	28	18	16	24
Healthier options are the most expensive	21	18	23	28	22
The lunches at school are tasty	60	58	41	37	49
The lunches at school are healthy and nutritious	23	20	15	13	18
There is enough time available at lunch to eat	36	24	36	21	29

Q9. Percentage of pupils responding that they 'disagree' or 'strongly disagree' with the following statements about school lunchtimes:

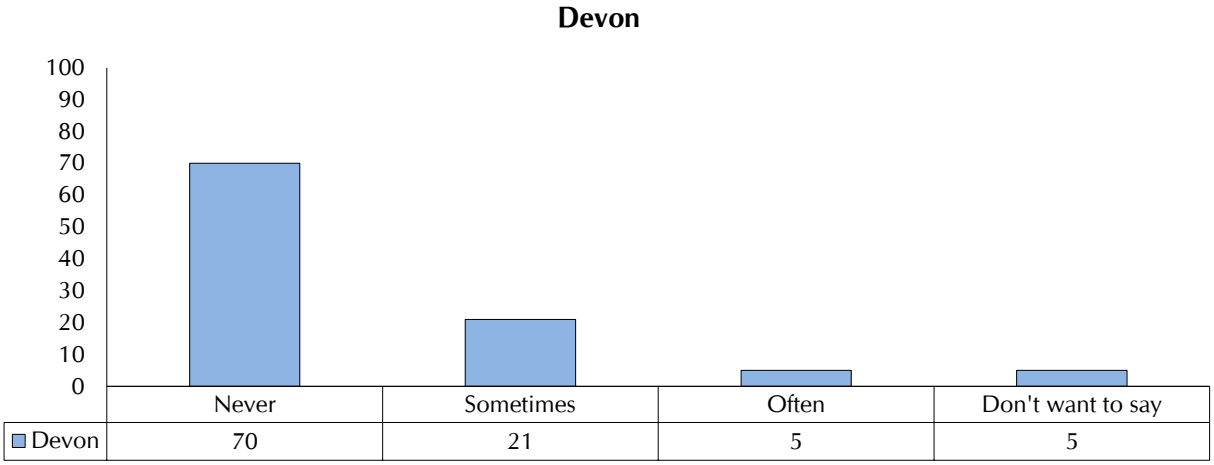
49% of pupils disagreed that the lunches at school are affordable, and 41% disagreed that they are healthy and nutritious.

Q9. Percentage of pupils responding that they 'disagree' or 'strongly disagree' with the following statements about school lunchtimes:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
The lunches at school are affordable	42	39	57	57	49
Healthier options are the most expensive	35	29	28	19	28
The lunches at school are tasty	19	17	31	31	24
The lunches at school are healthy and nutritious	36	35	44	51	41
There is enough time available at lunch to eat	50	58	50	63	55

Mealtimes

Q10a. In the last 12 months have there been mealtimes where you or someone at home has had nothing to eat?

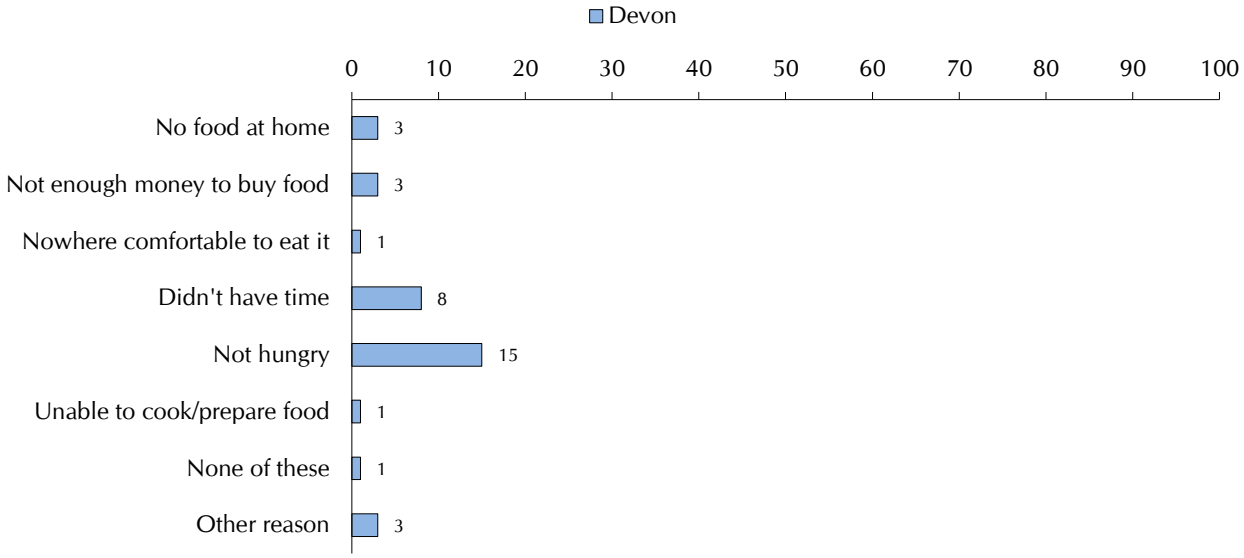


25% of pupils said there have at least 'sometimes' been mealtimes in the last 12 months where they or someone at their home has had nothing to eat, while 5% didn't want to say.

Q10a. Percentage answering that there have at least 'sometimes' been mealtimes in the last 12 months where they or someone at their home has had nothing to eat.

	Devon	
	Y 8	Y 10
Male	25	19
Female	26	30

Q10b. Percentage of pupils responding that there have been mealtimes where they or someone at home has had nothing to eat because of the following in the last 12 months:



3% of pupils said there have been mealtimes where they or someone at home has had nothing to eat because there was not enough money to buy food.

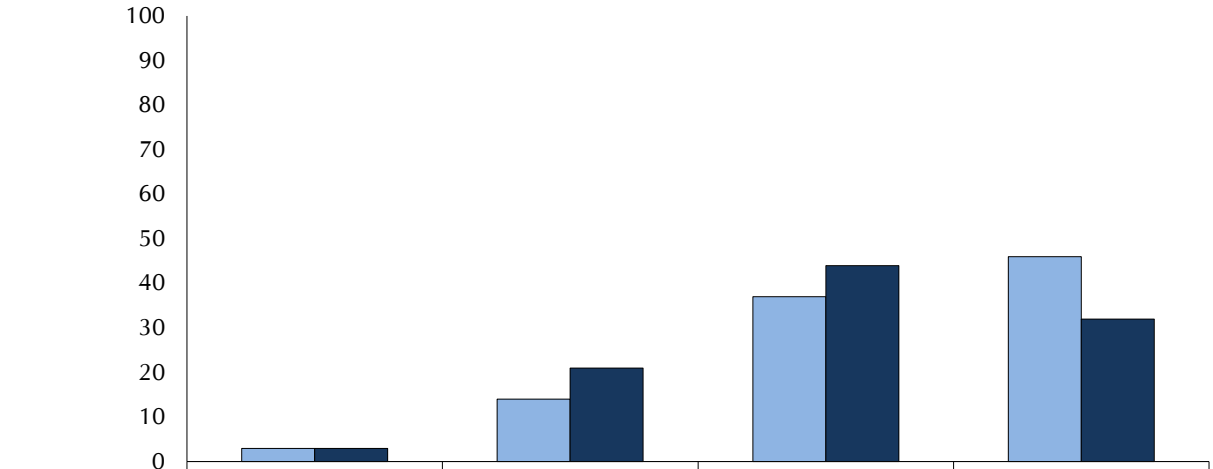
Q10b. Percentage of pupils responding that there have been mealtimes where they or someone at home has had nothing to eat because of the following in the last 12 months (top 5):

	Male			Female	
1	Not hungry	11	1	Not hungry	20
2	Didn't have time	7	2	Didn't have time	9
3	Other reason	3	3	Not enough money to buy food	4
4	Not enough money to buy food	3	4	No food at home	3
5	No food at home	2	5	Other reason	3

Physical Activity

Exercise

Q11. How many times last week were you active enough to make yourself breathe harder and faster?



	Never	Once or twice	Three or four times	Five times or more
Devon Male	3	14	37	46
Devon Female	3	21	44	32

3% of pupils responded that they weren't active enough to breathe harder and faster at all in the week before the survey.

Q11. Percentage answering that they weren't active enough to breathe harder and faster in the week before the survey.

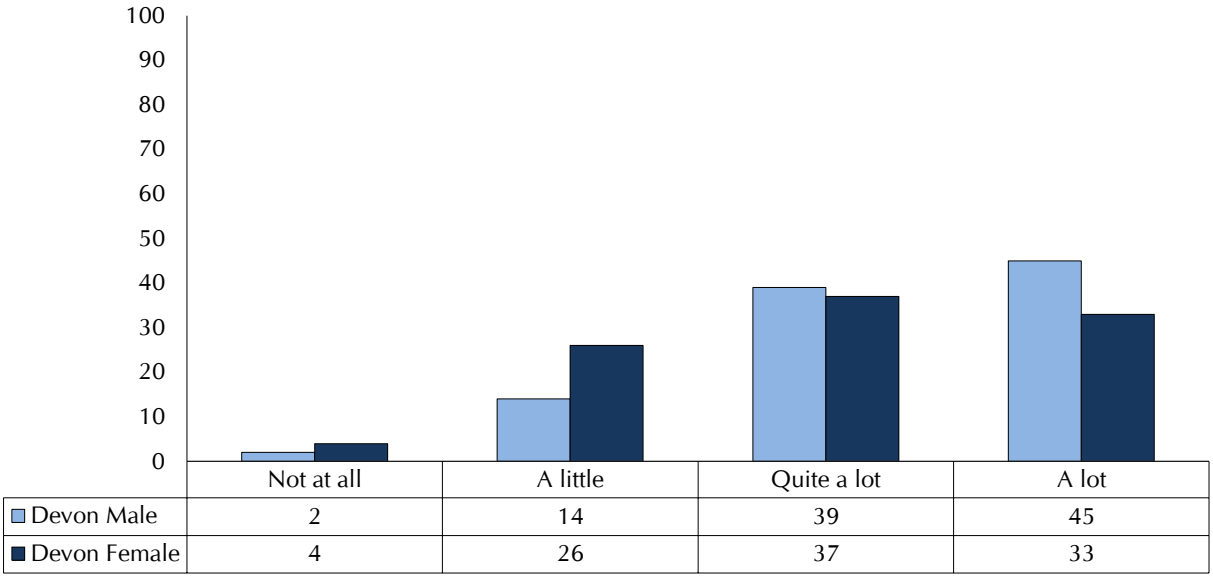
	Devon	
	Y 8	Y 10
Male	4	3
Female	3	3

79% of pupils responded that they were active enough to breathe harder at least three times in the week before the survey.

Q11. Percentage answering that they were active enough to breathe harder and faster at least three times in the week before the survey.

	Devon	
	Y 8	Y 10
Male	82	85
Female	79	72

Q12. How much do you enjoy being active?



	Not at all	A little	Quite a lot	A lot
Devon Male	2	14	39	45
Devon Female	4	26	37	33

3% of pupils said they don't enjoy being active 'at all'; 21% said they enjoy it 'a little'.

Q12. Percentage answering that they don't enjoy being active 'at all'.

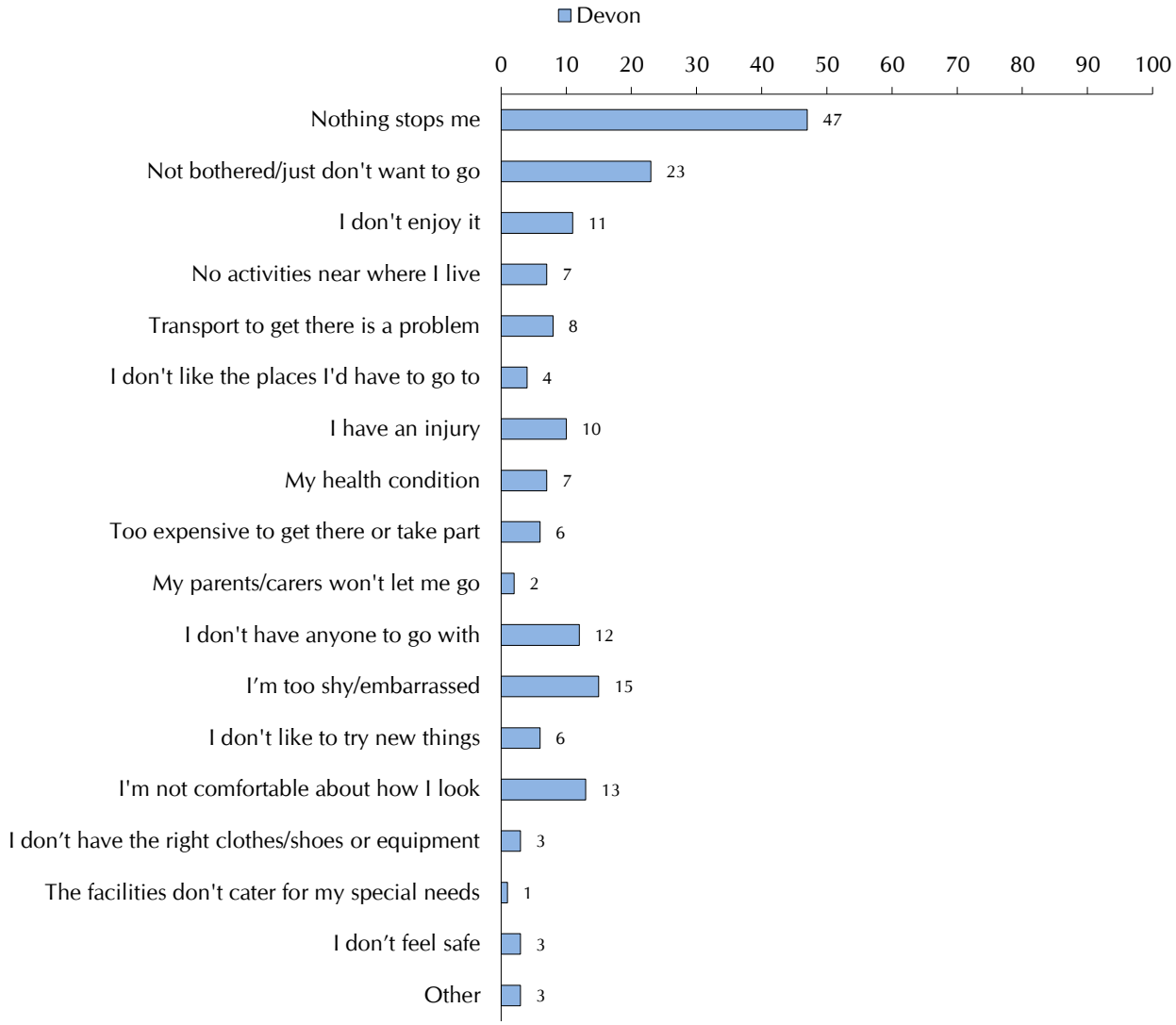
	Devon	
	Y 8	Y 10
Male	2	2
Female	3	6

76% of pupils said they enjoy being active 'quite a lot' or 'a lot'.

Q12. Percentage answering that they enjoy being active 'quite a lot' or 'a lot'.

	Devon	
	Y 8	Y 10
Male	83	85
Female	76	62

Q13. Percentage of pupils responding that the following stops them taking part in part in physical activity:



47% of pupils responded that nothing stops them taking part in part in physical activity, while 23% said they are not bothered/just don't want to go.

Q13. Percentage of pupils responding that the following stops them taking part in part in physical activity (top 10):

	Male			Female	
1	Nothing stops me	57	1	Nothing stops me	39
2	Not bothered/just don't want to go	17	2	Not bothered/just don't want to go	28
3	I have an injury	10	3	I'm too shy/embarrassed	21
4	I'm too shy/embarrassed	8	4	I'm not comfortable about how I look	18
5	I don't enjoy it	8	5	I don't have anyone to go with	17
6	I don't have anyone to go with	7	6	I don't enjoy it	13
7	I'm not comfortable about how I look	7	7	Transport to get there is a problem	9
8	Transport to get there is a problem	7	8	I have an injury	9
9	My health condition	6	9	No activities near where I live	9
10	No activities near where I live	6	10	Too expensive to get there or take part	9

Swimming

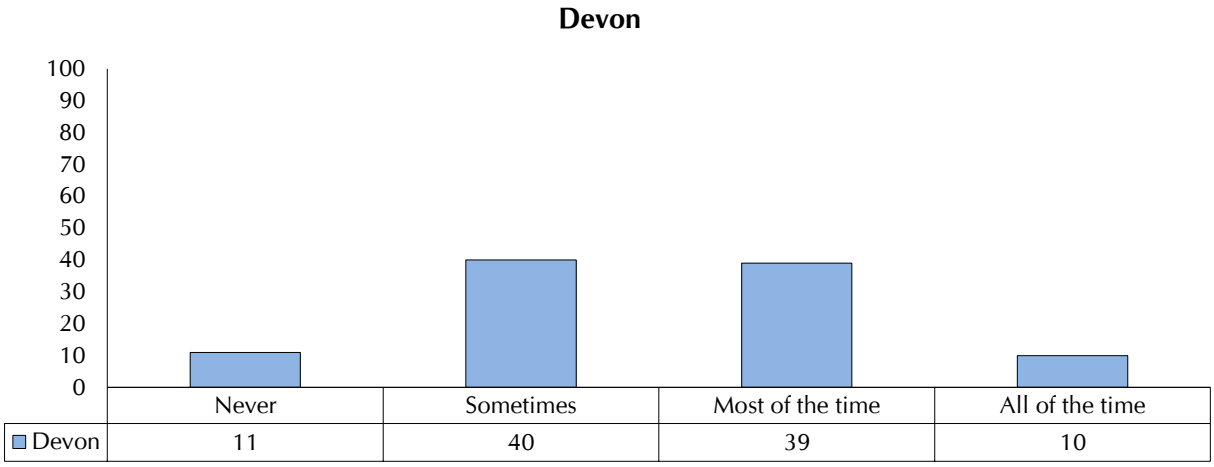
72% of pupils said they can swim 25 metres (or a length) without stopping, while 19% said they are 'not sure' if they can.

Q14. Percentage answering that they can swim 25 metres (or a length) without stopping.

	Devon	
	Y 8	Y 10
Male	72	83
Female	66	70

Sleep

Q15. How often do you get enough sleep so you don't feel tired during the day and have enough energy for activities you want to do**?**



9% of males and 12% of females said they 'never' get a good night's sleep (enough so they don't feel tired during the day and have enough energy for activities they want to do), while 40% of pupils said they 'sometimes' do.

Q15. Percentage answering that they 'never' get a good night's sleep.

	Devon	
	Y 8	Y 10
Male	10	9
Female	9	14

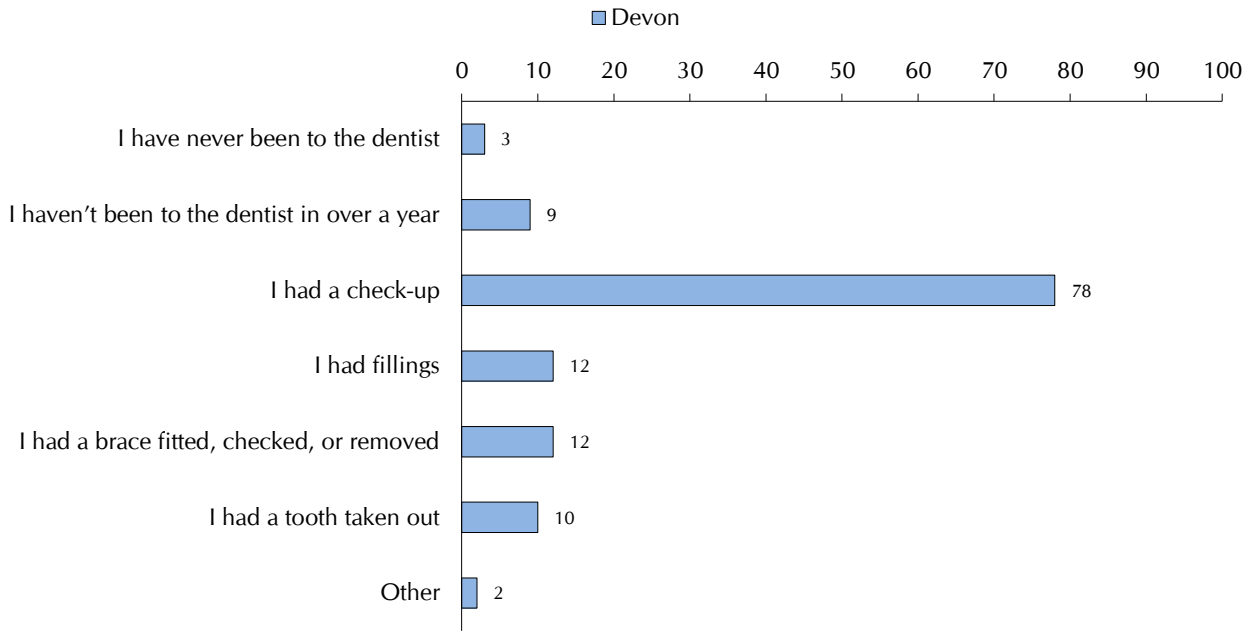
54% of males and 45% of females said they get a good night's sleep 'most of the time' or 'always' (enough so they don't feel tired during the day and have enough energy for activities they want to do).

Q15. Percentage answering that they get a good night's sleep 'most of the time' or 'always'.

	Devon	
	Y 8	Y 10
Male	51	57
Female	52	37

Dental health

Q16. Percentage of pupils responding that they have had the following types of appointment at the dentist in the past year:



78% of pupils said they have had a check-up at the dentist in the past year and 12% said they have had fillings.

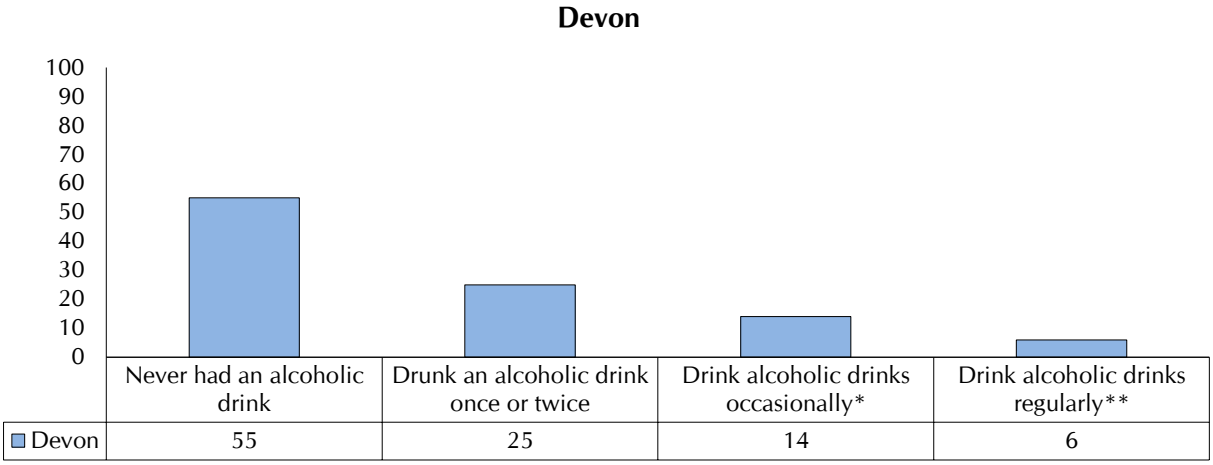
Q16. Percentage of pupils responding that they have had the following types of appointment at the dentist in the past year :

	Male			Female	
1	I had a check-up	77	1	I had a check-up	80
2	I had fillings	12	2	I had a brace fitted, checked, or removed	14
3	I had a brace fitted, checked, or removed	9	3	I had fillings	13
4	I had a tooth taken out	9	4	I had a tooth taken out	11
5	Other	2	5	Other	2

Alcohol, Smoking & Drugs

Alcohol

Q17. Which sentence best describes your experience with drinking alcohol (more than just a sip)?



* 'once a month or less'; ** 'more than once a month'.

29% of Year 8 pupils and 63% of Year 10 pupils said they have had an alcoholic drink (more than just a sip) at some point.

Q17. Percentage answering that they have had an alcoholic drink at some point.

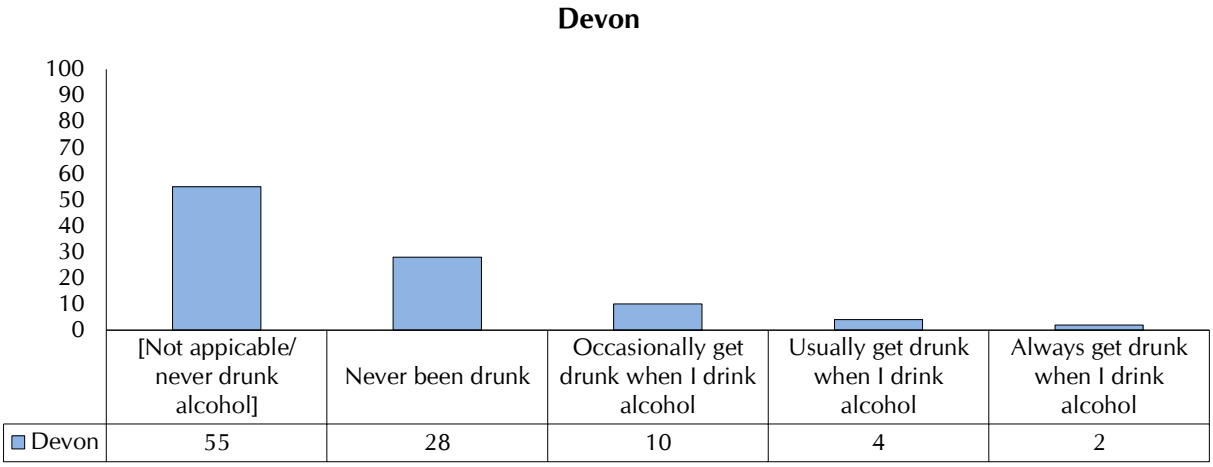
	Devon	
	Y 8	Y 10
Male	31	63
Female	25	64

1% of Year 8 pupils and 10% of Year 10 pupils said they drink alcoholic drinks 'regularly' (more than once a month).

Q17. Percentage answering that they drink alcoholic drinks 'regularly'.

	Devon	
	Y 8	Y 10
Male	1	12
Female	2	8

Q18. Which statement best describes your experience with being drunk?



4% of Year 8 pupils and 30% of Year 10 pupils said they at least 'occasionally' get drunk when they drink alcohol; 6% of pupils said they 'usually' or 'always' get drunk when they drink alcohol.

Q18. Percentage answering that they at least 'occasionally' get drunk when they drink alcohol.

	Devon	
	Y 8	Y 10
Male	4	26
Female	4	33

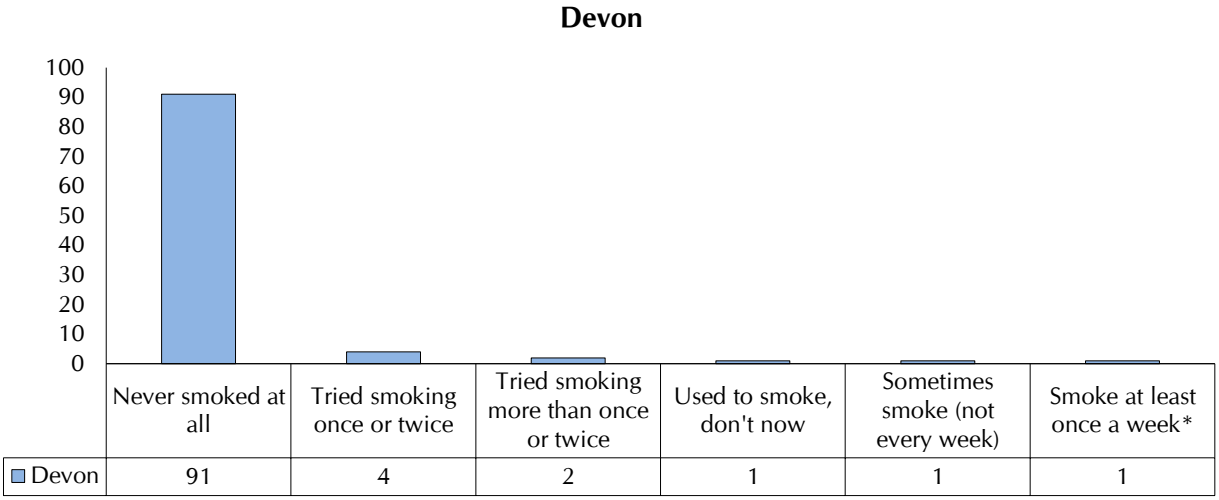
4% of Year 8 pupils and 17% of Year 10 pupils responded that they usually get alcoholic drink from a friend or relative (other than their parent), while 9% of Year 8 pupils and 23% of Year 10 pupils said their parents usually give it to them or buy it for them.

Q19. Percentage of pupils responding that they usually get alcoholic drink from the following places (top 5):

	Male			Female	
1	Parents/carers gave it to them or bought it for them	15	1	Parents/carers gave it to them or bought it for them	15
2	At parties	9	2	From a friend or relative	11
3	From a friend or relative	9	3	At parties	10
4	From someone else	5	4	From someone else	5
5	In a pub or bar	3	5	They got it from home without their parents/carers knowing	3

Smoking

Q20. Which statement about smoking (cigarettes or roll-up) describes you best?



* Includes those responding 'smoke every day'.

3% of Year 8 pupils and 16% of Year 10 pupils said they have tried smoking (cigarettes or roll-ups) in the past or smoke now.

Q20. Percentage answering that they have smoked (cigarettes or roll-ups) in the past or smoke now.

	Devon	
	Y 8	Y 10
Male	3	14
Female	2	17

0% of Year 8 pupils and 3% of Year 10 pupils said they at least sometimes smoke (cigarettes or roll-ups).

Of these pupils, 47% said they would like to give up; 9% would like help to give up.

Q20. Percentage answering that they at least sometimes smoke.

	Devon	
	Y 8	Y 10
Male	1	3
Female	0	3

0% of pupils said they smoke cigarettes or roll-ups and usually buy them themselves from a supermarket; while 0% said they get them from brothers/sisters/friends over 18.

Q21. Percentage of pupils responding that they smoke cigarettes or roll-ups and usually get them from the following (top 3):

1	Other	0
2	Bought them themselves from a street seller/neighbour/someone's house/van	0
3	From a brother/sister or friend over 18	0

1% of pupils said they smoke cigarettes or roll-ups at least sometimes because they think it helps them cope with stress.

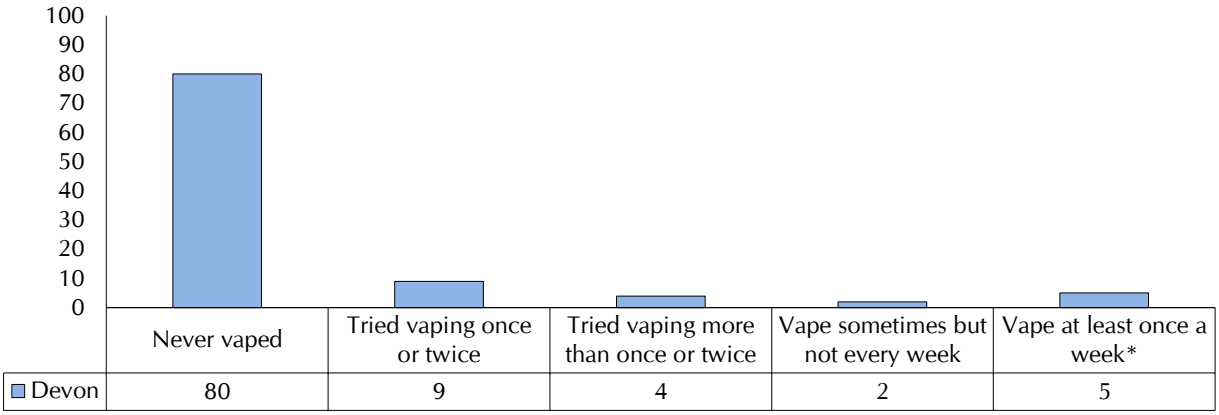
Q22. Percentage of pupils responding that they smoke cigarettes or roll-ups at least sometimes for the following reasons (top 3):

	Male			Female	
1	I enjoy smoking	1	1	I think it helps me cope with stress	1
2	I think it helps me cope with stress	1	2	I enjoy smoking	1
3	I'm addicted	0	3	I'm addicted	1

Vaping

Q24. What do you know about e-cigarettes or vaping?

Devon



	Never vaped	Tried vaping once or twice	Tried vaping more than once or twice	Vape sometimes but not every week	Vape at least once a week*
Devon	80	9	4	2	5

* Includes those responding 'vape everyday'.

10% of Year 8 pupils and 32% of Year 10 pupils said they have at least tried vaping.

Q24. Percentage answering that they have either 'never heard of' or 'never used' electronic cigarettes.

	Devon	
	Y 8	Y 10
Male	11	27
Female	9	38

2% of Year 8 pupils and 12% of Year 10 pupils said they at least 'sometimes' vape.

Q24. Percentage answering that they at least 'sometimes' vape.

	Devon	
	Y 8	Y 10
Male	1	9
Female	3	15

0% of Year 8 pupils and 3% of Year 10 pupils said they vape and got/bought their last vapes from a brother/sister or friend over 18.

Q25. Percentage of pupils responding that they vape and got/bought their last vapes from the following (top 3):

	Male			Female	
1	Other	2	1	Other	4
2	I order them online	1	2	From a brother/sister or friend under 18	2
3	From a brother/sister or friend over 18	1	3	From a brother/sister or friend over 18	2

1% of Year 8 pupils and 6% of Year 10 pupils said they vape because they think it helps them cope with stress.

Q26. Percentage of pupils responding that they vape for the following reasons (top 3):

	Male			Female	
1	I like the flavours	3	1	I think it helps me cope with stress	4
2	I think it helps me cope with stress	2	2	I like the flavours	4
3	I enjoy vaping	2	3	I enjoy vaping	3

7% of pupils said they have tried vaping 'more than once or twice' or at least sometimes vape and would like to give it up; 1% said they would like help to give up.

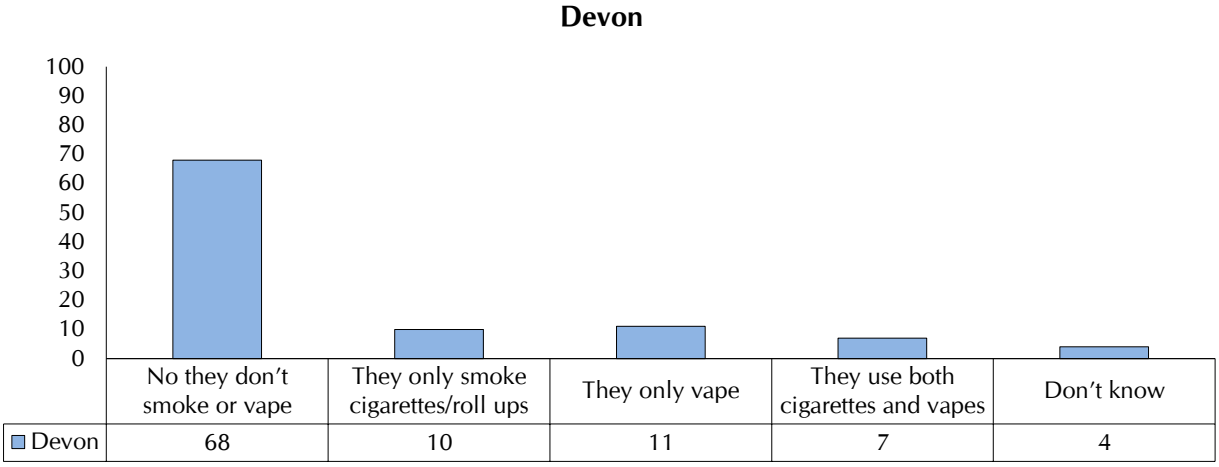
Of the 257 pupils who have at least tried vaping 'more than once or twice', 67% said they would like to give it up and 10% said they would like help to give up.

Q27. Percentage answering that they have tried vaping 'more than once or twice' and would like to give it up.

	Devon	
	Y 8	Y 10
Male	3	10
Female	2	16

Parental smoking/vaping

Q28. Do either of your parents/carers smoke cigarettes or vape?



28% of pupils said their parents/carers smoke cigarettes and/or vapes; 7% said they use both.

Q28. Percentage answering that their parents/carer smoke cigarettes and/or vapes.

	Devon	
	Y 8	Y 10
Male	28	27
Female	26	31

Pupils may be more likely to smoke or vape if their parents/carers do so. The table below compares responses of those pupils with those whose parents/carers don't smoke or vape (maximum possible sample size is shown in bold at the top of each column):

	Parents/carers smoke cigarettes and/or vapes **696**	Parents/carers don't smoke cigarettes and/or vapes **1675**	All pupils **2552**
Have at least tried smoking (cigarettes or roll-ups).	17%	5%	9%
Have at least tried vaping.	33%	14%	20%

Illegal drugs

9% of pupils responded that they have been offered cannabis.

Q29. Percentage answering that they have been offered cannabis.

	Devon	
	Y 8	Y 10
Male	5	17
Female	2	15

1% of pupils responded that they have been offered novel psychoactive substances (NPS).

Q29. Percentage answering that they have been offered novel psychoactive substances (NPS).

	Devon	
	Y 8	Y 10
Male	1	1
Female	0	1

3% of pupils responded that they have been offered other drugs (not cannabis or NPS).

Q29. Percentage answering that they have been offered other drugs (not cannabis or NPS).

	Devon	
	Y 8	Y 10
Male	2	4
Female	1	4

5% of Year 8 pupils and 18% of Year 10 pupils responded that they have been offered cannabis or other illegal drugs.

Q29. Percentage answering that they have been offered cannabis or other illegal drugs.

	Devon	
	Y 8	Y 10
Male	7	19
Female	2	16

1% of Year 8 pupils and 6% of Year 10 pupils responded that they have been asked to look after or carry illegal drugs for someone else; while 4% of Year 8 pupils and 6% of Year 10 pupils said they have not been asked but they know someone who has been asked to do this.

Of the 82 pupils who have been asked to look after or carry illegal drugs for someone else, 57% said 'no' when they were asked.

Q30. Percentage answering that they have been asked to look after or carry illegal drugs for someone else.

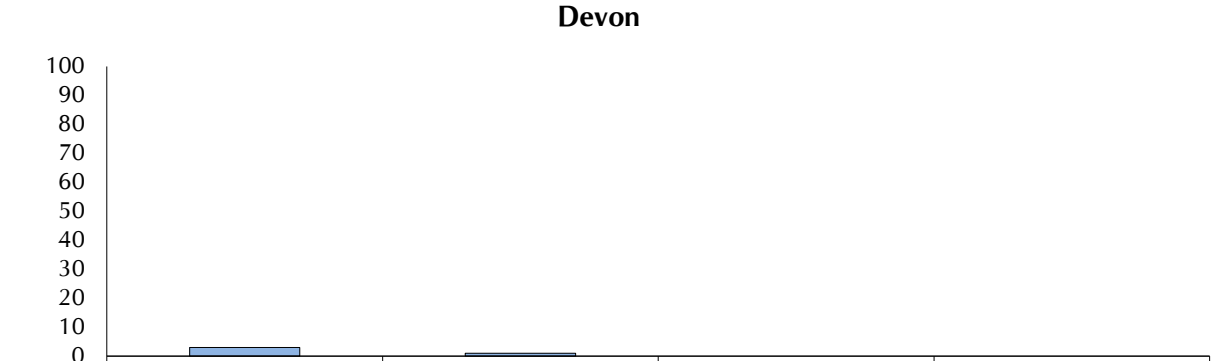
	Devon	
	Y 8	Y 10
Male	2	5
Female	1	6

1% of Year 8 pupils and 10% of Year 10 pupils responded that they have taken drugs to get high.

Q31a. Percentage answering that they have taken drugs to get high.

	Devon	
	Y 8	Y 10
Male	1	9
Female	1	9

Q31b. Drugs summary: Percentage of pupils responding that they have taken at least one of the drugs listed...:



	During the last month	During the last year	More than a year ago	(Taken drugs, no detail provided)
Devon	3	1	0	0

Most recent use recorded.

1% of Year 8 pupils and 5% of Year 10 pupils responded that they have taken at least one of the drugs listed within the last month.

Q31b. Percentage answering that they have taken at least one of the drugs listed within the last month.

	Devon	
	Y 8	Y 10
Male	1	5
Female	0	5

Q31b. A summary of 5 common recreational drugs:

Year 8	Taken during the last month	Taken during the last year*	Ever taken
Amphetamines	0	0	0
Cannabis	0	1	1
Ecstasy	0	0	0
Hallucinogens: synthetic	0	0	0
Solvents used as drugs	0	0	0
NPS (New Psychoactive Substances)	0	0	0

Year 10	Taken during the last month	Taken during the last year*	Ever taken
Amphetamines	0	1	1
Cannabis	5	8	9
Ecstasy	1	1	2
Hallucinogens: synthetic	0	1	1
Solvents used as drugs	0	0	1
NPS (New Psychoactive Substances)	0	1	1

*Includes those responding 'taken during the last month'.

Alcohol & drug information

65% of pupils responded that they would know where to go if they wanted information or support about alcohol or drugs.

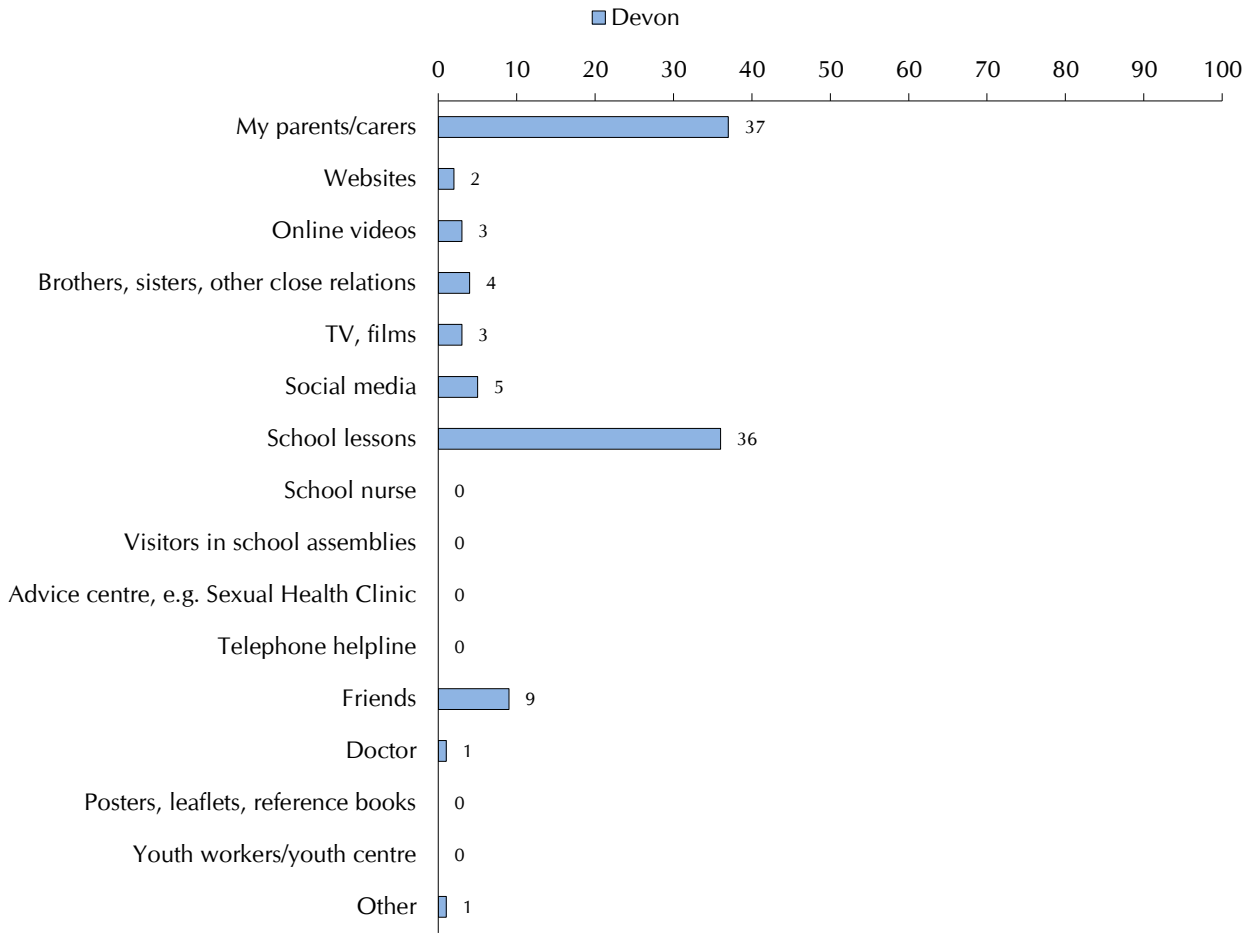
Q32. Percentage answering that they would know where to go if they wanted information or support about alcohol or drugs.

	Devon	
	Y 8	Y 10
Male	59	73
Female	58	71

Relationships & Sexual Health Education

Sources of information

Q33. Percentage of pupils responding that the following is their main source of information about relationships and sexual health:



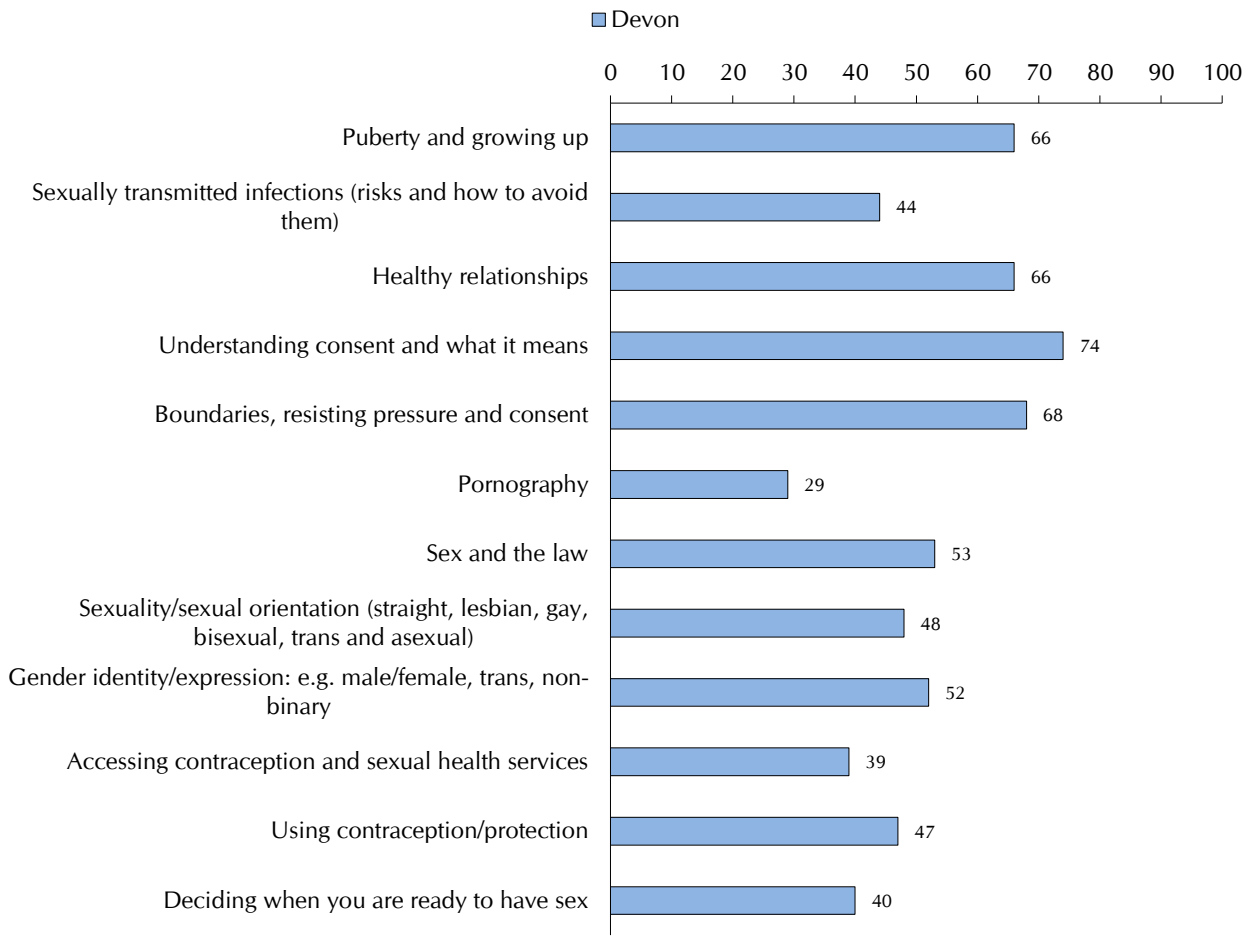
37% of pupils responded that their parents/carers are their main source of information about relationships and sexual health, while 36% said school lessons are.

Q33. Percentage of pupils responding that the following is their main source of information about relationships and sexual health (top 5):

	Male			Female	
1	School lessons	38	1	My parents/carers	38
2	My parents/carers	36	2	School lessons	34
3	Friends	7	3	Friends	10
4	Social media	4	4	Social media	5
5	Online videos	3	5	Brothers, sisters, other close relations	5

RSE lessons

Q35. Percentage of pupils responding that their RSE/PSHE lessons have helped them understand the following 'quite a lot' or 'a lot':

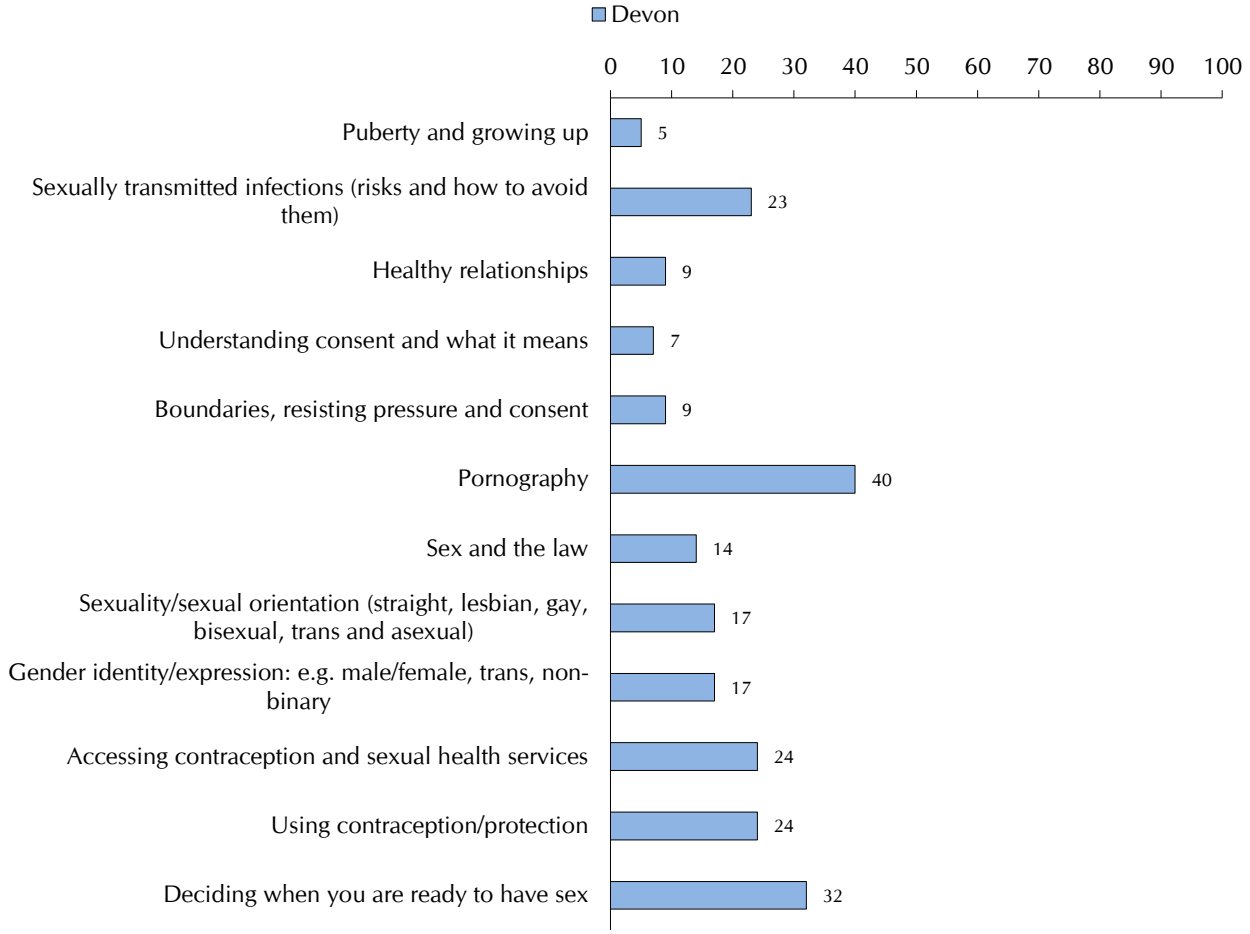


66% of pupils responded that their RSE/PSHE lessons have helped them understand puberty and growing up 'quite a lot' or 'a lot', while 66% of pupils said that their lessons have helped them understand healthy relationships.

Q35. Percentage of pupils responding that their RSE/PSHE lessons have helped them understand the following 'quite a lot' or 'a lot':

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Puberty and growing up	66	74	63	64	66
Sexually transmitted infections (risks and how to avoid them)	27	20	70	64	44
Healthy relationships	63	66	71	69	66
Understanding consent and what it means	67	68	83	82	74
Boundaries, resisting pressure and consent	59	64	76	77	68
Pornography	23	14	42	38	29
Sex and the law	50	39	67	59	53
Sexuality/sexual orientation (straight, lesbian, gay, bisexual, trans and asexual)	47	39	59	52	48
Gender identity/expression: e.g. male/female, trans, non-binary	53	54	53	52	52
Accessing contraception and sexual health services	30	24	57	51	39
Using contraception/protection	32	25	71	66	47
Deciding when you are ready to have sex	31	22	58	52	40

Q35. Percentage of pupils responding that their RSE/PSHE lessons have not helped them understand the following 'at all':



14% of pupils responded that their RSE/PSHE lessons have not helped them understand sex and the law 'at all'.

Q35. Percentage of pupils responding that their RSE/PSHE lessons have not helped them understand the following 'at all':

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Puberty and growing up	6	3	8	4	5
Sexually transmitted infections (risks and how to avoid them)	37	39	6	5	23
Healthy relationships	12	9	7	6	9
Understanding consent and what it means	11	9	4	3	7
Boundaries, resisting pressure and consent	13	11	5	5	9
Pornography	50	59	24	24	40
Sex and the law	17	21	8	6	14
Sexuality/sexual orientation (straight, lesbian, gay, bisexual, trans and asexual)	18	23	11	10	17
Gender identity/expression: e.g. male/female, trans, non-binary	17	15	18	16	17
Accessing contraception and sexual health services	33	35	13	11	24
Using contraception/protection	35	41	8	6	24
Deciding when you are ready to have sex	42	47	15	19	32

Sexually transmitted infections

In Q36 the pupils were asked about their knowledge of sexually transmitted infections. They were offered three options for each infection: "Know nothing about it"; "Can be treated but not cured"; "Can be treated and cured". The correct answers are that Genital herpes, Genital warts and HIV/AIDS can be treated but not cured whereas Gonorrhoea, Chlamydia, Syphilis and Pubic lice can be cured. The percentages in the table are for those correctly answering whether the condition could be cured or not.

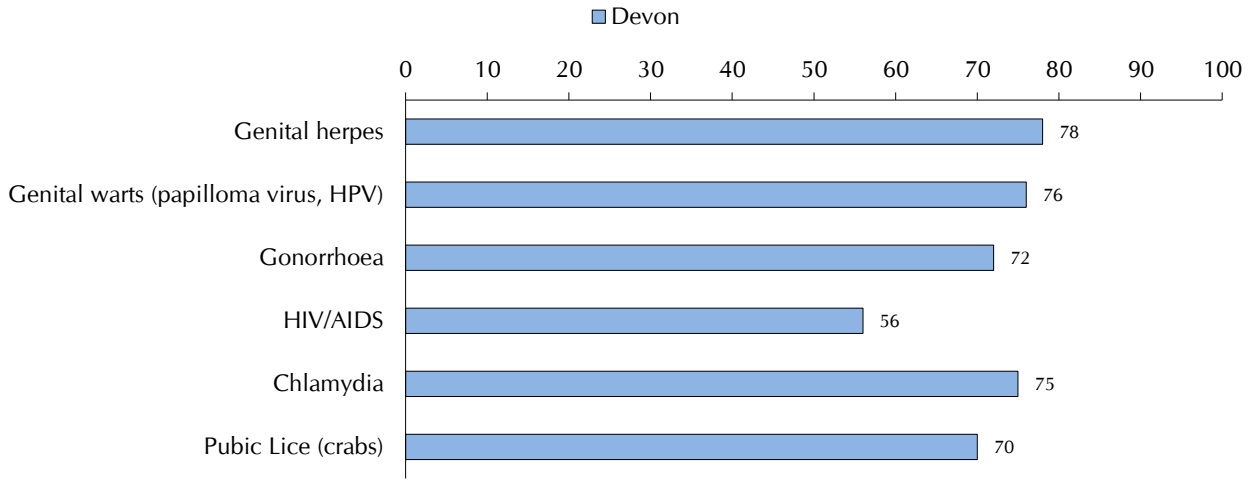
35% of pupils correctly identified that HIV/AIDS can be treated but not cured.

Q36. Knowledge of sexually transmitted diseases:

	Year 8 Male			Year 8 Female	
1	HIV/AIDS	25	1	HIV/AIDS	15
2	Pubic lice (crabs)	13	2	Pubic lice (crabs)	8
3	Gonorrhoea	7	3	Genital warts (papilloma virus, HPV)	4
4	Genital herpes	6	4	Genital herpes	4
5	Genital warts (papilloma virus, HPV)	4	5	Chlamydia	3
6	Chlamydia	4	6	Gonorrhoea	3

	Year 10 Male			Year 10 Female	
1	HIV/AIDS	55	1	HIV/AIDS	51
2	Pubic lice (crabs)	37	2	Pubic lice (crabs)	40
3	Gonorrhoea	30	3	Gonorrhoea	30
4	Chlamydia	21	4	Chlamydia	27
5	Genital herpes	19	5	Genital herpes	16
6	Genital warts (papilloma virus, HPV)	16	6	Genital warts (papilloma virus, HPV)	16

Q36. Percentage of pupils responding that they 'know nothing about' the following STIs:



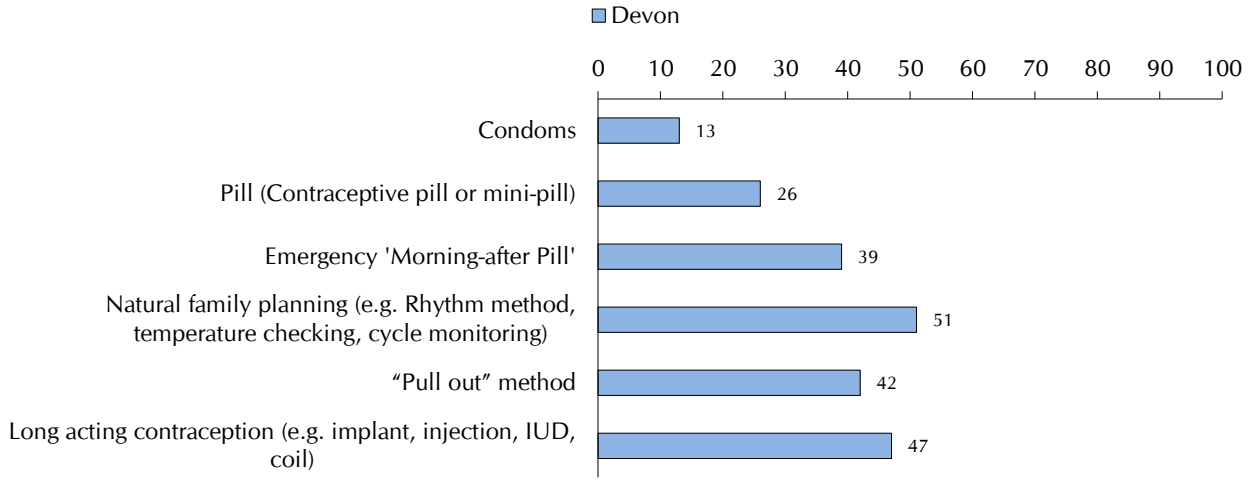
Contraception

12% of Year 8 pupils and 42% of Year 10 pupils responded that they know where they can get condoms free of charge.

Q34. Percentage answering that they know where they can get condoms free of charge.

	Devon	
	Y 8	Y 10
Male	16	45
Female	9	40

Q37a. Percentage of pupils responding that they 'know nothing about' the following methods of contraception (birth control):



65% of Year 8 pupils and 81% of Year 10 pupils said they think condoms are reliable to stop pregnancy and 16% of Year 8 pupils and 28% of Year 10 pupils think long-acting contraception is reliable to stop STIs.

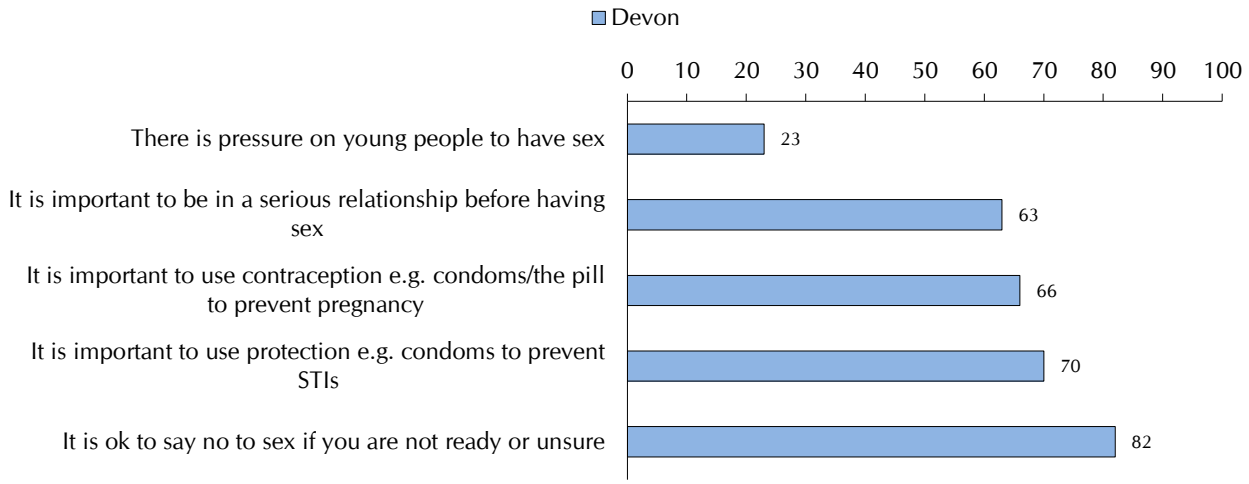
Q37a&b. Knowledge/perception of different methods of contraception:

Year 8	Know nothing about it	Not reliable to stop pregnancy	Reliable to stop pregnancy	Reliable to stop STIs
Condoms	22	13	65	62
Pill (Contraceptive pill or mini-pill)	42	15	43	31
Emergency 'Morning-after Pill'	58	22	20	14
Natural family planning (e.g. Rhythm method, temperature checking, etc.)	66	25	8	6
"Pull out" method	65	25	9	10
Long-acting contraception (e.g. implant, injection, IUD, coil)	70	8	22	16

Year 10	Know nothing about it	Not reliable to stop pregnancy	Reliable to stop pregnancy	Reliable to stop STIs
Condoms	3	16	81	83
Pill (Contraceptive pill or mini-pill)	9	13	77	30
Emergency 'Morning-after Pill'	17	31	51	16
Natural family planning (e.g. Rhythm method, temperature checking, etc.)	34	53	12	4
"Pull out" method	16	71	12	8
Long-acting contraception (e.g. implant, injection, IUD, coil)	22	12	65	28

Sexual relationships

Q38. Percentage of pupils responding that they 'agree' with the following statements:



18% of males and 27% of females agreed that there is pressure on young people to have sex, while 68% of males and 72% of females agreed that it is important to use protection (e.g. condoms to prevent STIs).

Q38. Percentage of pupils responding that they 'agree' with the following statements:

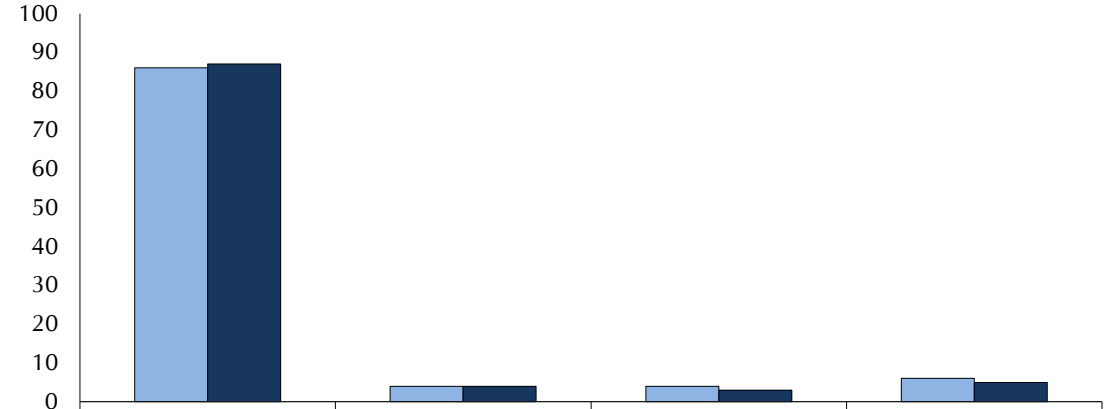
	Year 8		Year 10		Total
	Male	Female	Male	Female	
There is pressure on young people to have sex	17	17	20	37	23
It is important to be in a serious relationship before having sex	59	63	63	70	63
It is important to use contraception e.g. condoms/the pill to prevent pregnancy	50	54	78	86	66
It is important to use protection e.g. condoms to prevent STIs	56	57	82	89	70
It is ok to say no to sex if you are not ready or unsure	74	82	84	92	82

40% of males and 26% of females disagreed that there is pressure on young people to have sex, while 7% of males and 3% of females disagreed that it is important to use contraception (e.g. condoms/the pill to prevent pregnancy).

Q38. Percentage of pupils responding that they 'disagree' with the following statements:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
There is pressure on young people to have sex	38	30	42	22	33
It is important to be in a serious relationship before having sex	10	7	11	6	9
It is important to use contraception e.g. condoms/the pill to prevent pregnancy	9	4	5	1	5
It is important to use protection e.g. condoms to prevent STIs	7	3	3	1	4
It is ok to say no to sex if you are not ready or unsure	9	5	6	3	6

Q39. Year 10+: Sexual relationships: Which of the following best describes you?



	Never had sex	Had sex in the past	Currently in a relationship where we have sex	Don't want to say
Devon Male	86	4	4	6
Devon Female	87	4	3	5

8% of Year 10+ pupils responded that they have had, or are currently in, a sexual relationship.

Q39. Percentage answering that they have had, or are currently in, a sexual relationship.

	Devon
	Y 10
Male	8
Female	8

4% of Year 10+ pupils responded that they have had sex and 'never' or only 'sometimes' used condoms, while 2% said that they 'always' did. 1% said these weren't relevant to them.

Of the 45 pupils who have had sex, 22% said they 'always' used condoms.

Q40a. Percentage answering that they have had sex and 'never' or only 'sometimes' used condoms.

	Devon
	Y 10
Male	4
Female	5

4% of Year 10+ pupils responded that they have had sex and 'never' or only 'sometimes' used other contraception (not condoms), while 2% said that they 'always' did. 1% said these weren't relevant to them.

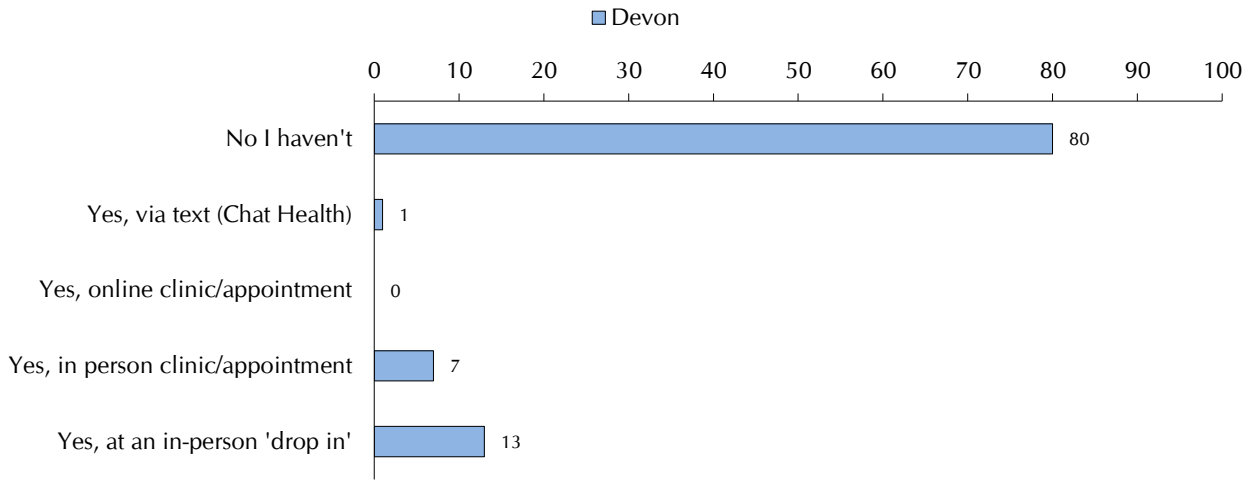
Of the 45 pupils who have had sex, 22% said they 'always' used other contraception (not condoms).

Q40b. Percentage answering that they have had sex and 'always' used other contraception.

	Devon
	Y 10
Male	1
Female	2

School nurse

Q41. Percentage of pupils responding that they have visited a clinic or spoken to their school nurse about a problem in the following ways:



13% of pupils said they have visited a clinic or spoken to their school nurse about a problem at an in-person 'drop-in'.

Q41. Percentage of pupils responding that they have visited a clinic or spoken to their school nurse about a problem in the following ways:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
No I haven't	82	78	83	75	80
Yes, via text (Chat Health)	2	1	2	1	1
Yes, online clinic/appointment	0	1	0	1	0
Yes, in person clinic/appointment	7	8	5	9	7
Yes, at an in-person 'drop in'	10	13	11	16	13

6% of pupils said they have been stopped from visiting the school nurse because they don't know how to visit/access them and 8% said they don't know who they are.

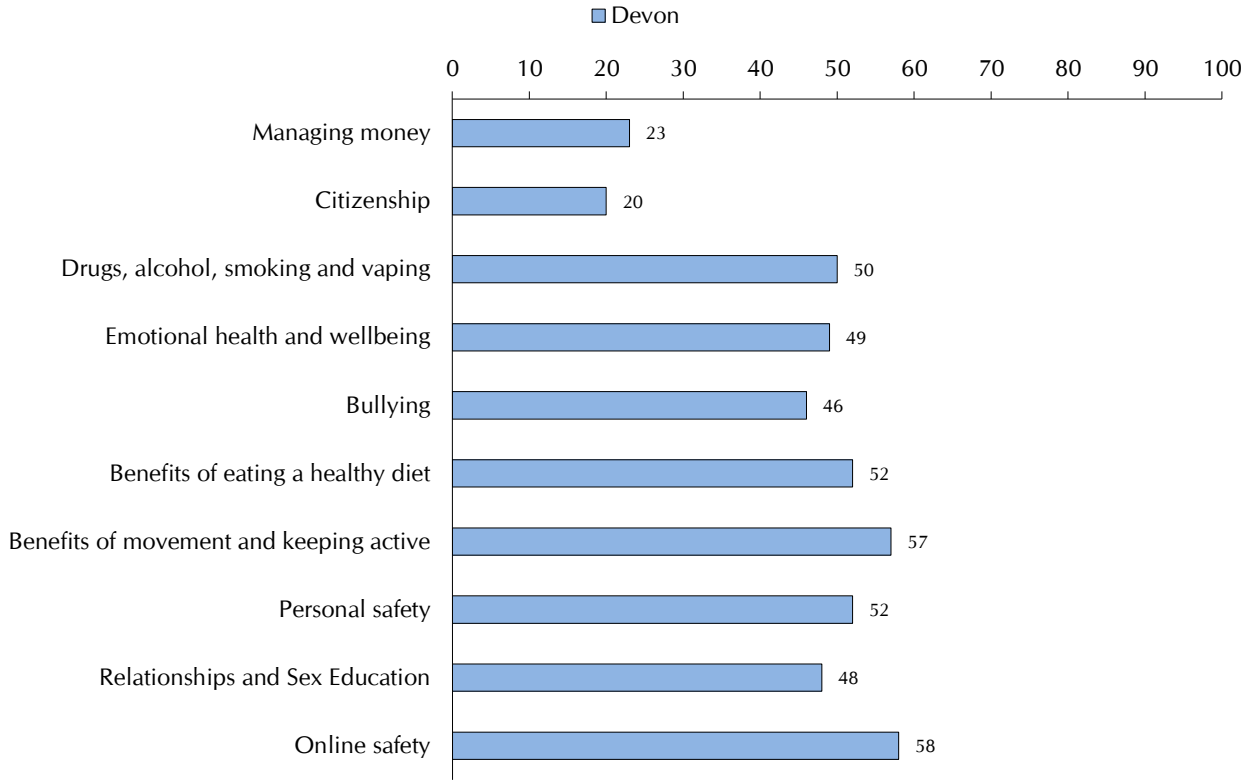
Q42. Percentage of pupils responding that the following things have stopped them visiting the school nurse:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I have no need to visit them	73	63	74	54	66
Don't know how to visit/access them	3	7	6	7	6
Don't know who they are	4	9	7	12	8
The rooms/locations they are based in are not appropriate	1	1	0	3	1
Don't feel comfortable visiting them	6	13	5	21	11
None of these	17	19	17	19	18

School

School lessons

Q43. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

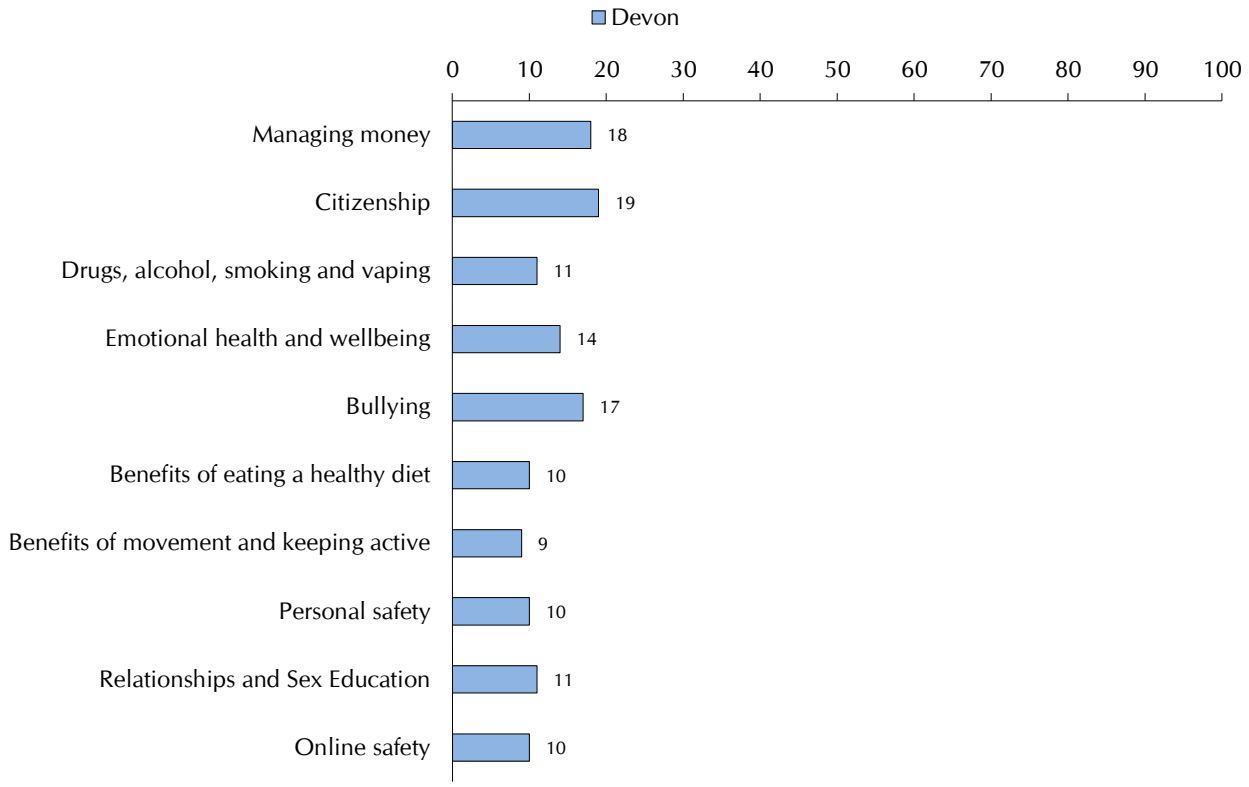


20% of pupils responded that they have found school lessons on citizenship to be 'quite' or 'very' useful.

Q43. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Managing money	26	22	26	18	23
Citizenship	24	18	21	16	20
Drugs, alcohol, smoking and vaping	50	48	53	52	50
Emotional health and wellbeing	53	54	43	44	49
Bullying	50	56	42	36	46
Benefits of eating a healthy diet	59	56	50	42	52
Benefits of movement and keeping active	63	59	56	49	57
Personal safety	57	55	49	47	52
Relationships and Sex Education	43	40	55	55	48
Online safety	61	70	51	52	58

Q43. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:



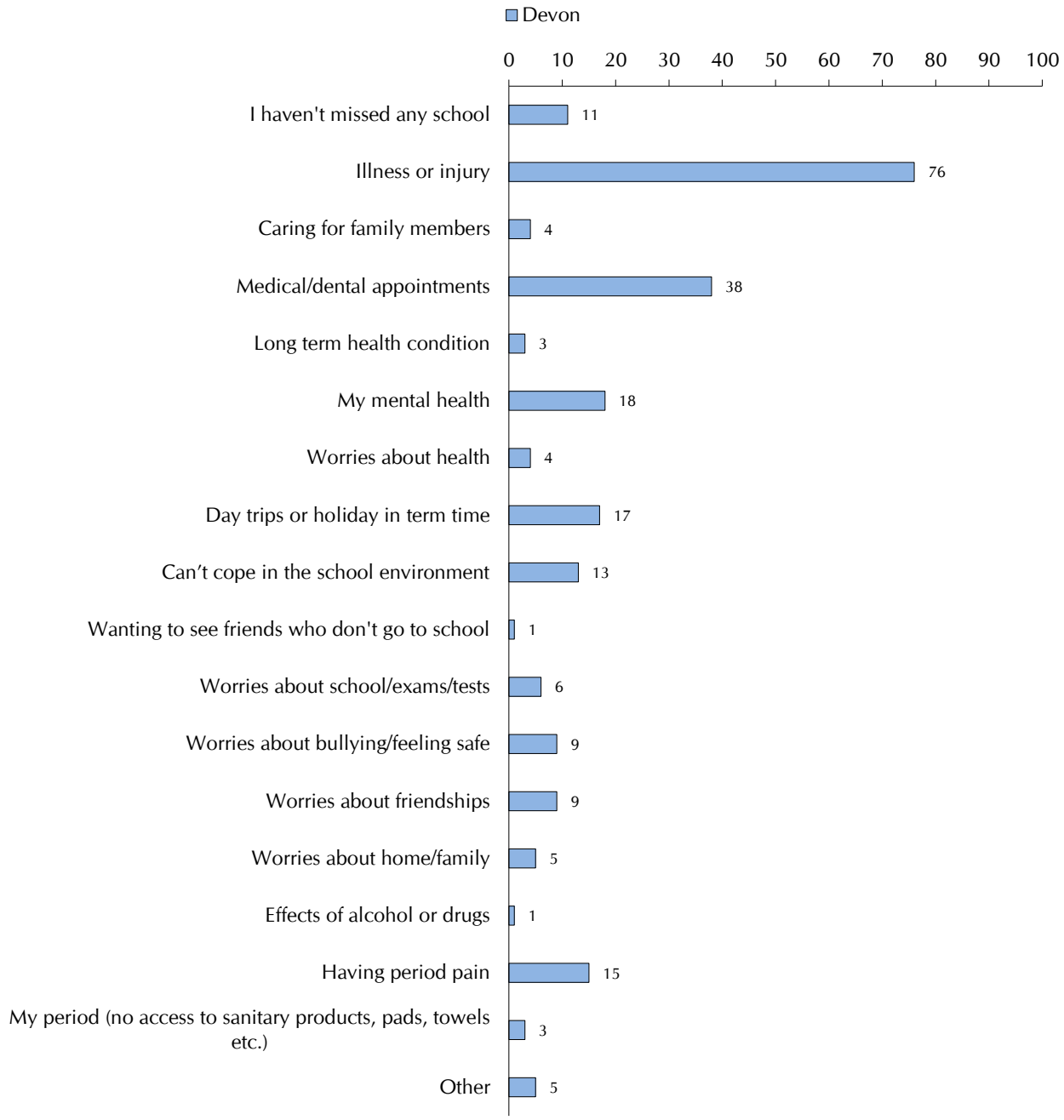
18% of pupils responded that they have found school lessons on managing money to be 'not at all' useful.

Q43. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Managing money	16	12	24	22	18
Citizenship	17	16	23	21	19
Drugs, alcohol, smoking and vaping	14	10	13	8	11
Emotional health and wellbeing	14	10	14	17	14
Bullying	17	11	18	21	17
Benefits of eating a healthy diet	9	8	11	12	10
Benefits of movement and keeping active	9	8	9	8	9
Personal safety	9	7	10	12	10
Relationships and Sex Education	15	12	9	8	11
Online safety	11	5	13	9	10

Attendance

Q44. Percentage of pupils responding that the following have stopped them from going to school in the last year:



76% of pupils responded that illness or injury has stopped them from going to school in the last year, while 11% have not missed any school.

Q44. Percentage of pupils responding that the following have stopped them from going to school in the last year (top 5):

	Male			Female	
1	Illness or injury	77	1	Illness or injury	76
2	Medical/dental appointments	34	2	Medical/dental appointments	43
3	Day trips or holiday in term time	17	3	Having period pain	30
4	My mental health	10	4	My mental health	26
5	Can't cope in the school environment	7	5	Day trips or holiday in term time	18

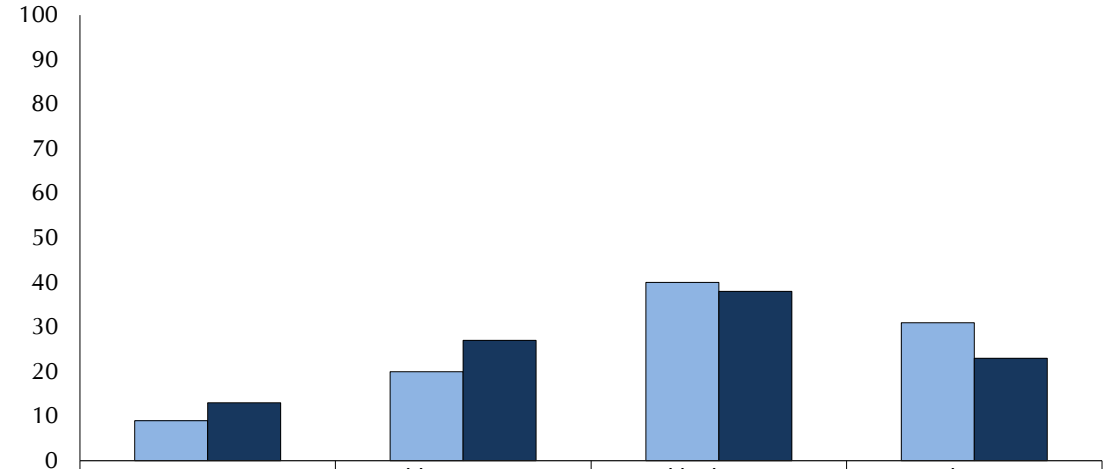
17% of males and 38% of females said that any of the EHWB items listed have stopped them from going to school in the last year. These include mental health, can't cope in the school environment, and any of the 'worries about...' options.

Q44. Percentage answering that any of the EHWB items listed have stopped them from going to school in the last year.

	Devon	
	Y 8	Y 10
Male	17	17
Female	31	46

Every Child Matters

Q45. Composite pupil perception score:



	Low (0-0.49)	Med-low (0.5-0.99)	Med-high (1-1.49)	High (1.5-2)
Devon Male	9	20	40	31
Devon Female	13	27	38	23

N.B. This score is derived from the levels of agreement to each of the positive statements about their experience in school (Q45).

11% of pupils had a low pupil perception score.

Q45. Percentage who had a low pupil perception score.

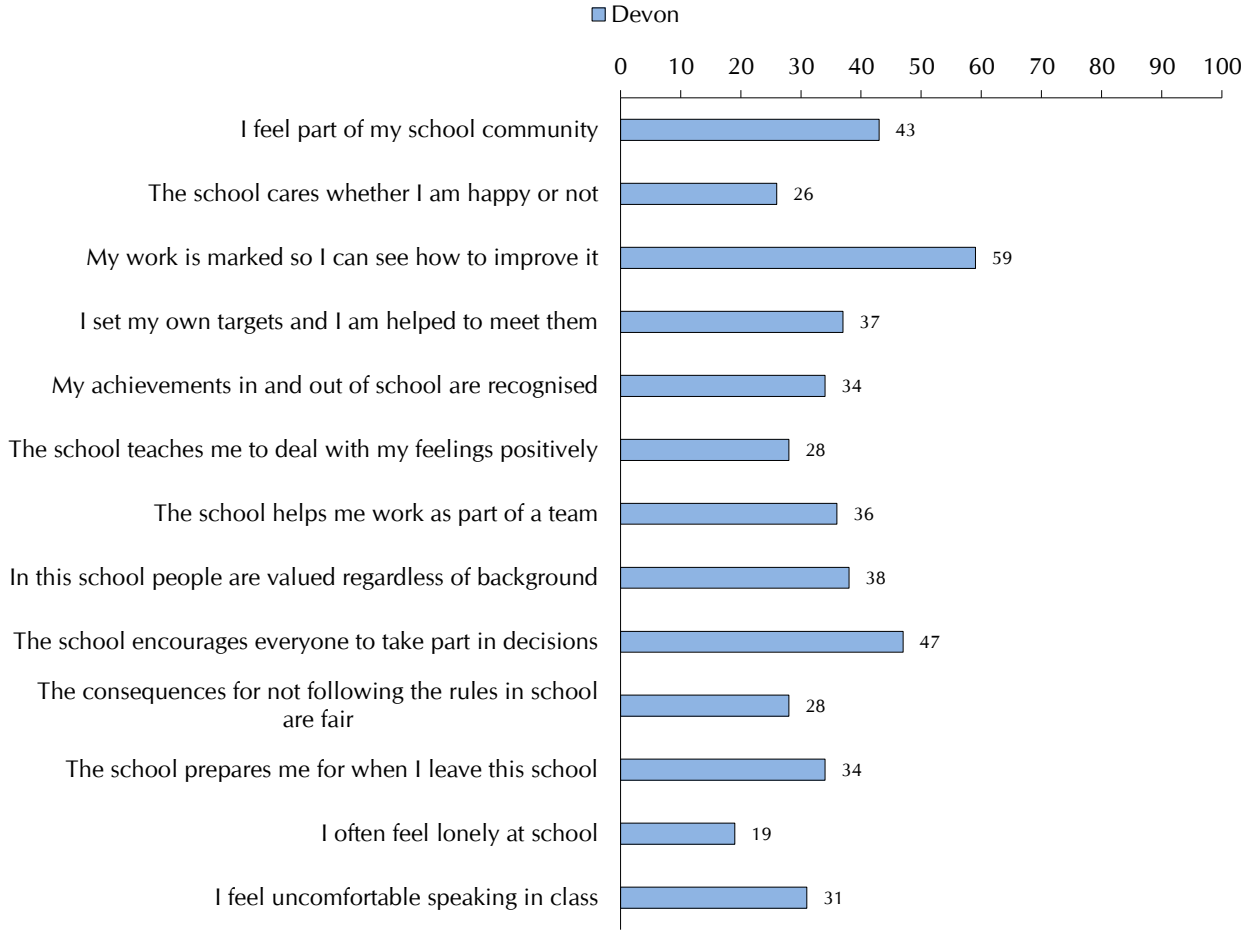
	Devon	
	Y 8	Y 10
Male	9	10
Female	11	14

26% of pupils had a high pupil perception score.

Q45. Percentage who had a high pupil perception score.

	Devon	
	Y 8	Y 10
Male	34	27
Female	28	17

Q45. Percentage of pupils responding that they 'agree' with the following statements:

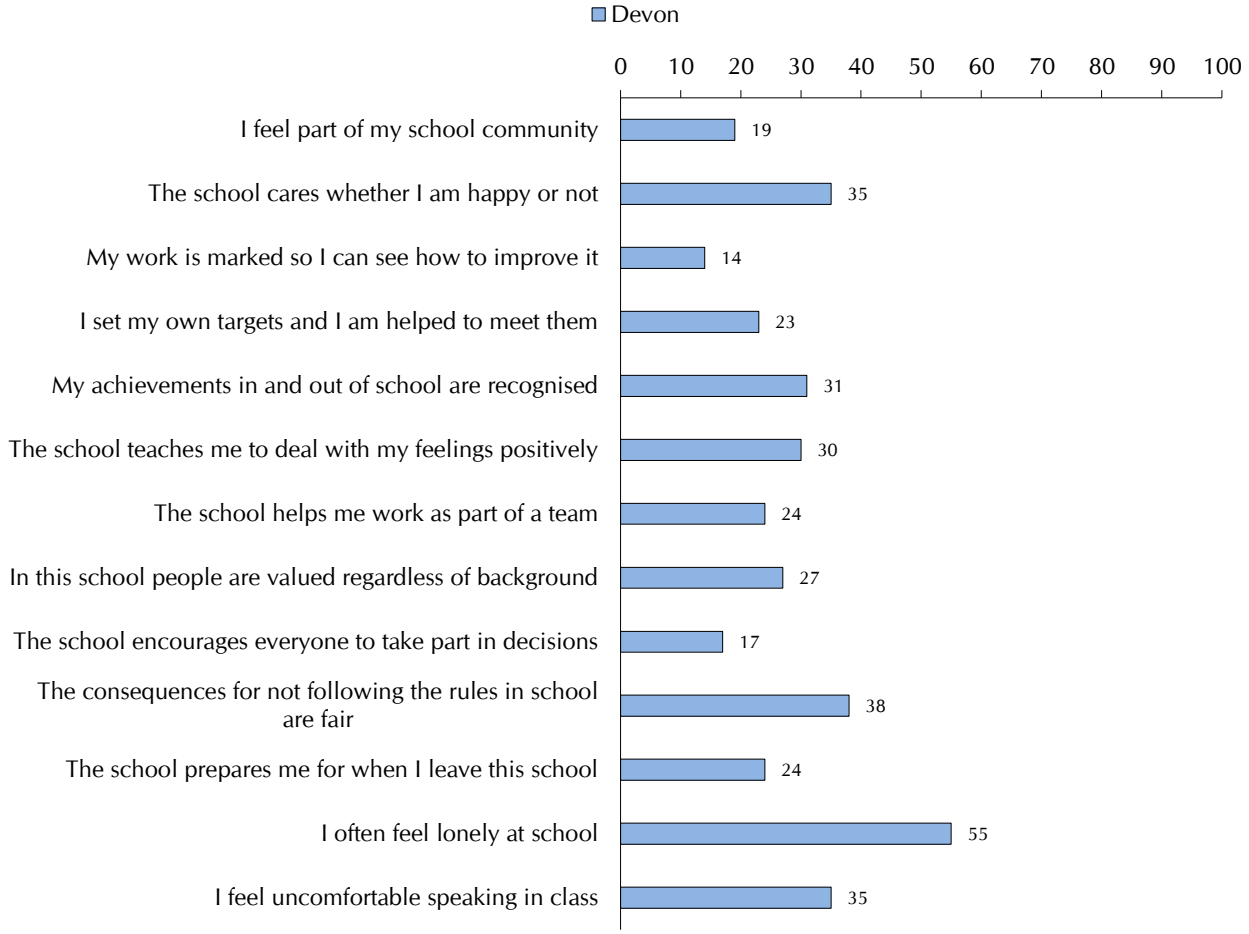


26% of pupils agreed that the school cares whether they are happy or not and 38% agreed that people are valued regardless of background in their school.

Q45. Percentage of pupils responding that they 'agree' with the following statements:

	Year 8	Year 10	Total
I feel part of my school community	46	39	43
The school cares whether I am happy or not	32	20	26
My work is marked so I can see how to improve it	59	58	59
I set my own targets and I am helped to meet them	36	37	37
My achievements in and out of school are recognised	37	31	34
The school teaches me to deal with my feelings positively	32	24	28
The school helps me work as part of a team	41	31	36
In this school people are valued regardless of background	41	35	38
The school encourages everyone to take part in decisions	50	44	47
The consequences for not following the rules in school are fair	29	26	28
The school prepares me for when I leave this school	37	31	34
I often feel lonely at school	20	17	19
I feel uncomfortable speaking in class	30	32	31

Q45. Percentage of pupils responding that they 'disagree' with the following statements:



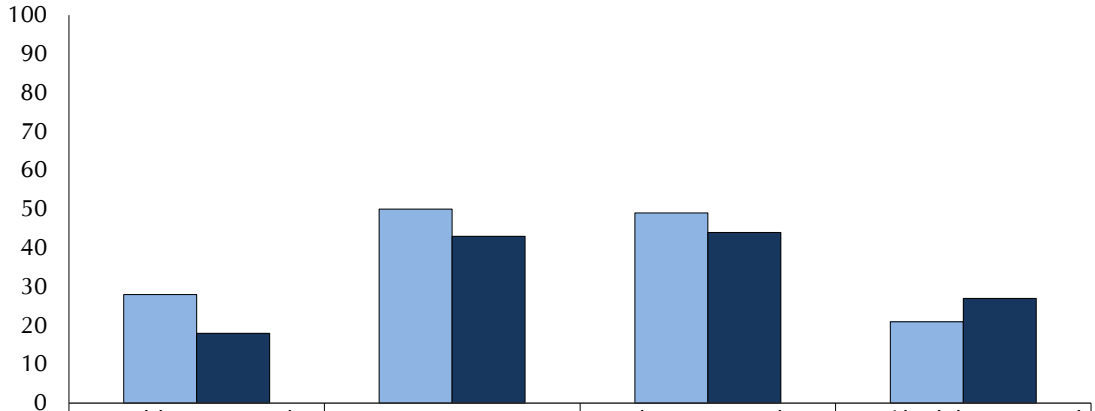
27% of pupils disagreed that people of different backgrounds are valued in their school.

Q45. Percentage of pupils responding that they 'disagree' with the following statements:

	Year 8	Year 10	Total
I feel part of my school community	16	23	19
The school cares whether I am happy or not	30	39	35
My work is marked so I can see how to improve it	14	13	14
I set my own targets and I am helped to meet them	23	23	23
My achievements in and out of school are recognised	28	34	31
The school teaches me to deal with my feelings positively	25	36	30
The school helps me work as part of a team	22	27	24
In this school people are valued regardless of background	22	32	27
The school encourages everyone to take part in decisions	15	20	17
The consequences for not following the rules in school are fair	35	41	38
The school prepares me for when I leave this school	21	27	24
I often feel lonely at school	53	57	55
I feel uncomfortable speaking in class	36	35	35

School toilets

Q46. Percentage of pupils responding 'often' or 'always' to the following statements about school toilets:



	I am able to access the toilet at school as often as I need to	I feel safe using the toilets at school	There is enough privacy when using the school toilets	I eat/drink less to avoid using the toilet in school
Devon Male	28	50	49	21
Devon Female	18	43	44	27

23% of pupils said they are 'often' or 'always' able to access the toilet at school as often as they need to, while 24% of males and 26% of females said they 'never' are.

Q46. Percentage answering that they are 'often' or 'always' able to access the toilet at school as often as they need to.

	Devon	
	Y 8	Y 10
Male	26	30
Female	20	15

46% of pupils said they 'often' or 'always' feel safe using the toilets at school, while 23% of males and 24% of females said they 'never' do.

Q46. Percentage answering that they 'often' or 'always' feel safe using the toilets at school.

	Devon	
	Y 8	Y 10
Male	48	52
Female	46	40

46% of pupils said there is 'often' or 'always' enough privacy when using the school toilets, while 24% of males and 26% of females said there 'never' is.

Q46. Percentage answering that there is 'often' or 'always' enough privacy when using the school toilets.

	Devon	
	Y 8	Y 10
Male	52	46
Female	49	38

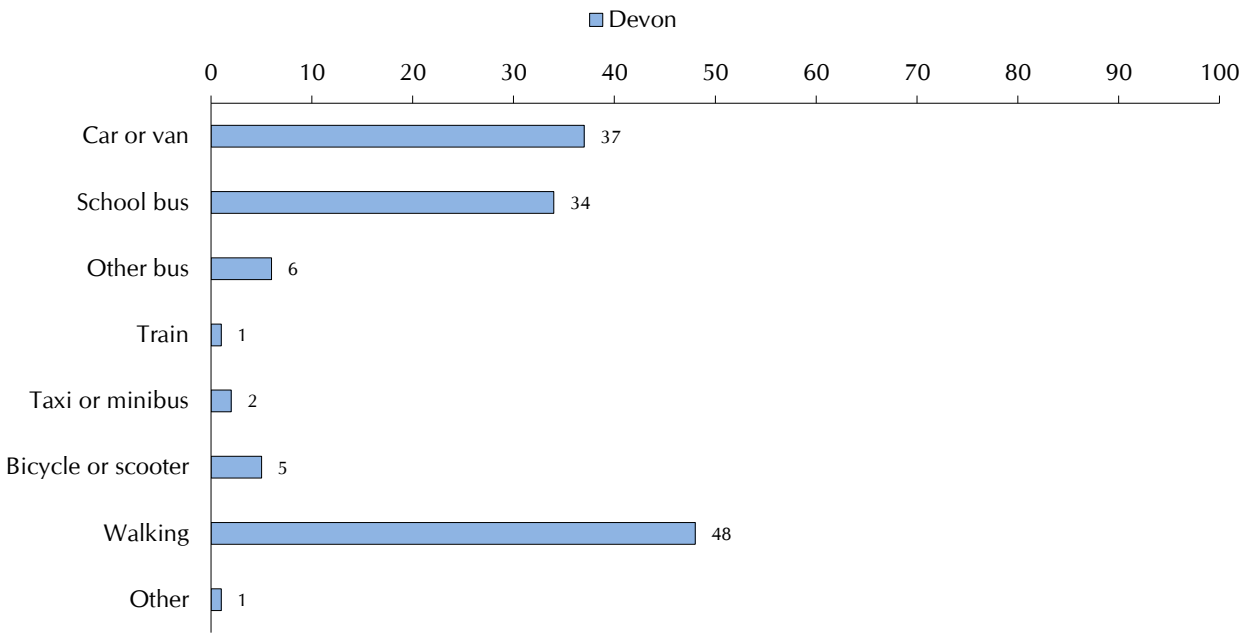
25% of pupils said they 'often' or 'always' eat/drink less to avoid using the toilet in school, while 59% of males and 43% of females said they 'never' do.

Q46. Percentage answering that they 'often' or 'always' eat/drink less to avoid using the toilet in school.

	Devon	
	Y 8	Y 10
Male	24	18
Female	27	28

Travel to school

Q47. How do you usually travel to school?



37% of pupils said they usually travel to school by car or van.

Q47. Percentage answering that they usually travel to school by car or van.

	Devon	
	Y 8	Y 10
Male	33	34
Female	38	43

5% of pupils said they usually travel to school by bicycle or scooter.

Q47. Percentage answering that they usually travel to school by bicycle or scooter.

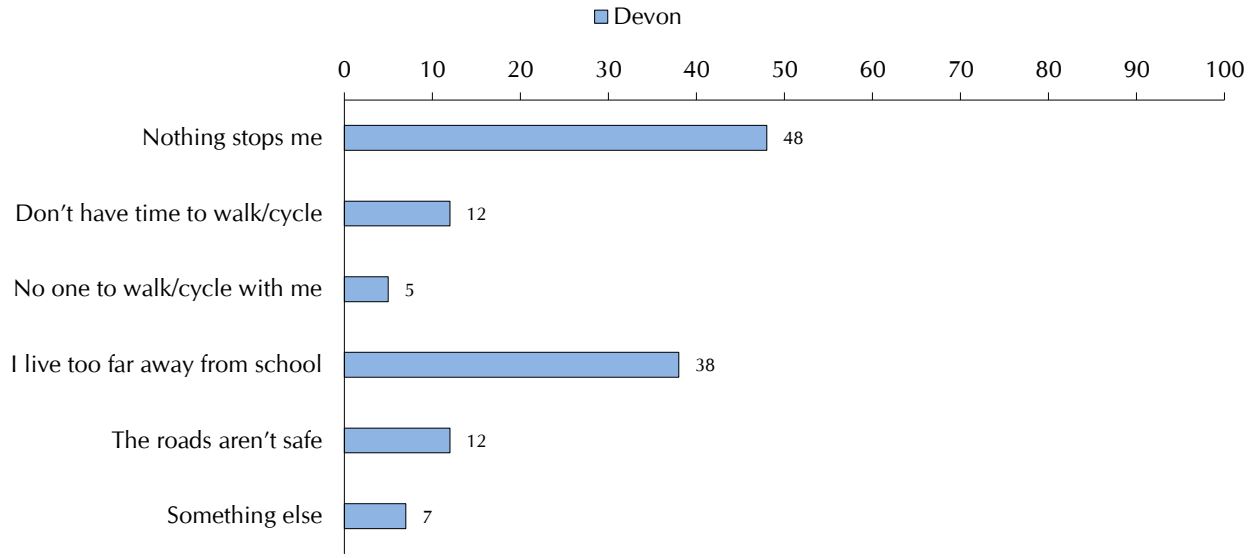
	Devon	
	Y 8	Y 10
Male	9	6
Female	2	0

48% of pupils said they usually walk to school.

Q47. Percentage answering that they usually walk to school.

	Devon	
	Y 8	Y 10
Male	48	48
Female	50	46

Q48. Percentage of pupils responding that the following things stop them from walking/cycling to or from school:



38% of pupils said they are stopped from walking/cycling to or from school because they live too far away and 12% said the roads aren't safe.

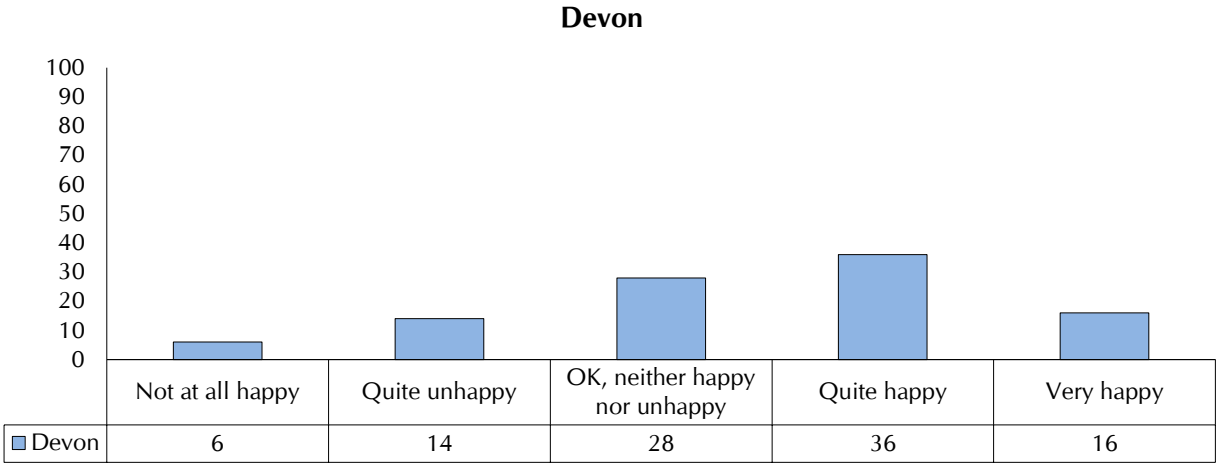
Q48. Percentage of pupils responding that the following things stop them from walking/cycling to or from school:

	Male			Female	
1	Nothing stops me	53	1	Nothing stops me	44
2	I live too far away from school	35	2	I live too far away from school	41
3	Don't have time to walk/cycle	12	3	The roads aren't safe	14
4	The roads aren't safe	11	4	Don't have time to walk/cycle	13
5	Something else	7	5	Something else	7
6	No one to walk/cycle with me	4	6	No one to walk/cycle with me	6

Emotional Health & Wellbeing

Happiness

Q49. In general, how happy do you feel with your life at the moment?



6% of pupils responded that they are 'not at all' happy with their life at the moment.

Q49. Percentage answering that they are 'not at all' happy with their life at the moment.

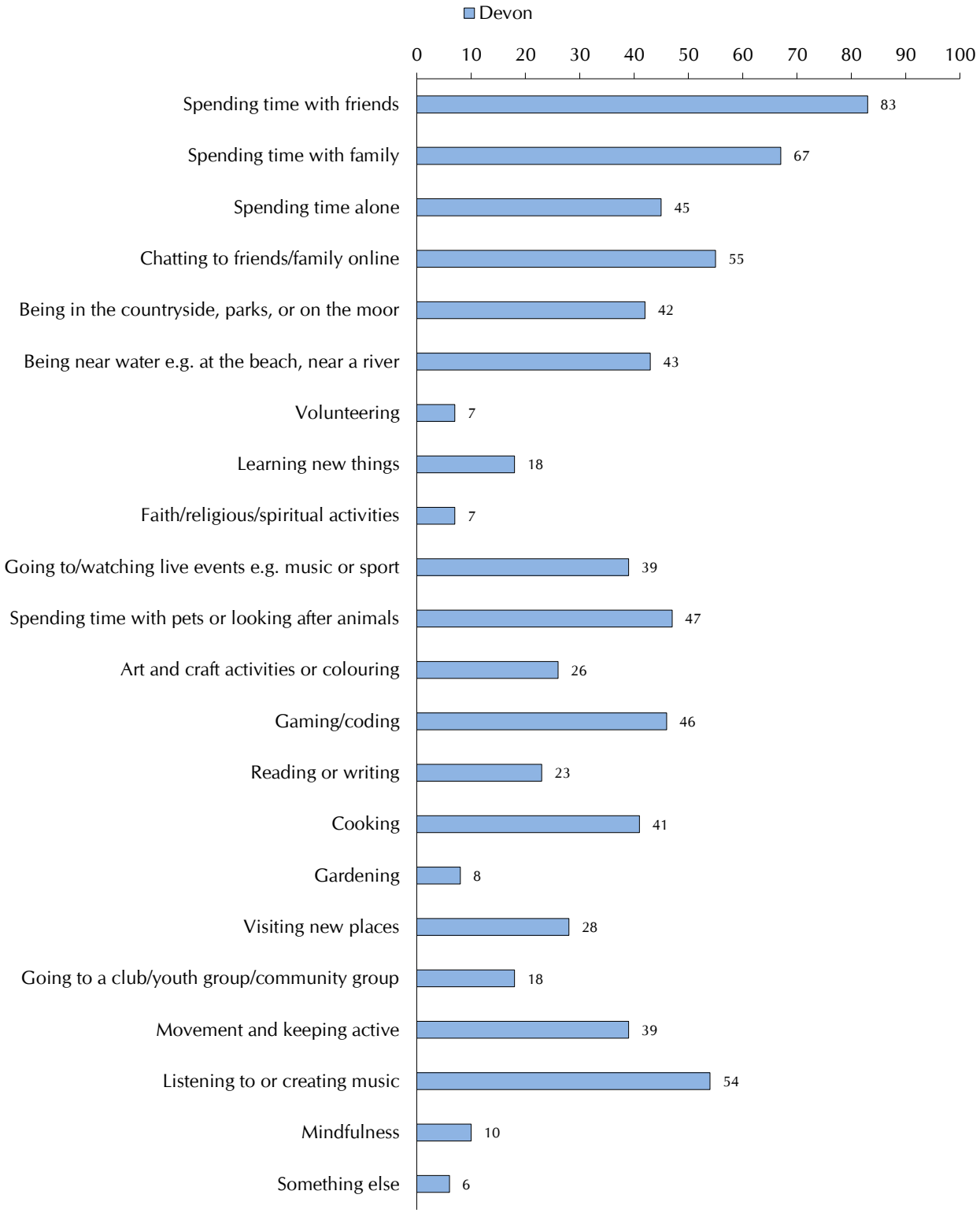
	Devon	
	Y 8	Y 10
Male	5	4
Female	6	8

52% of pupils responded that they are 'quite' or 'very' happy with their life at the moment.

Q49. Percentage answering that they are 'quite' or 'very' happy with their life at the moment.

	Devon	
	Y 8	Y 10
Male	60	60
Female	52	38

Q50. Percentage of pupils responding that the following things in their life help them to feel happy or positive:

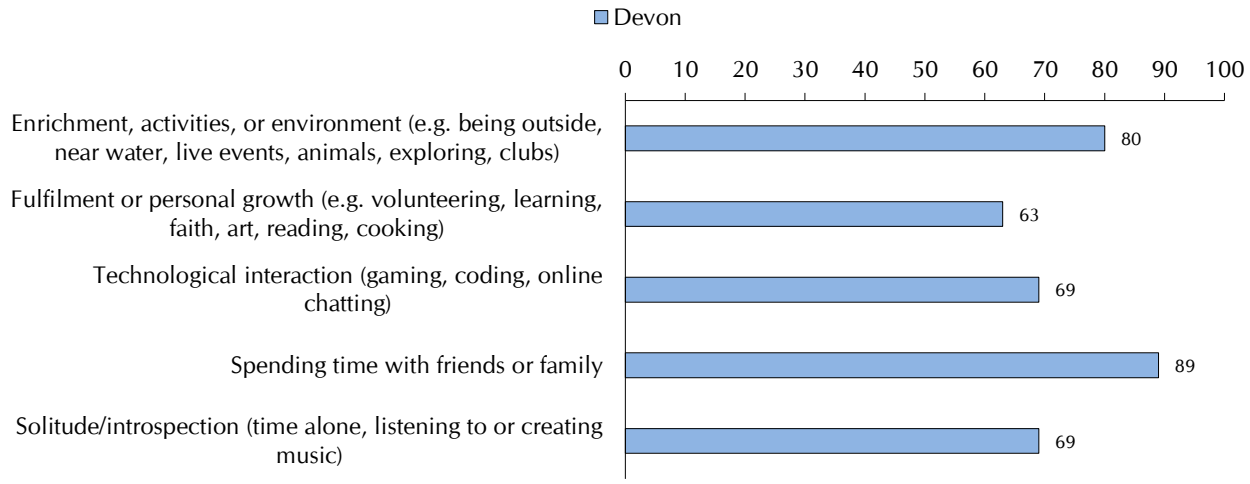


83% of pupils said spending time with friends helps them to feel happy or positive; 67% said the same of spending time with family.

Q50. Percentage of pupils responding that the following things in their life help them to feel happy or positive (top 5):

	Male			Female	
1	Spending time with friends	82	1	Spending time with friends	85
2	Spending time with family	69	2	Spending time with family	67
3	Gaming/coding	67	3	Listening to or creating music	64
4	Chatting to friends/family online	56	4	Spending time with pets or looking after animals	56
5	Listening to or creating music	44	5	Chatting to friends/family online	54

Q50. Percentage of pupils responding that the following things in their life help them to feel happy or positive:



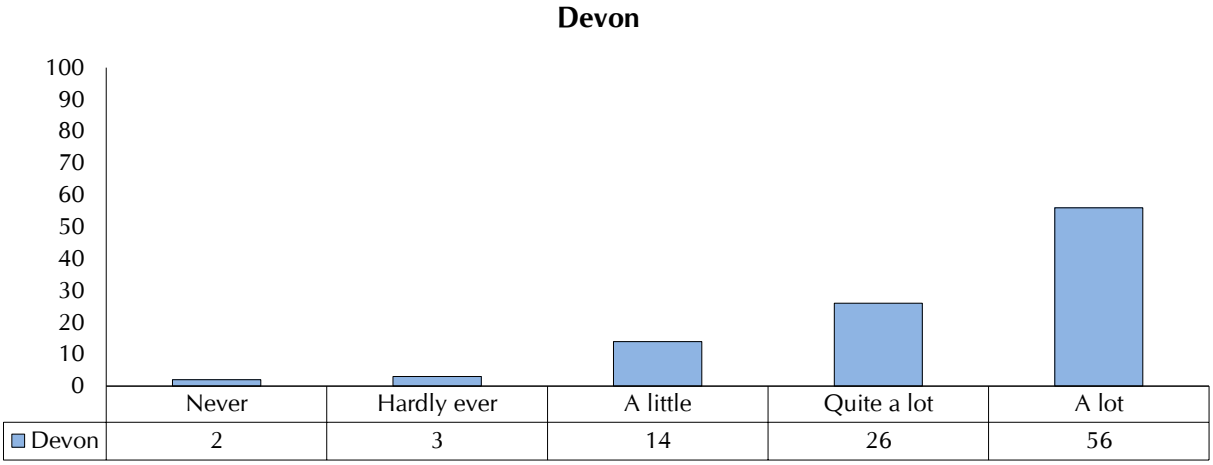
These figures show the responses to Q50 grouped into similarly themed subjects. For instance, 54% of males and 71% of females selected responses related to personal growth or fulfilment (e.g. volunteering, learning, faith, art).

Q50. Percentage of pupils responding that the following things in their life help them to feel happy or positive:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Enrichment, activities, or environment (e.g. being outside, near water, live events, animals, exploring, clubs, or keeping active)	77	83	81	83	80
Fulfilment or personal growth (e.g. volunteering, learning, faith, art, reading, cooking, gardening, mindfulness)	56	72	52	69	63
Technological interaction (gaming, coding, online chatting)	80	63	77	58	69
Spending time with friends or family	88	92	89	89	89
Solitude/introspection (time alone, listening to or creating music)	57	73	67	82	69

Worrying

Q51. Worrying summary: Percentage of pupils responding that they worry about at least one issue...:



This shows the highest worry level. For example, if a pupil 'never' worries about 22 topics, but worries 'quite a lot' about one, then they'll appear under 'quite a lot'.

82% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q51. Percentage answering that they worry 'quite a lot' or 'a lot' about at least one of the issues listed.

	Devon	
	Y 8	Y 10
Male	76	75
Female	84	93

28% of males and 50% of females responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

Q51. Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

	Devon	
	Y 8	Y 10
Male	32	24
Female	42	58

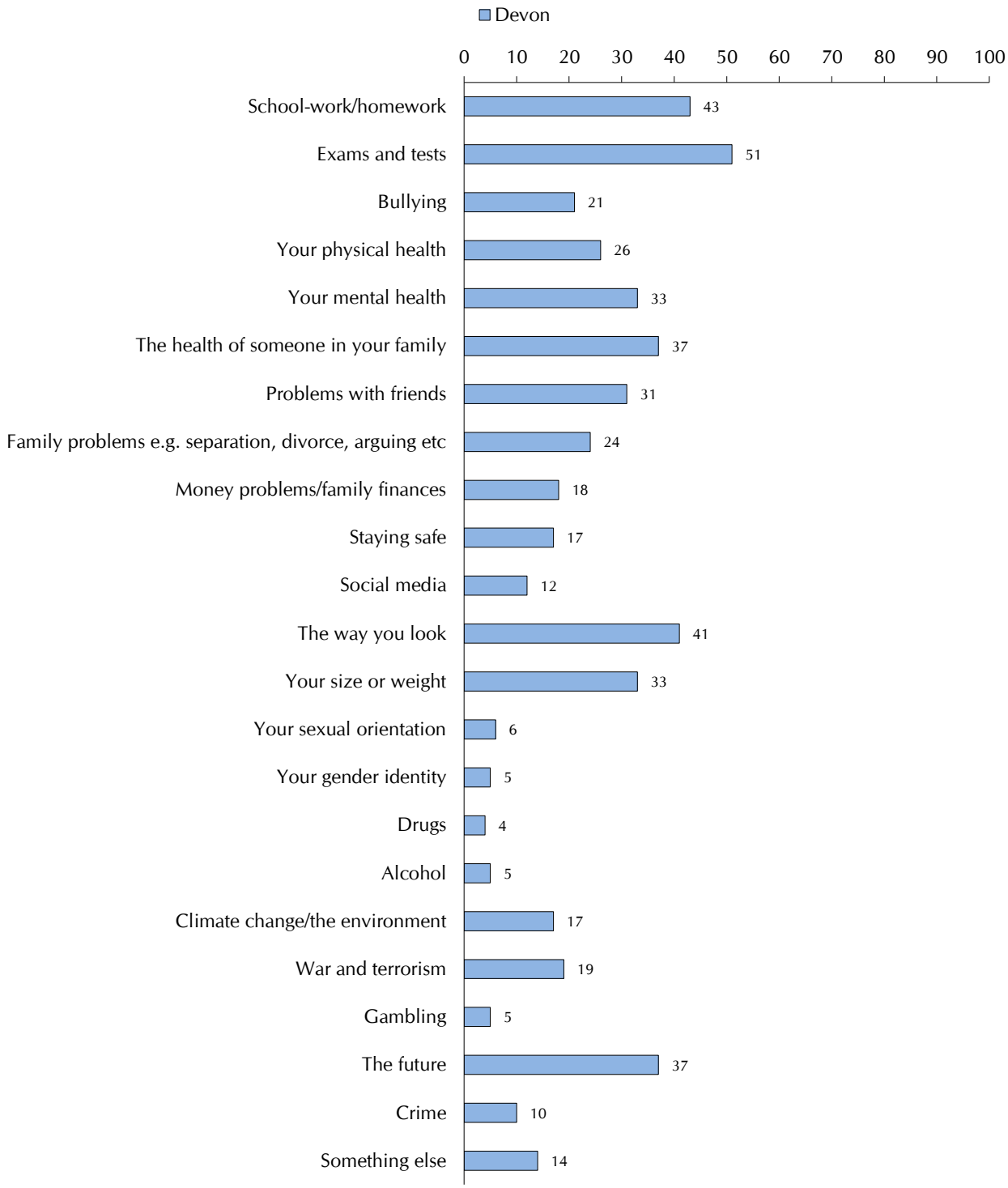
41% of pupils responded that they worry about the way they look 'quite a lot' or 'a lot' and 24% said they worry about family problems.

Q51. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10):

	Male			Female	
1	Exams and tests	41	1	Exams and tests	61
2	School-work/homework	35	2	The way you look	54
3	The health of someone in your family	33	3	School-work/homework	49
4	The future	29	4	Your size or weight	46
5	The way you look	28	5	The future	45
6	Your mental health	23	6	Your mental health	43
7	Your physical health	22	7	Problems with friends	42
8	Problems with friends	21	8	The health of someone in your family	41
9	Your size or weight	21	9	Your physical health	28
10	Family problems e.g. separation, divorce, arguing etc	20	10	Family problems e.g. separation, divorce, arguing etc	28

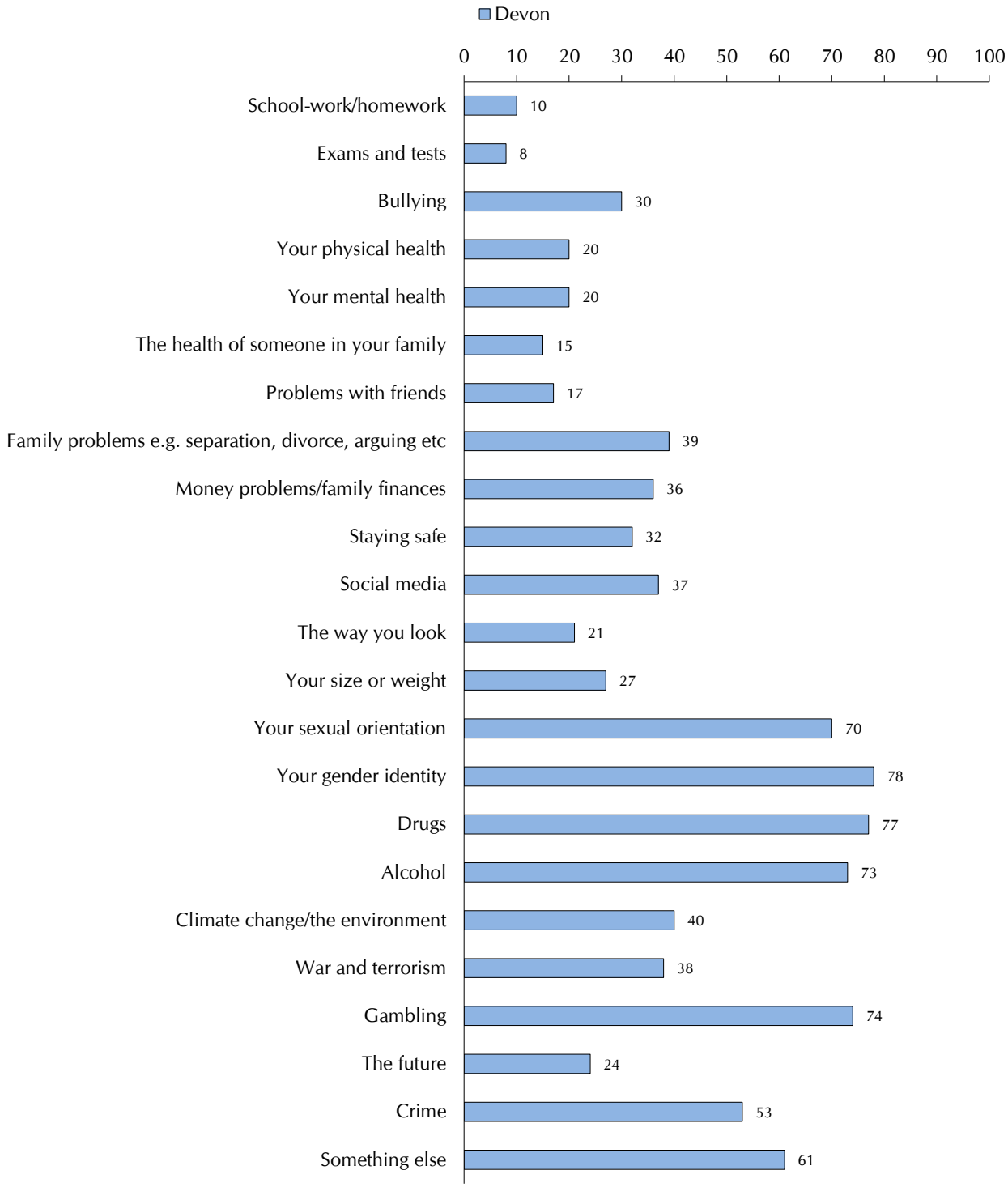
21% of pupils responded that they worry about bullying 'quite a lot' or 'a lot' and 37% said they worry about the future.

Q51. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



77% of pupils responded that they 'never' worry about drugs and 73% said the same about alcohol.

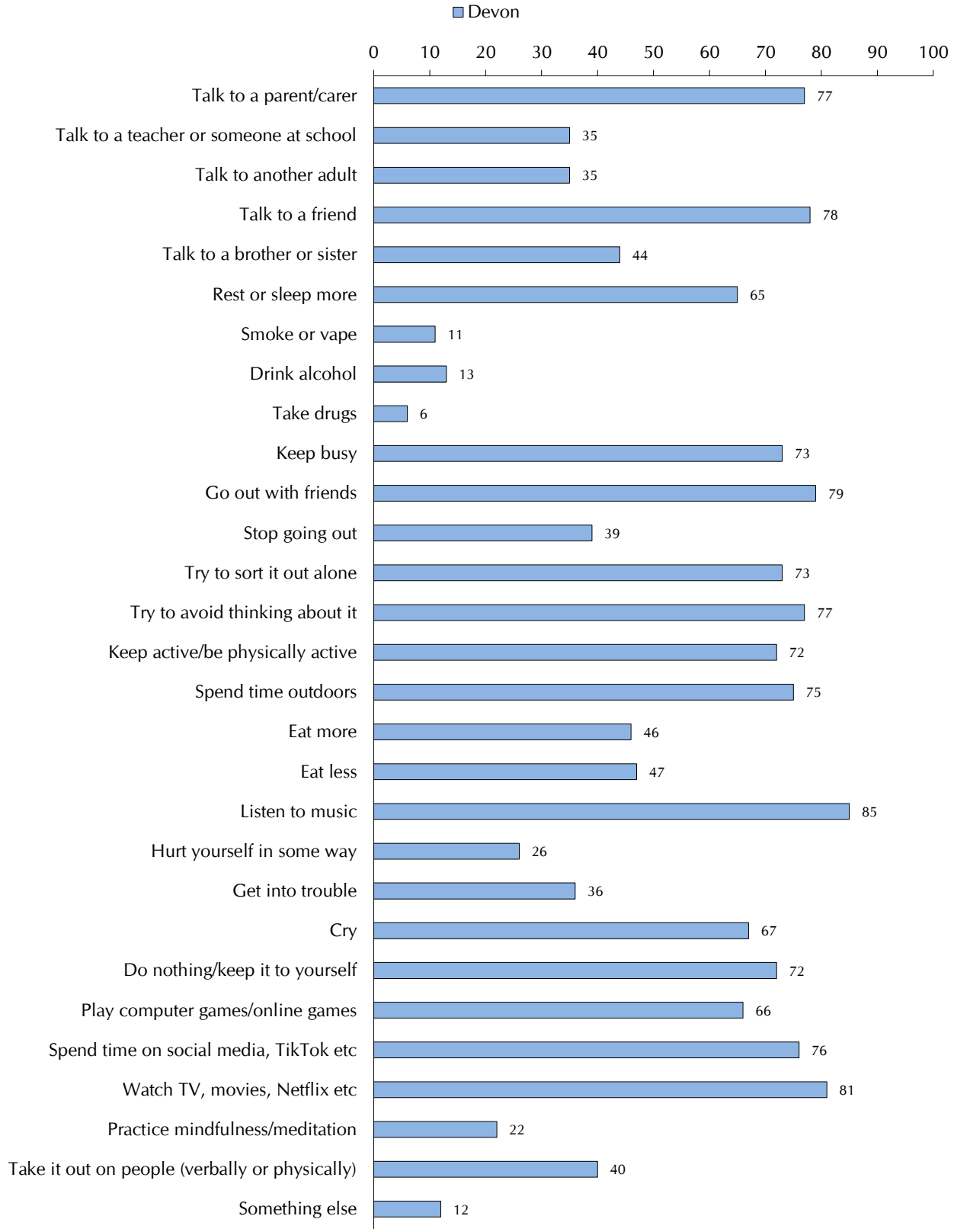
Q51. Percentage of pupils responding that they 'never' worry about the following:



Problem solving

81% of pupils responded that they at least 'sometimes' watch TV when they have a problem that worries them, or they are feeling stressed.

Q52. Percentage of pupils responding that they at least 'sometimes' do the following when they have a problem that worries them, or they are feeling stressed:



77% of pupils responded that they at least 'sometimes' talk to a parent/carer when they have a problem that worries them or they are feeling stressed, whereas 85% listen to music.

Q52. Percentage of pupils responding that they at least 'sometimes' do the following when they have a problem that worries them, or they are feeling stressed (top 10):

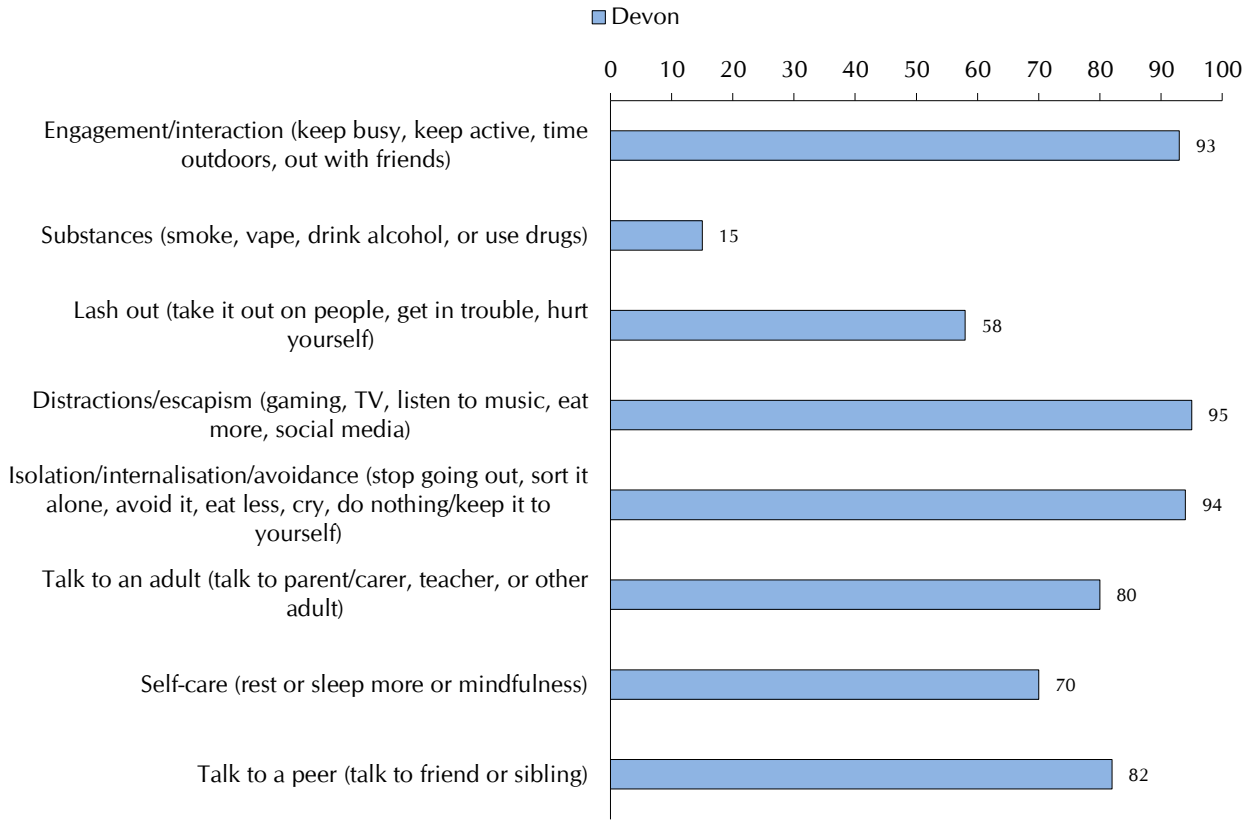
	Male			Female	
1	Play computer games/online games	81	1	Listen to music	91
2	Listen to music	80	2	Watch TV, movies, Netflix etc	86
3	Talk to a parent/carer	79	3	Cry	85
4	Spend time outdoors	78	4	Talk to a friend	82
5	Watch TV, movies, Netflix etc	77	5	Go out with friends	82
6	Go out with friends	77	6	Try to avoid thinking about it	81
7	Keep active/be physically active	76	7	Spend time on social media, TikTok etc	80
8	Talk to a friend	74	8	Try to sort it out alone	78
9	Try to avoid thinking about it	73	9	Talk to a parent/carer	77
10	Spend time on social media, TikTok etc	73	10	Do nothing/keep it to yourself	77

26% of pupils at least 'sometimes' hurt themselves in some way when they have a problem that worries them or they are feeling stressed.

Q52. Percentage of pupils who at least 'sometimes' hurt themselves in some way when they have a problem that worries them or they are feeling stressed.

	Devon	
	Y 8	Y 10
Male	26	14
Female	28	35

Q52. Percentage of pupils responding that they at least 'sometimes' do the following when they have a problem that worries them, or they are feeling stressed:



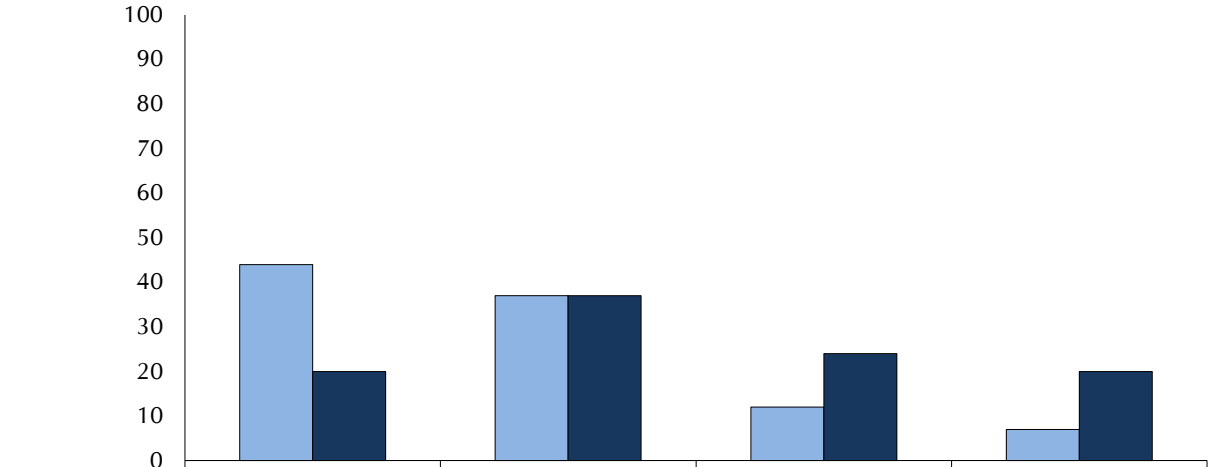
68% of Year 8 pupils and 71% of Year 10 pupils said they at least 'sometimes' practice self-care when they have a problem that worries them, or they are feeling stressed, while 8% of Year 8 pupils and 24% of Year 10 pupils use substances.

Q52. Percentage of pupils responding that they at least 'sometimes' do the following when they have a problem that worries them, or they are feeling stressed:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Engagement/interaction (keep busy, keep active, time outdoors, out with friends)	93	95	91	94	93
Substances (smoke, vape, drink alcohol, or use drugs)	9	6	24	24	15
Lash out (take it out on people, get in trouble, hurt yourself)	57	60	47	69	58
Distractions/escapism (gaming, TV, listen to music, eat more, social media)	94	97	93	98	95
Isolation/internalisation/avoidance (stop going out, sort it alone, avoid it, eat less, cry, do nothing/keep it to yourself)	92	96	89	98	94
Talk to an adult (talk to parent/carer, teacher, or other adult)	85	83	75	79	80
Self-care (rest or sleep more or mindfulness)	66	71	64	78	70
Talk to a peer (talk to friend or sibling)	79	86	76	85	82

Body image

Q54a. In general, how frequently do these things apply to you?
How I feel about my body and/or appearance negatively impacts my mood



	Never	Sometimes	Often	Always
Devon Male	44	37	12	7
Devon Female	20	37	24	20

32% of pupils said how they feel about their body and/or appearance 'never' negatively impacts their mood, while 37% said it 'sometimes' does.

Q54a. Percentage answering that how they feel about their body and/or appearance 'never' negatively impacts their mood.

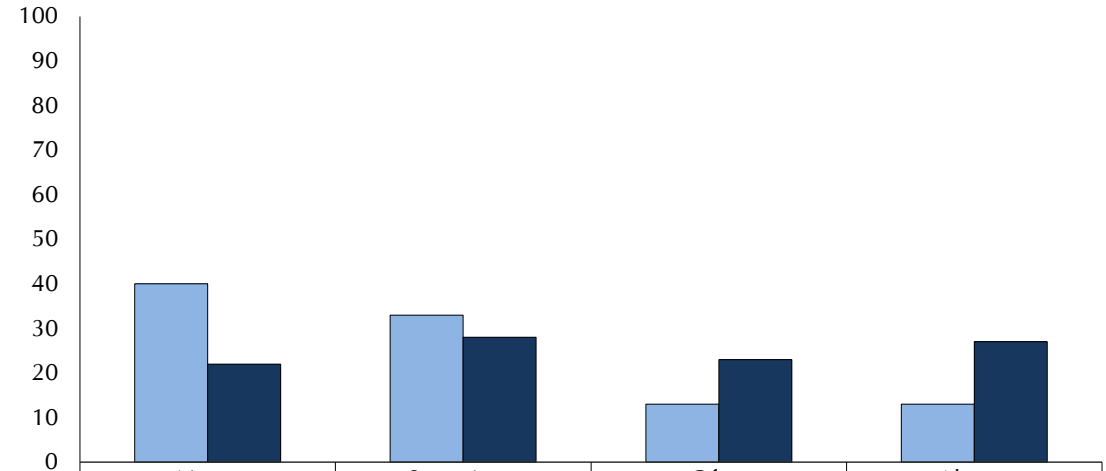
	Devon	
	Y 8	Y 10
Male	44	44
Female	25	14

19% of males and 43% of females said how they feel about their body and/or appearance 'often' or 'always' negatively impacts their mood.

Q54a. Percentage answering that how they feel about their body and/or appearance 'often' or 'always' negatively impacts their mood.

	Devon	
	Y 8	Y 10
Male	20	17
Female	37	51

Q54b. In general, how frequently do these things apply to you?
I would like to change my body and/or the way that I look



	Never	Sometimes	Often	Always
Devon Male	40	33	13	13
Devon Female	22	28	23	27

31% of pupils said they would 'never' like to change their body and/or the way they look, while 31% said they 'sometimes' do.

Q54b. Percentage answering that how they feel about their body and/or appearance 'never' negatively impacts their mood.

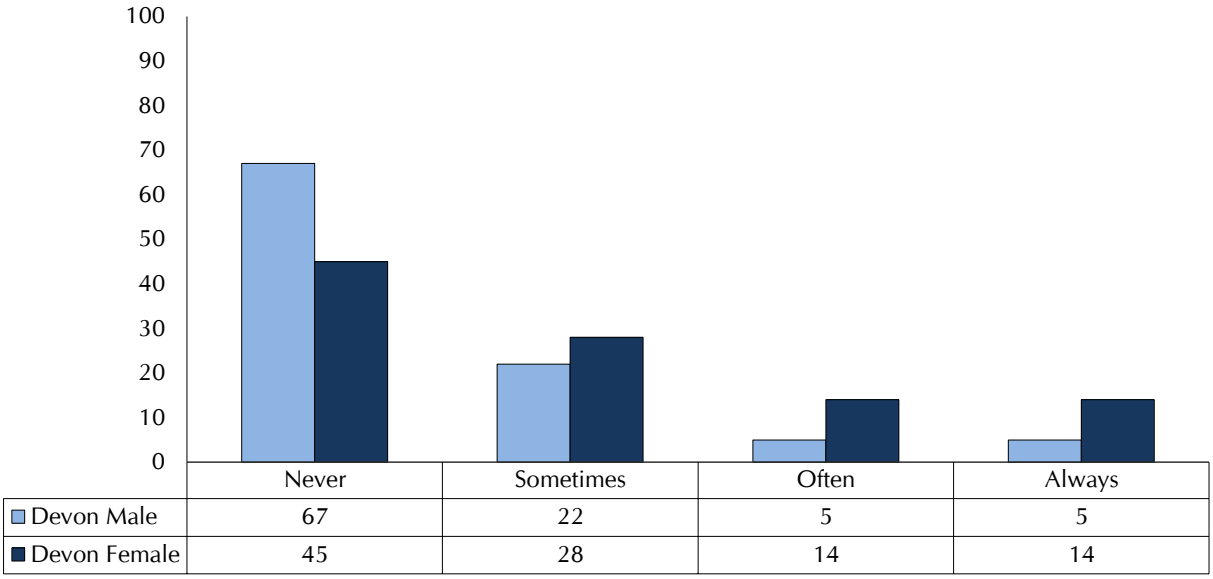
	Devon	
	Y 8	Y 10
Male	44	36
Female	28	16

26% of males and 50% of females said they would 'often' or 'always' like to change their body and/or the way they look.

Q54b. Percentage answering that they would 'often' or 'always' like to change their body and/or the way they look.

	Devon	
	Y 8	Y 10
Male	24	29
Female	44	57

Q54c. In general, how frequently do these things apply to you?
I don't do the things/activities I would like to because I am worried about how I look



	Never	Sometimes	Often	Always
Devon Male	67	22	5	5
Devon Female	45	28	14	14

56% of pupils said they 'never' avoid doing the things/activities they would like to because they are worried about how they look, while 25% said they 'sometimes' do.

Q54c. Percentage answering that they 'never' avoid doing the things/activities they would like to do because they are worried about how they look.

	Devon	
	Y 8	Y 10
Male	67	68
Female	54	35

10% of males and 28% of females said they 'often' or 'always' avoid doing the things/activities they would like to because they are worried about how they look.

Q54c. Percentage answering that they 'often' or 'always' avoid doing the things/activities they would like to because they are worried about how they look.

	Devon	
	Y 8	Y 10
Male	10	10
Female	23	33

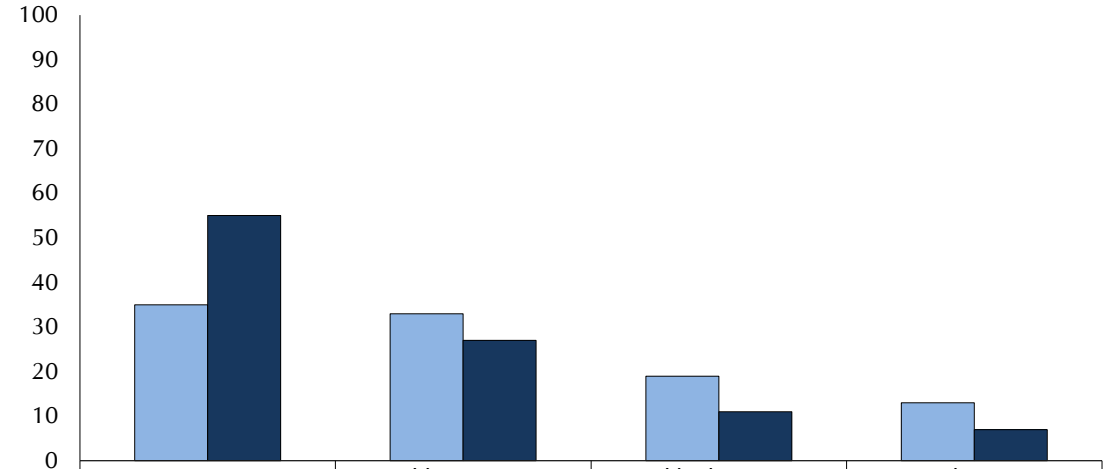
31% of males and 57% of females said that at least one of the negative statements about appearance 'often' or 'always' apply to them; 7% of males and 22% of females said that all three apply to them.

Q54a-c. Percentage answering that at least one of the negative statements about appearance 'often' or 'always' apply to them.

	Devon	
	Y 8	Y 10
Male	31	32
Female	51	63

Resilience

Q55/56. Composite resilience score:



	Low (up to 16)	Med-low (17 - 20)	Med-high (21 - 23)	High (24+)
Devon Male	35	33	19	13
Devon Female	55	27	11	7

We have used questions 55 & 56 to form an overall measure of "resilience". 11 of the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

46% of pupils had a low measure of resilience (up to 16).

Q55/56. Percentage with a low measure of resilience (up to 16).

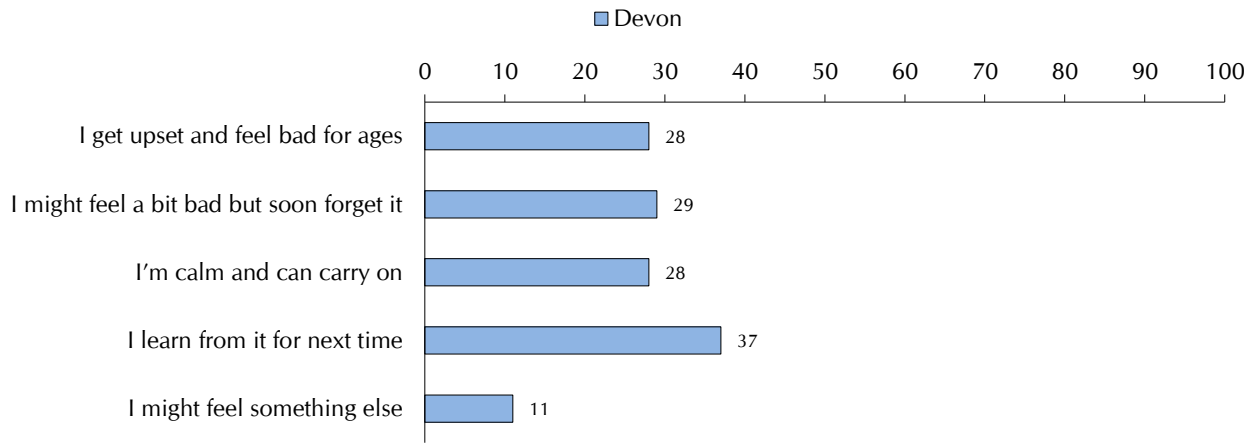
	Devon	
	Y 8	Y 10
Male	36	35
Female	50	60

10% of pupils had a high measure of resilience (24+).

Q55/56. Percentage with a high measure of resilience (24+).

	Devon	
	Y 8	Y 10
Male	15	11
Female	10	5

Q55. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:

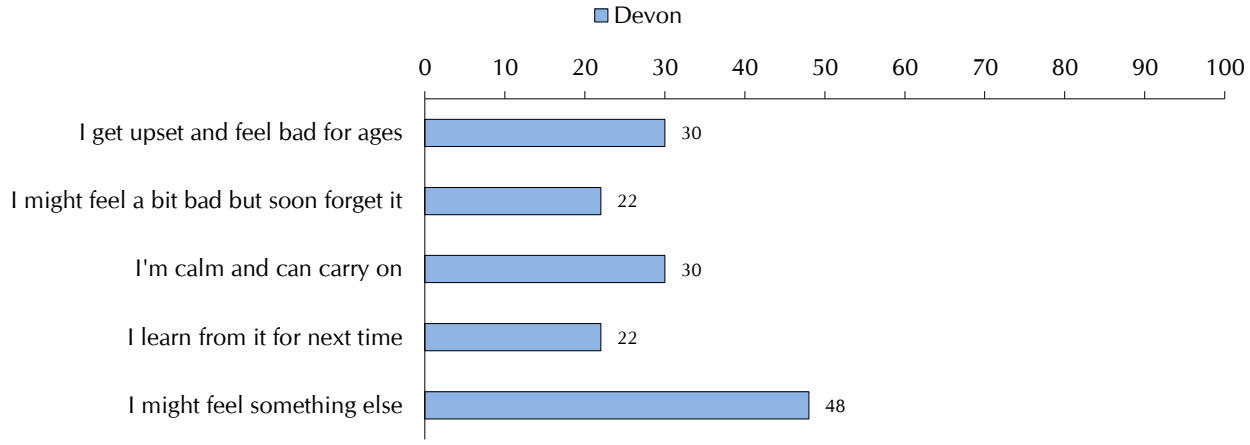


37% of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 28% said they get upset and feel bad for ages.

Q55. Percentage of pupils responding that they 'usually' or 'always' feel the following when something goes wrong:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I get upset and feel bad for ages	14	34	12	52	28
I might feel a bit bad but soon forget it	31	31	27	26	29
I'm calm and can carry on	35	20	40	16	28
I learn from it for next time	41	33	42	33	37
I might feel something else	12	11	6	15	11

Q55. Percentage of pupils responding that they 'never' feel the following when something goes wrong:

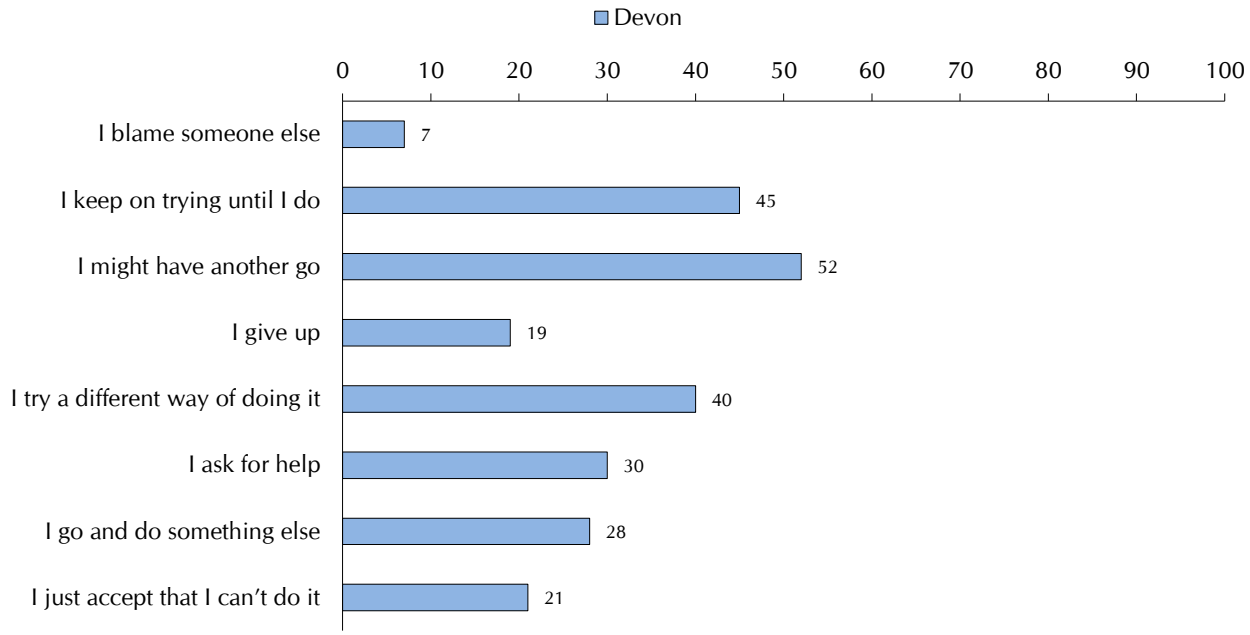


22% of pupils responded that when something goes wrong they are 'never' calm and can carry on.

Q55. Percentage of pupils responding that they 'never' feel the following when something goes wrong:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I get upset and feel bad for ages	40	21	47	11	30
I might feel a bit bad but soon forget it	24	23	23	18	22
I'm calm and can carry on	22	38	21	36	30
I learn from it for next time	20	26	20	21	22
I might feel something else	50	46	53	44	48

Q56. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:

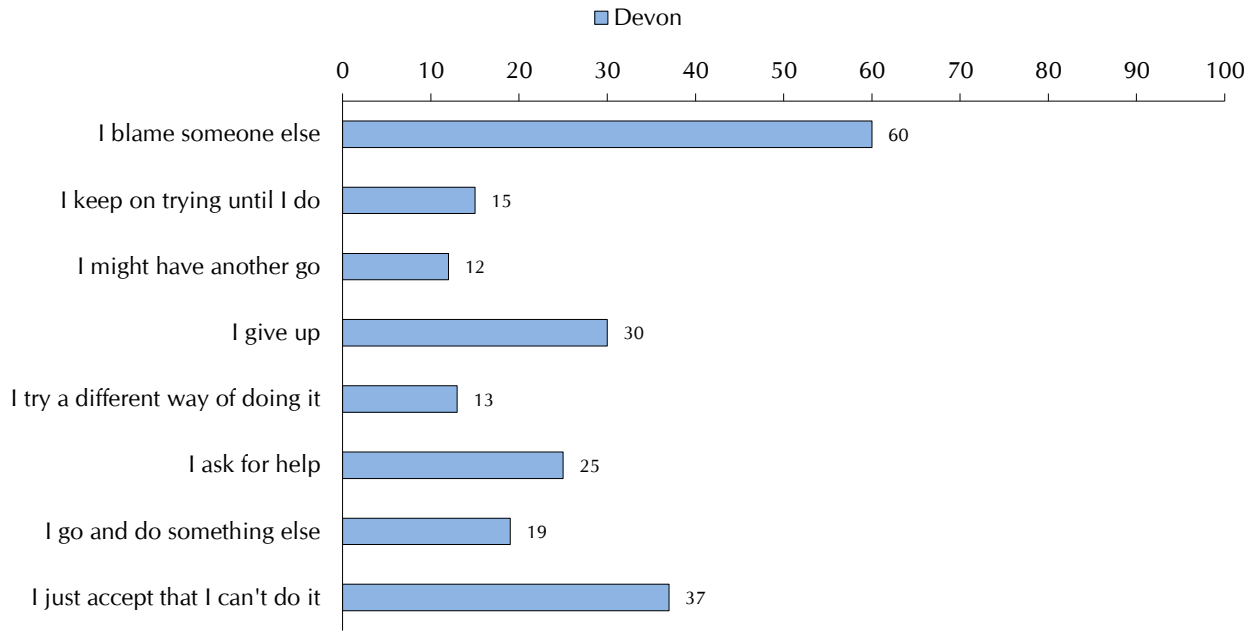


45% of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 30% ask for help and 19% give up.

Q56. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I blame someone else	8	6	6	7	7
I keep on trying until I do	53	39	52	35	45
I might have another go	60	45	58	46	52
I give up	12	25	11	26	19
I try a different way of doing it	42	40	41	36	40
I ask for help	31	36	26	27	30
I go and do something else	24	30	24	34	28
I just accept that I can't do it	18	23	15	27	21

Q56. Percentage of pupils responding that they 'never' do the following if at first they don't succeed:

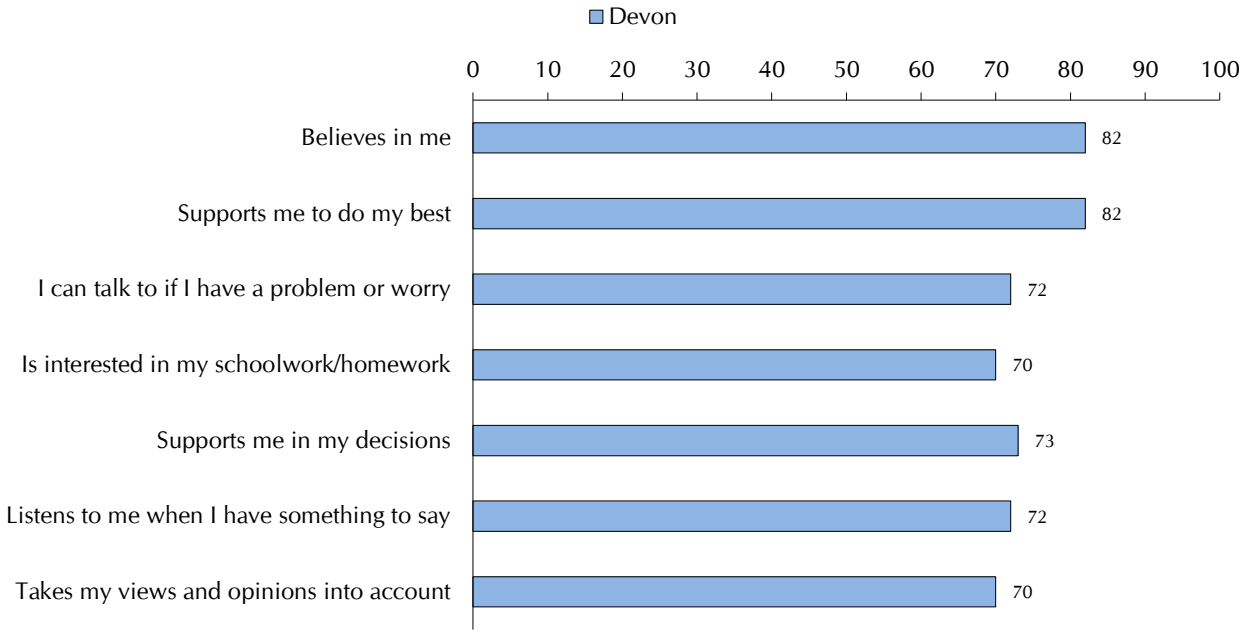


30% of pupils responded that if at first they don't succeed, they 'never' give up.

Q56. Percentage of pupils responding that they 'never' do the following if at first they don't succeed:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
I blame someone else	58	68	56	56	60
I keep on trying until I do	13	18	15	13	15
I might have another go	10	14	11	10	12
I give up	39	27	35	16	30
I try a different way of doing it	16	14	13	9	13
I ask for help	22	25	27	24	25
I go and do something else	23	21	18	12	19
I just accept that I can't do it	44	37	41	25	37

Q57. Percentage of pupils responding that there is 'usually' or 'always' at least one adult at home who does the following:

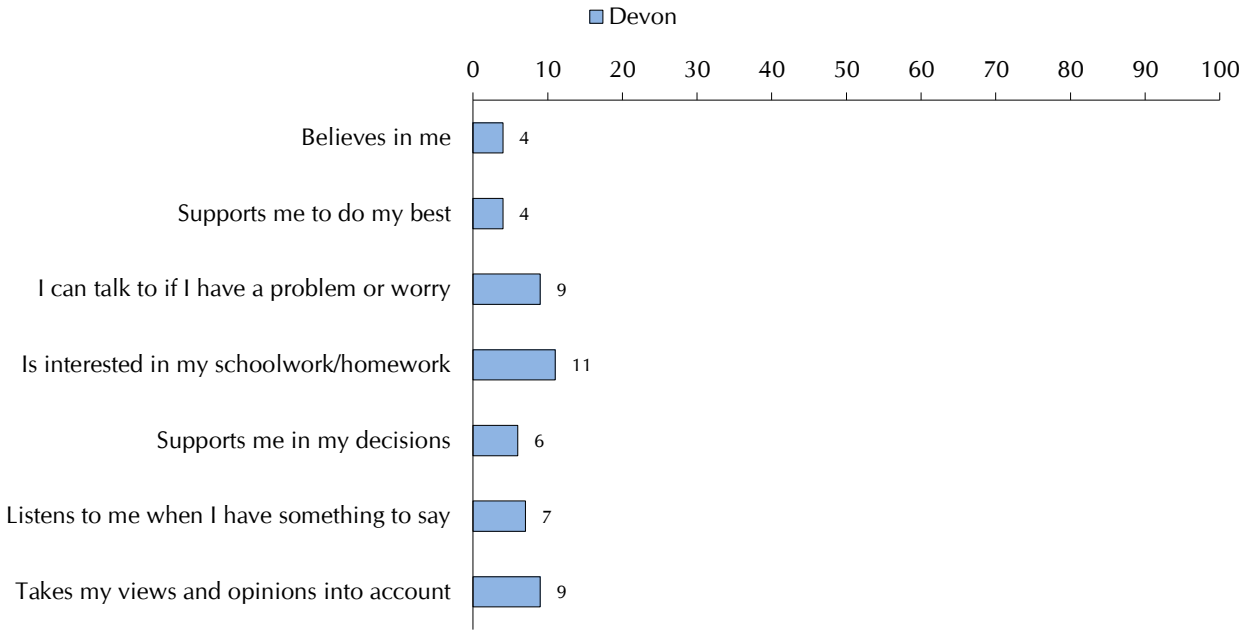


82% of pupils said there is 'usually' or 'always' at least one adult at home who believes in them and 70% said there is at least one adult at home who is interested in their schoolwork/homework.

Q57. Percentage of pupils responding that there is 'usually' or 'always' at least one adult at home who does the following:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Believes in me	86	84	81	76	82
Supports me to do my best	87	85	82	76	82
I can talk to if I have a problem or worry	81	74	74	60	72
Is interested in my schoolwork/homework	74	72	70	63	70
Supports me in my decisions	80	77	73	65	73
Listens to me when I have something to say	78	76	73	62	72
Takes my views and opinions into account	78	73	71	60	70

Q57. Percentage of pupils responding that there is 'never' an adult at home who does the following:



9% of pupils said there is 'never' at least one adult at home who they can talk to if they have a problem or worry.

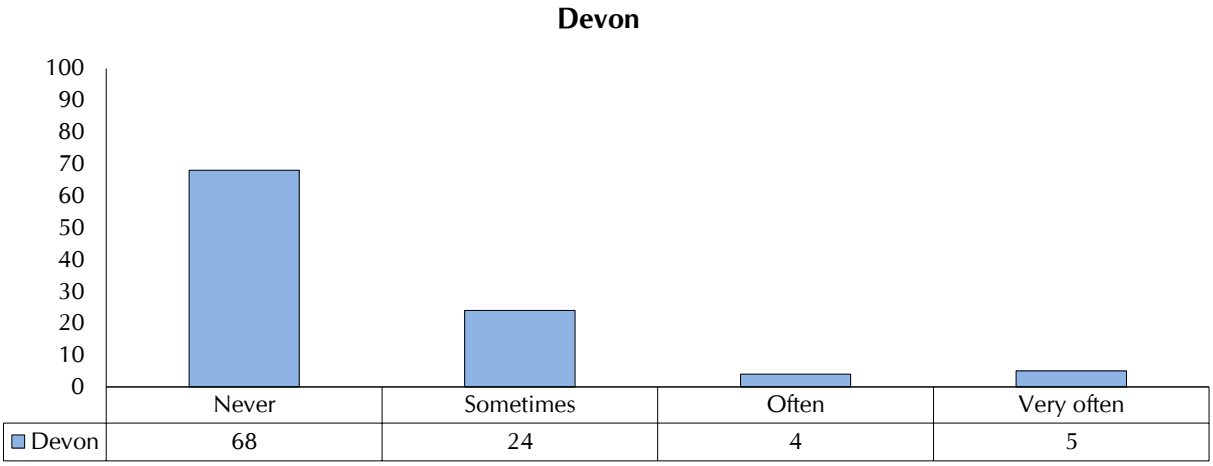
Q57. Percentage of pupils responding that there is 'never' an adult at home who does the following:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Believes in me	4	2	6	3	4
Supports me to do my best	4	2	5	4	4
I can talk to if I have a problem or worry	6	8	9	14	9
Is interested in my schoolwork/homework	10	10	11	11	11
Supports me in my decisions	6	5	7	6	6
Listens to me when I have something to say	5	7	7	9	7
Takes my views and opinions into account	7	8	9	13	9

Staying Safe

Bullying in school

Q58. Do you ever feel afraid of going to school because of bullying?



32% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

Q58. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

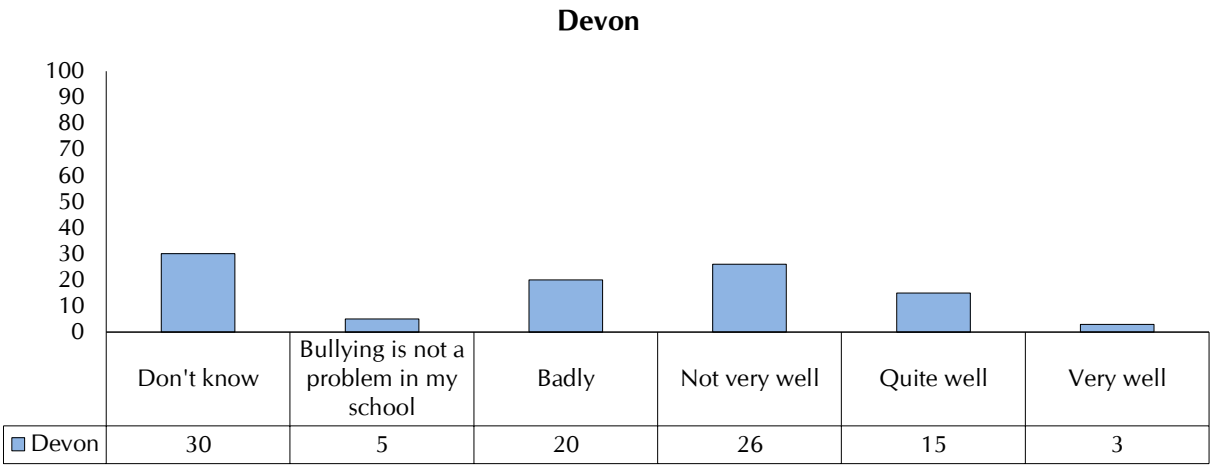
	Devon	
	Y 8	Y 10
Male	30	18
Female	44	36

9% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q58. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	Devon	
	Y 8	Y 10
Male	8	3
Female	13	9

Q59. How well do you think your school deals with bullying?



5% of pupils responded that bullying is not a problem in their school, while 30% said they 'don't know' how well it is dealt with.

Q59. Percentage answering that bullying is not a problem in their school.

	Devon	
	Y 8	Y 10
Male	7	7
Female	4	2

20% of pupils responded that their school deals with bullying 'badly', while 26% said it is dealt with 'not very well'.

Q59. Percentage answering that their school deals with bullying 'badly'.

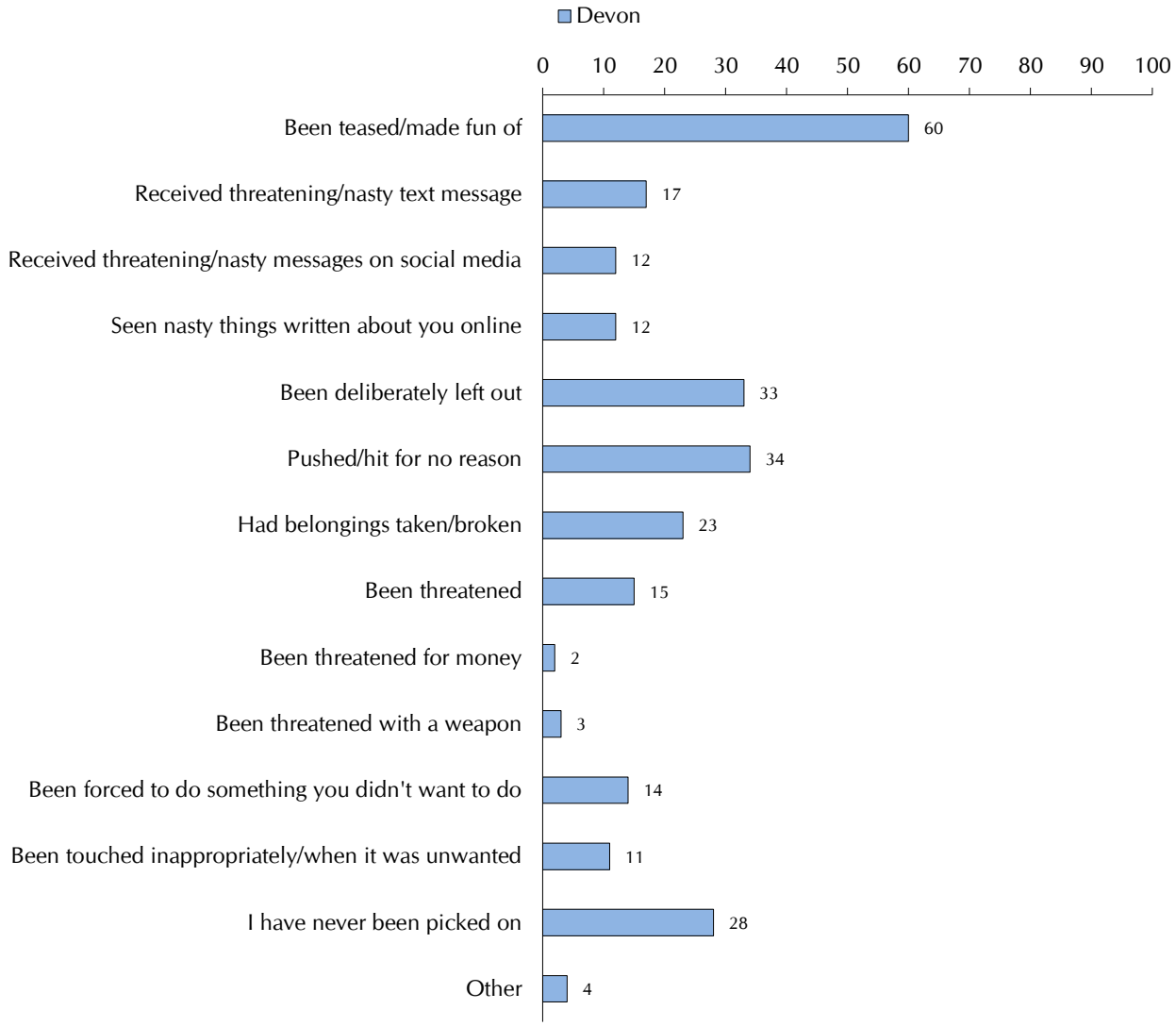
	Devon	
	Y 8	Y 10
Male	19	21
Female	17	23

18% of pupils responded that their school deals with bullying 'quite' or 'very' well.

Q59. Percentage answering that their school deals with bullying 'quite' or 'very' well.

	Devon	
	Y 8	Y 10
Male	21	18
Female	21	12

Q60. Percentage of pupils responding that they have experienced the following negative behaviours at or near school in the last 12 months:

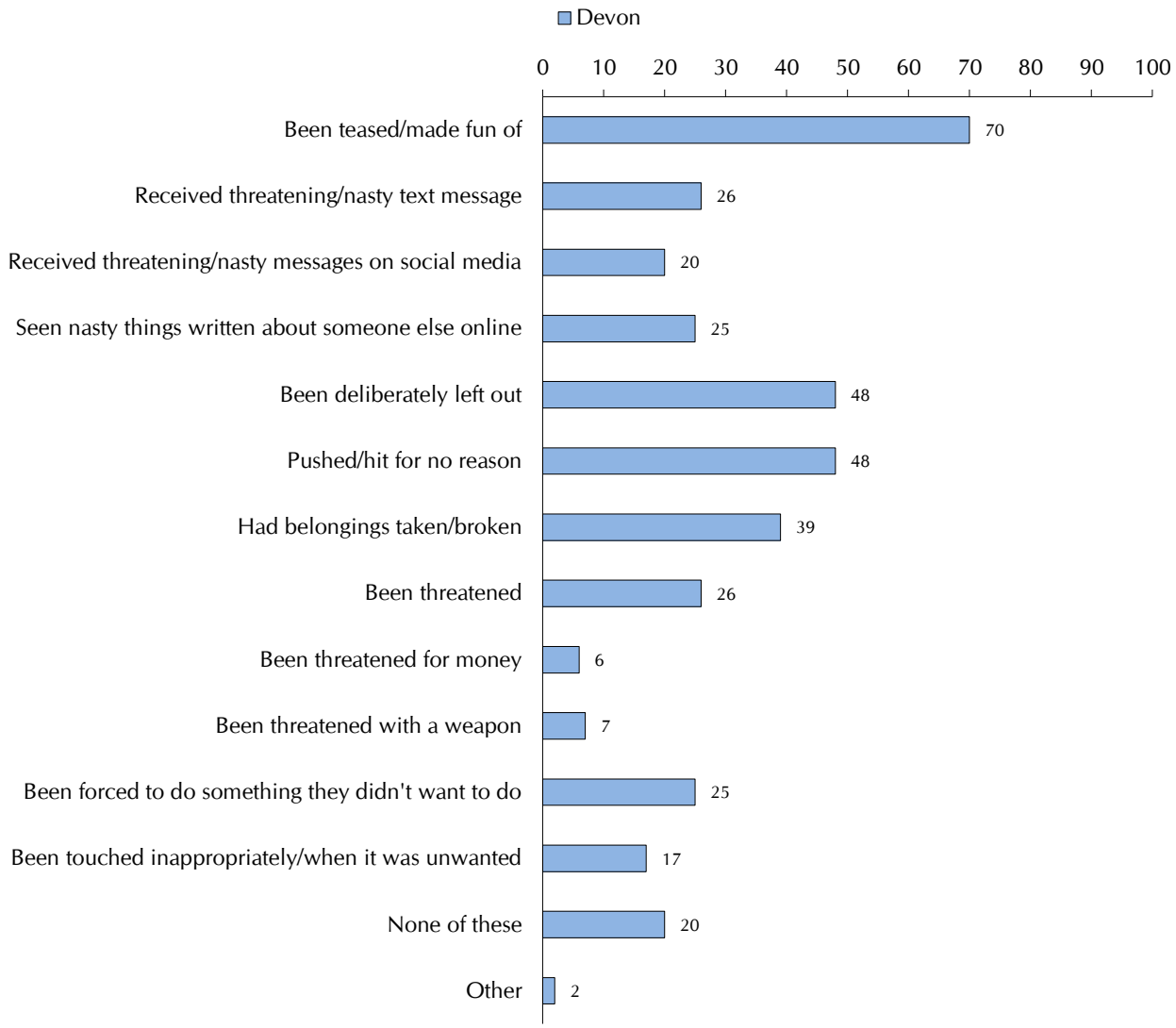


34% of pupils responded that they have been pushed/hit for no reason at or near school in the last 12 months; 15% said they have been threatened for no reason and 28% said they have never been picked on.

Q60. Percentage of pupils responding that they have experienced the following negative behaviours at or near school in the last 12 months (top 10):

	Male			Female	
1	Been teased/made fun of	59	1	Been teased/made fun of	62
2	Pushed/hit for no reason	38	2	Been deliberately left out	43
3	Had belongings taken/broken	26	3	Pushed/hit for no reason	30
4	Been deliberately left out	23	4	Had belongings taken/broken	21
5	Been threatened	17	5	Received threatening/nasty text message	20
6	Received threatening/nasty text message	14	6	Been forced to do something you didn't want to do	16
7	Been forced to do something you didn't want to do	12	7	Seen nasty things written about you online	15
8	Been touched inappropriately/ when it was unwanted	12	8	Received threatening/nasty messages on social media	14
9	Received threatening/nasty messages on social media	10	9	Been threatened	13
10	Seen nasty things written about you online	8	10	Been touched inappropriately/ when it was unwanted	9

Q61. Percentage of pupils responding that they have seen the following happen to someone else at or near school in the last 12 months:



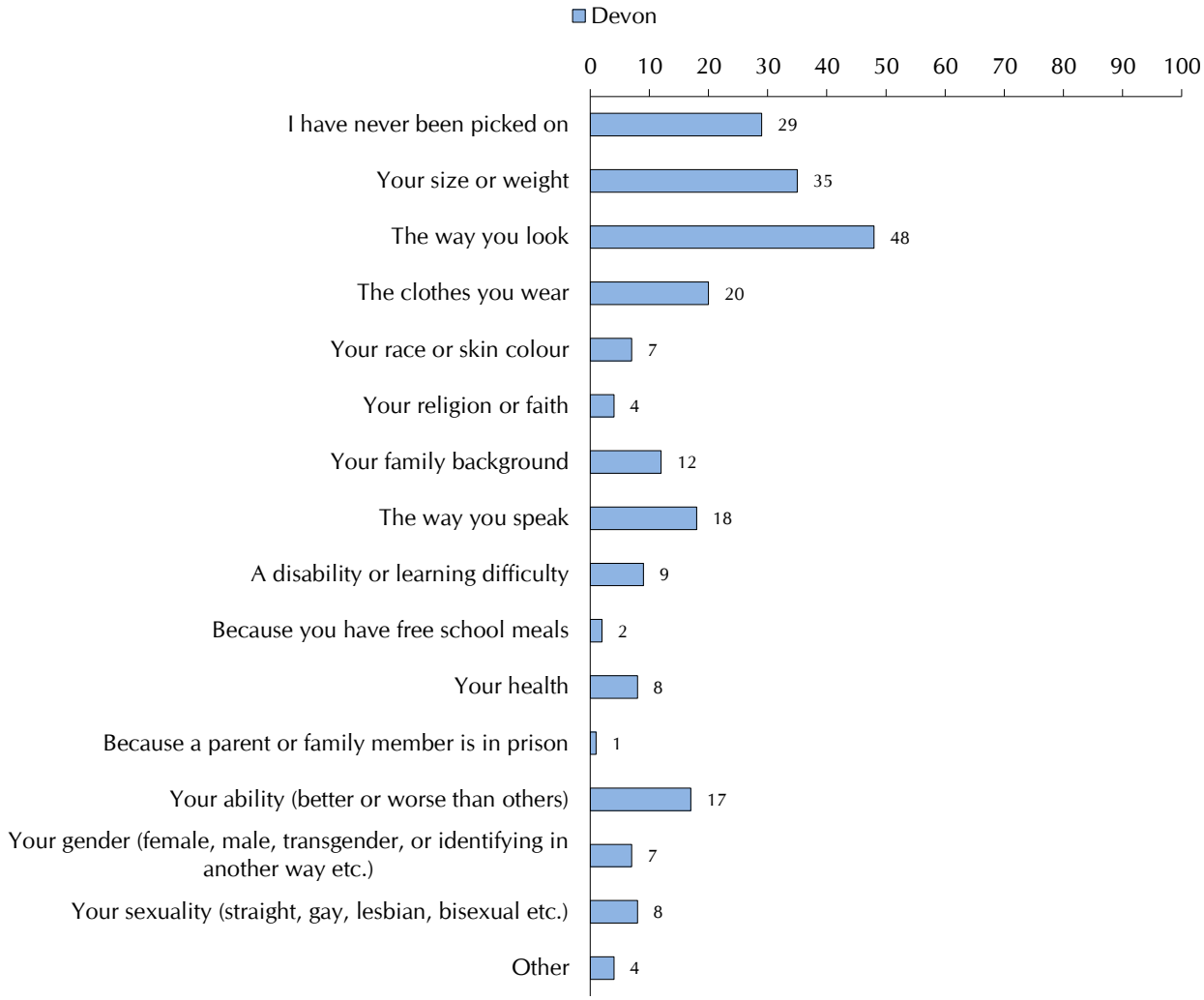
48% of pupils responded that they have seen someone else get pushed/hit for no reason at or near school in the last 12 months; 26% said they have seen someone else get threatened for no reason and 20% said they have never seen any of the behaviours listed happen to someone else.

Q61. Percentage of pupils responding that they have seen the following happen to someone else at or near school in the last 12 months (top 10):

	Male			Female	
1	Been teased/made fun of	68	1	Been teased/made fun of	72
2	Pushed/hit for no reason	50	2	Been deliberately left out	54
3	Been deliberately left out	42	3	Pushed/hit for no reason	45
4	Had belongings taken/broken	39	4	Had belongings taken/broken	38
5	Been threatened	27	5	Received threatening/nasty text message	29
6	Been forced to do something they didn't want to do	24	6	Seen nasty things written about someone else online	29
7	Received threatening/nasty text message	23	7	Been forced to do something they didn't want to do	27
8	Seen nasty things written about someone else online	20	8	Been threatened	25
9	Been touched inappropriately/ when it was unwanted	18	9	Received threatening/nasty messages on social media	22
10	Received threatening/nasty messages on social media	18	10	Been touched inappropriately/ when it was unwanted	15

12% of pupils responded that they think they have been picked on because of their family background, while 18% think they have been because of the way they speak.

Q62. Percentage of pupils responding that they think they have been picked on about the following:



48% of pupils responded that they think they have been picked on because of the way they look, while 7% think they have been because of their race or skin colour.

Q62. Percentage of pupils responding that they think they have been picked on about the following (top 5):

	Male			Female	
1	The way you look	37	1	The way you look	58
2	Your size or weight	33	2	Your size or weight	36
3	Your ability (better or worse than others)	18	3	The clothes you wear	22
4	The clothes you wear	17	4	The way you speak	21
5	The way you speak	16	5	Your ability (better or worse than others)	16

31% of pupils think the school is a safe and welcoming environment for young people who identify as LGBTQ+, while 21% think it isn't.

31% of pupils who identify as LGBTQ+ said that they think the school is a safe and welcoming environment for young people who identify as LGBTQ+, while 33% think it isn't.

Q64. Percentage answering that they think the school is a safe and welcoming environment for young people who identify as LGBTQ+.

	Devon	
	Y 8	Y 10
Male	32	30
Female	36	28

Violence & aggression

11% of pupils responded that they were the victim of violence or aggressive behaviour in the 12 months before the survey, while 23% said they are 'not sure' if they were.

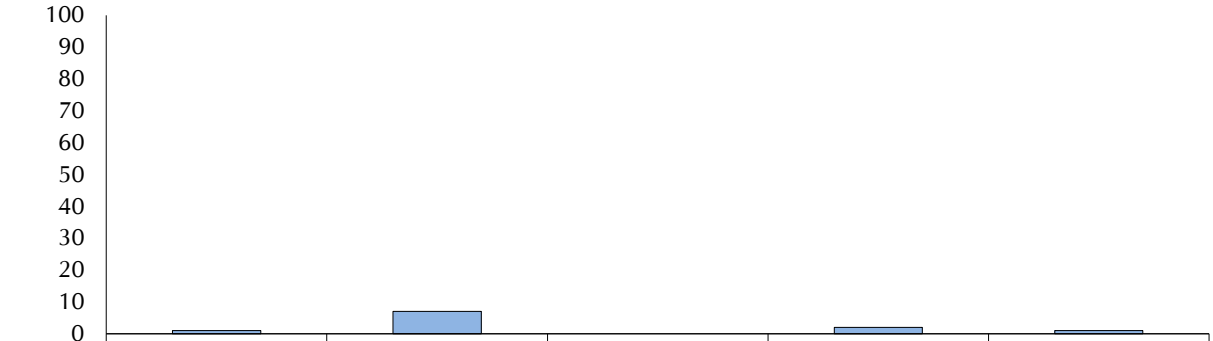
Q63a. Percentage answering that they were the victim of violence or aggressive behaviour in the 12 months before the survey.

	Devon	
	Y 8	Y 10
Male	14	13
Female	5	12

7% of pupils responded that they were the victim of violence or aggressive behaviour in the school grounds in the 12 months before the survey; 1% said it happened in the street or in a park.

Q63b. If yes, where did the incident take place?

Devon

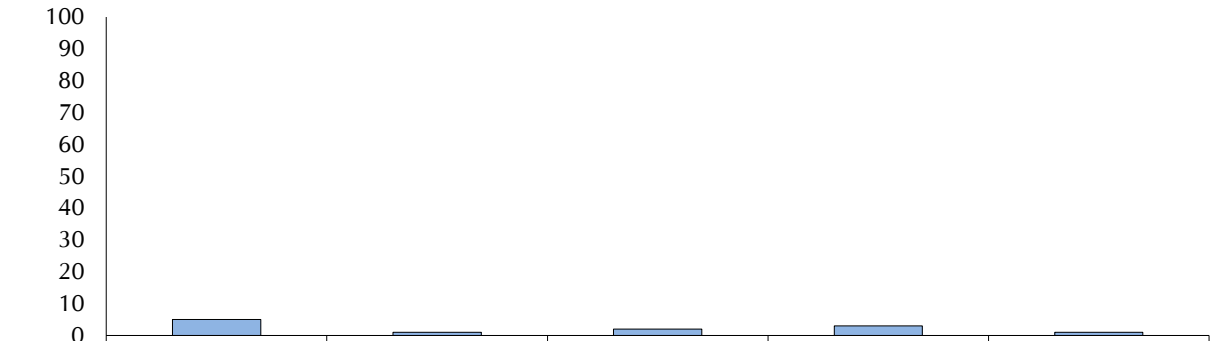


	In the street/park	School grounds	At a club	At home	Somewhere else
Devon	1	7	0	2	1

5% of pupils responded that they were the victim of violence or aggressive behaviour in the 12 months before the survey and did not report it to anyone, while 2% reported it to a parent/carer.

Q63c. If yes, did you report it to anyone?

Devon



	No	The police	Parent/carer	A teacher	Someone else
Devon	5	1	2	3	1

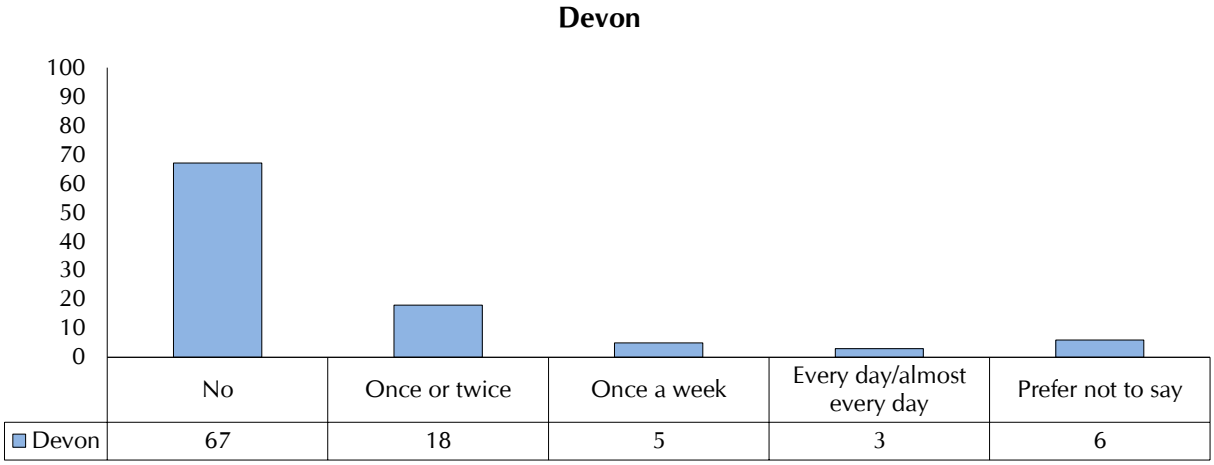
12% of pupils said they are 'fairly sure' or 'certain' that they or someone they know carries weapons or other items for protection when going out.

Q65. Percentage answering that they are 'fairly sure' or 'certain' that they or someone they know carries weapons or other items for protection when going out.

	Devon	
	Y 8	Y 10
Male	13	14
Female	9	10

Domestic incidents

Q66a. Has there been any shouting and arguing between adults at home in the last month that frightened you?

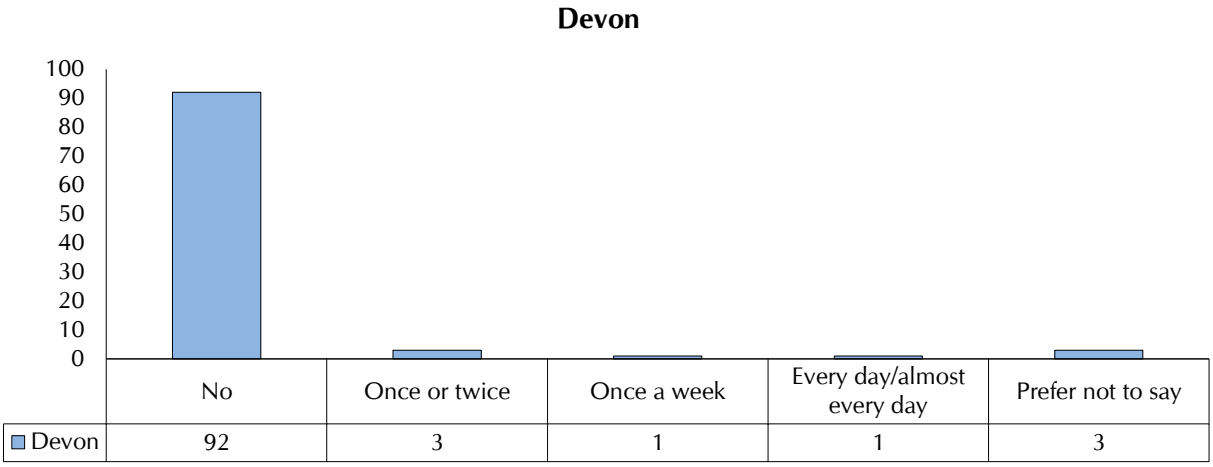


26% of pupils responded that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that has frightened them; 3% said this has happened 'every day/almost every day'.

Q66a. Percentage answering that there has been shouting and arguing between adults at home at least 'once or twice' in the last month that frightened them.

	Devon	
	Y 8	Y 10
Male	23	19
Female	30	31

Q66b. Has there been any violence between adults (e.g. hitting, punching, slapping) at home in the last month?



5% of pupils responded that there has been violence between adults at home at least 'once or twice' in the last month; 1% said this has happened 'every day/almost every day'.

Q66b. Percentage answering that there has been violence between adults at home at least 'once or twice' in the last month.

	Devon	
	Y 8	Y 10
Male	5	4
Female	5	4

27% of pupils responded that there has been shouting and arguing that has frightened them or violence between adults at home at least 'once or twice' in the last month.

Q66a/66b. Percentage answering that there has been shouting and arguing that has frightened them or violence between adults at home at least 'once or twice' in the last month.

	Devon	
	Y 8	Y 10
Male	23	20
Female	31	31

Relationships

29% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

Q67. Have any of these things happened to you in a relationship with a boyfriend/girlfriend? % responding 'yes, in the past' or 'yes, with my current boyfriend/girlfriend

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Told me what to wear	7	4	8	15	9
Used hurtful or threatening language to me	7	7	9	19	10
Was angry or jealous when I wanted to spend time with friends	13	14	15	26	17
Kept checking my phone	11	6	12	16	11
Put pressure on me to have sex or do other sexual things	2	3	5	13	6
Threatened to tell people things about me	9	7	8	13	9
Shared or threatened to share personal or nude images of me	2	1	3	5	3
Telling me who I can and can't see	8	7	8	15	10
Threatened to hit me or be violent	2	1	5	5	4
Hit me or was violent	3	2	6	5	4
Made me feel bad about myself	10	14	12	26	16
Talked negatively about me to others	11	10	13	23	14

39% of pupils responded that if any of the things in Q67 happened to them, they would look after themselves without help.

Q68a. Percentage answering that if any of the things in Q67 happened to them, they would look after themselves without help.

	Devon	
	Y 8	Y 10
Male	34	46
Female	29	46

55% of pupils responded that if any of the things in Q67 happened to them, they know where they could get help.

Q68b. Percentage answering that if any of the things in Q67 happened to them, they know where they could get help.

	Devon	
	Y 8	Y 10
Male	55	54
Female	61	52

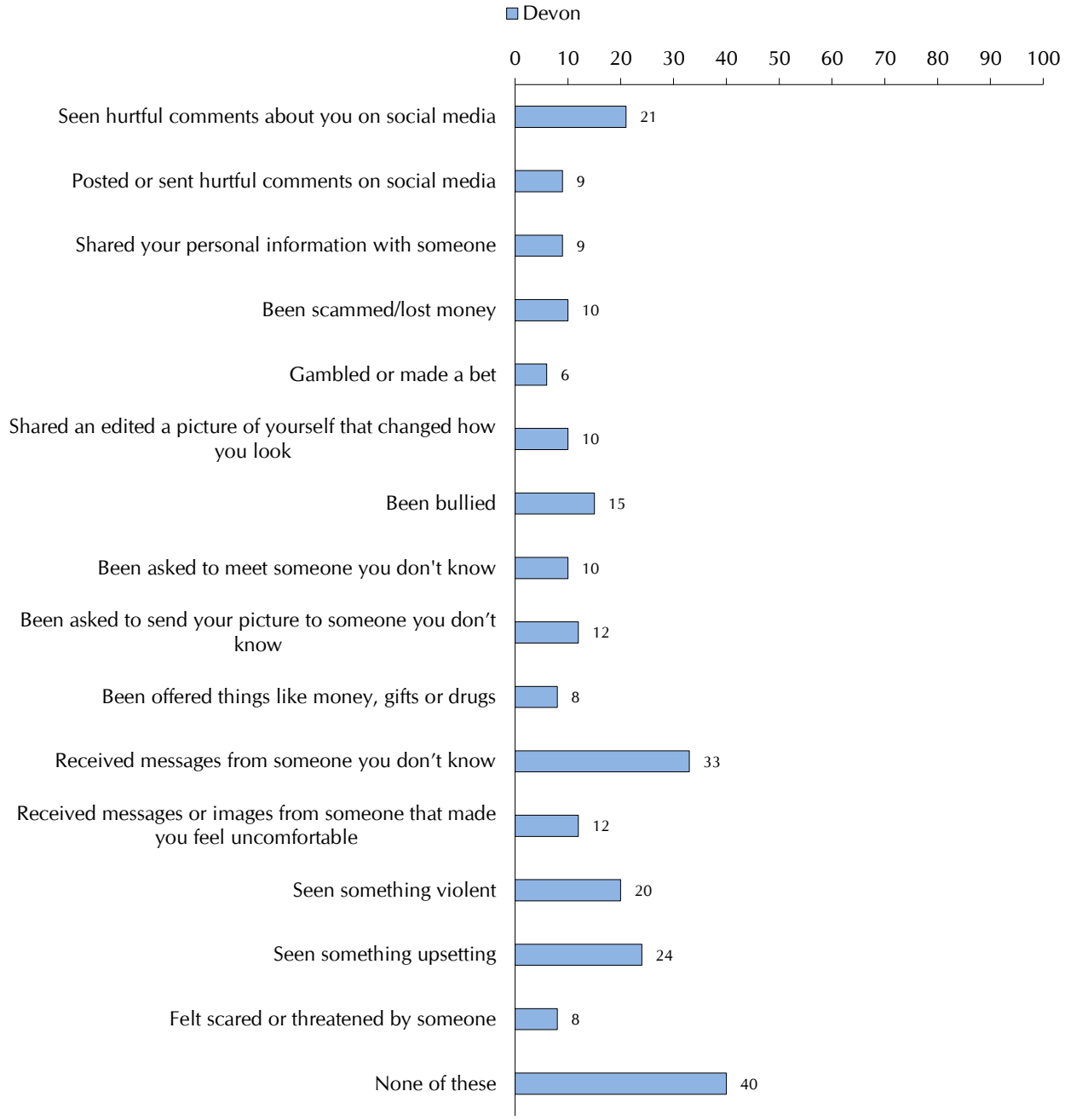
41% of pupils responded that if any of the things in Q67 happened to them, they would get some help.

Q68c. Percentage answering that if any of the things in Q67 happened to them, they would get some help.

	Devon	
	Y 8	Y 10
Male	41	33
Female	55	37

Internet safety

Q69. Percentage of pupils responding that they have done/experienced the following when online:

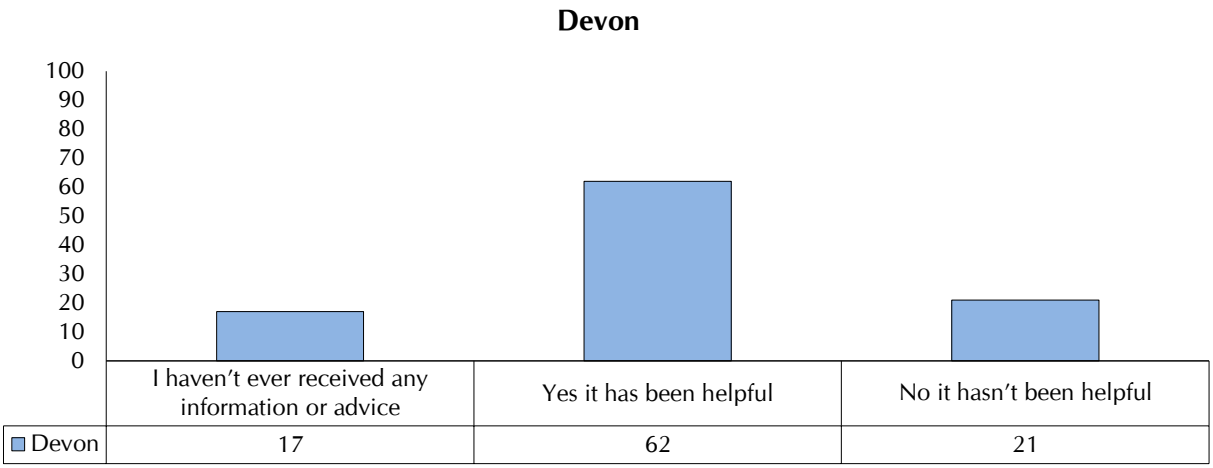


7% of males and 17% of females said they have been asked to send their picture to someone they don't know when online and 7% of males and 13% of females said they have been asked to meet someone they don't know.

Q69. Percentage of pupils responding that they have done/experienced the following when online:

	Year 8		Year 10		Total
	Male	Female	Male	Female	
Seen hurtful comments about you on social media	17	22	17	26	21
Posted or sent hurtful comments on social media	5	6	14	10	9
Shared your personal information with someone	6	8	10	13	9
Been scammed/lost money	6	9	11	13	10
Gambled or made a bet	5	2	16	2	6
Shared an edited a picture of yourself that changed how you look	5	13	8	11	10
Been bullied	11	19	8	20	15
Been asked to meet someone you don't know	6	6	8	20	10
Been asked to send your picture to someone you don't know	6	10	7	24	12
Been offered things like money, gifts or drugs	6	4	10	13	8
Received messages from someone you don't know	24	30	32	47	33
Received messages or images from someone that made you feel uncomfortable	7	10	7	23	12
Seen something violent	16	11	27	26	20
Seen something upsetting	13	25	19	38	24
Felt scared or threatened by someone	5	9	4	12	8

Q70. Do you feel the information and advice you have been given about staying safe online has been helpful?



83% of pupils said they have been given information or advice about staying safe online; 62% said it has been helpful.

Of the 1664 pupils who said they have been given information or advice about staying safe online, 75% said it has been helpful.

Q70. Percentage answering that they have been given information or advice about staying safe online.

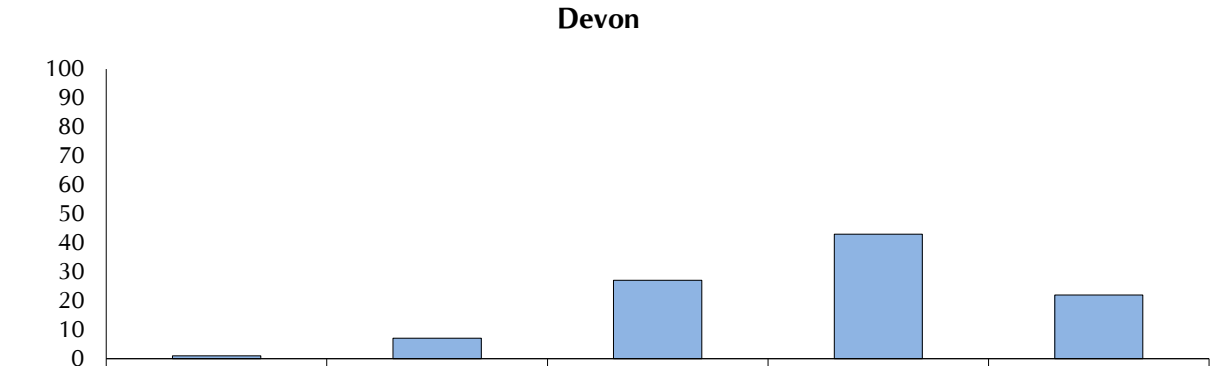
	Devon	
	Y 8	Y 10
Male	81	83
Female	84	85

4% of Year 8 pupils and 11% of Year 10 pupils said they have been given gifts such as alcohol, cigarettes, vapes, or clothing from someone who wants to be their friend; 10% of pupils said they are 'not sure' if they have.

Q71. Percentage answering that they have been given gifts such as alcohol, cigarettes, vapes, or clothing from someone who wants to be their friend.

	Devon	
	Y 8	Y 10
Male	4	9
Female	5	12

Q72. Not including the time spent online to do schoolwork and homework, how much time do you spend online on a normal day? This could be for things such as gaming, social media, watching videos and using apps?



	I don't spend time online	Less than one hour	1 to 2 hours	3 to 5 hours	6 or more hours
Devon	1	7	27	43	22

1% of pupils said they don't spend time online (outside of schoolwork/homework), while 7% said they spend less than an hour online on a normal day.

Q72. Percentage answering that they don't spend time online.

	Devon	
	Y 8	Y 10
Male	2	1
Female	1	0

64% of pupils said they spend at least 3 to 5 hours online (outside of schoolwork/homework) on a normal day.

Q72. Percentage answering that they spend at least 3 to 5 hours online on a normal day.

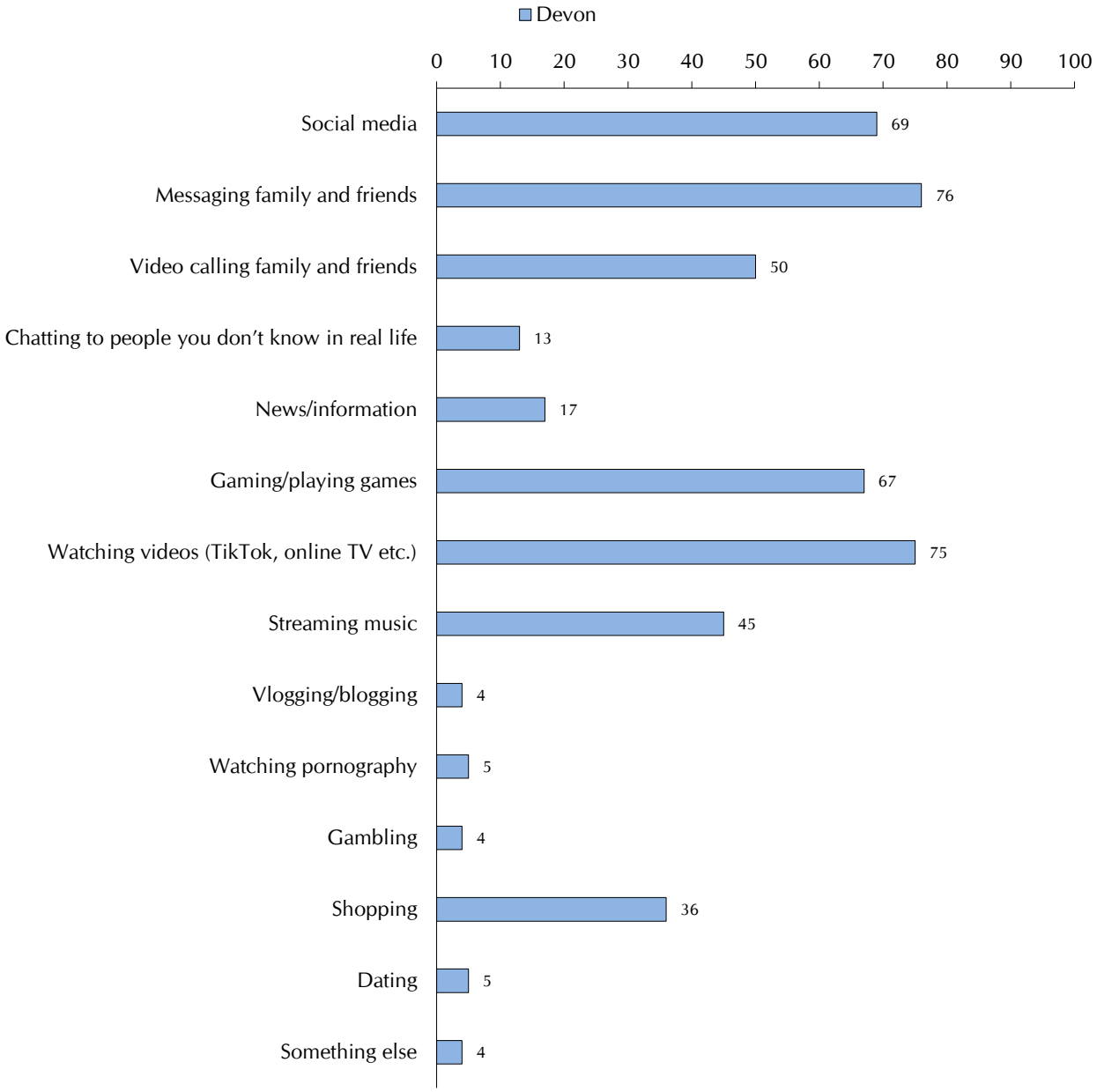
	Devon	
	Y 8	Y 10
Male	61	65
Female	56	76

22% of pupils said they spend 6 or more hours online (outside of schoolwork/homework) on a normal day.

Q72. Percentage answering that they spend 6 or more hours online on a normal day.

	Devon	
	Y 8	Y 10
Male	19	21
Female	16	27

Q73. Percentage of pupils answering that they usually go online for the following:



69% of pupils responded that they go online for social media, while 67% said that they go online for gaming/playing games.

Q73. Percentage of pupils answering that they usually go online for the following (top 10):

	Male			Female	
1	Gaming/playing games	82	1	Messaging family and friends	86
2	Watching videos (TikTok, online TV etc.)	72	2	Watching videos (TikTok, online TV etc.)	78
3	Messaging family and friends	66	3	Social media	75
4	Social media	64	4	Video calling family and friends	61
5	Video calling family and friends	40	5	Shopping	53
6	Streaming music	40	6	Gaming/playing games	52
7	Shopping	21	7	Streaming music	49
8	News/information	20	8	News/information	14
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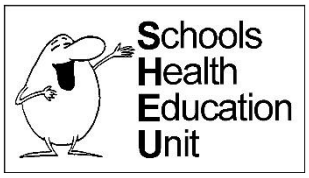

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